

**EFFECT OF YOGIC PRACTICES WITH AND WITHOUT DIET
MODIFICATIONS ON SELECTED PHYSIOLOGICAL BIOCHEMICAL AND
PSYCHOLOGICAL VARIABLES AMONG PREGNANT WOMEN**

*Dissertation submitted to Tamil Nadu Physical Education and
Sports University, Chennai in partial fulfillment of the
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**DOCTOR OF PHILOSOPHY
IN
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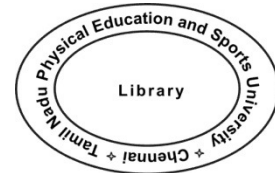
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