
LIST OF PUBLICATIONS

1. **Muhammad Arif**, Sheeba Fareed, Talib Hussain and Mohammad Ali. Adaptogenic activity of lanostane triterpenoid isolated from *Carissa carandas* fruit against physically and chemically challenged experimental mice. *Pharmacognosy Journal*. (Article in press) 2013, 1-5.
2. **Muhammad Arif**, Sheeba Fareed and Md. Sarfaraj Hussain. Estimation of antioxidant activity of microwave assisted extraction of total phenolics and flavonoids contents of the fruit *Spondias mangifera* Willd. *Asian Journal of Traditional Medicines*. 2011, 6 (4) 146-155.
3. **Muhammad Arif** and Sheeba Fareed. Pharmacognostical studies and evaluation of total phenolic and flavonoid contents of traditionally utilized fruits of *Solanum torvum* Sw. *Indian Journal of Natural Product and Resources*. 2011; 2(2):218-224.
4. **Muhammad Arif** and Sheeba Fareed. Pharmacognostical and preliminary phytochemical analysis of *Carissa carandas* fruits. *Journal of Medicinal and Aromatic Plant Sciences (JMAPS)*. 2011; 33(1):53-58.
5. **Muhammad Arif** and Sheeba Fareed. Pharmacognostic investigation and authentication of potentially utilized fruit *Spondias mangifera* (Willd). *International Journal of Pharmaceutical and Clinical Research*. 2010; 2(1):31-35.