

*BIBLIOGRAPHY*

## **BIBLIOGRAPHY**

**Armamento villareal R., Villareal D.T., Aviali L.V. and civitelli R.**, “Estrogen status and heredity are major determinants of premenopausal bone mass,” the american jour.of osteoporosis. (2004), 282- 89

**Ali Gur, Aysegul Tale sarac, Komal Nas, and Remzi Cevik.**, “The relationship between educational level and Bone mineral density in post menopausal women” Jour. of Epidemioly community health (1987) , 161 – 5

**Azam Baheirai, Nichalas A.Pocock, John A. Eisman, Nguyen D., Turn V. Nguyen,** “ Bone mineral density, body mass index and cigarette smoking among Iranian Women” Journal of bio med. (2005) 1471 – 475

**Amancha Devine, Jonathen m nodgson, Iran M Dick and Richard L Peinu** “Tea drinking is Associates with Benefits on Bone Density in order women”, The Endocrine Society (2006) ,734-45.

**Bonaiuti D, Shea B, Iovine R, Negrinis, welch V., kemper HHclr, wells G.A. , Tugwell P. Crannay A.**, “Exercise for preventing and treating osteoporosis in post menopausal women”, the cocheene database of review(2002) . 564-70

**Bass s. Pearee G., Bradney M., E. Hendrich, pieere P. Dalmass, hording A., Seeman E.**, “Exercise before puberty may confer residual benefits in Bone Density in Adulthood” QjM , (2006) 231 – 6

**Beverley Sheo, Gerge wells, grnnney ann, zytank Nicole, vivian Robinson, crrisnth Lauren, ortize zulma, reterson Joan, Adachi Jonathmen, Tugwall peter, Crordon crystal,** “Meta-analysis of calcium supplementation for the prevention of postmenopausal osteoporotic”, The endocrine society, (2002) , 273-78

## ***Bibliography***

---

**Bachman G.A.**, "The Change" strategies for the transition to the menopausal, post grad med, 1994: 1995, (113-124).

**Bianchi Luisa maria, Ossini Rosa maria, Saraiyoger silvia, ostolani segio, Redaelli Iriovanni, simonetta betti**, " Quality of life in post menopausal osteoporosis", bio med, (2001), 888-90

**Cauley J.A., Seelay D.G., Ensend K, Kltinge B, , Black D, cumming S.R.**, "Estrogen Replacement therapy and Fractures in older women", pubmed (2001), 122 – 131

**Chichi M.L., Secrets Lr., Amore D.M., Fandlli m., venturelli E.**, "Efficacy of a Say Rich Diet in Preventing Post Menopausal Osteoporosis" the American j. obs. Gyne. (2005), 1089-91

**Christopher B.E. , Allah G Need, Howard A. Morris, Peterr D O Loughlin and Michal Horowitz**, "Effect of age on calcium absorption in post menopausal women", American Journal of clinical Nutrition, Vol. 80 (2004), 998 – 100.

**Donna L Thorpe, synnove Gkhutrsen, W Laweince ceeson, singatha, Rajaram and Crasy E Fraser**, "Effects of meat Consumption and Vegetarian diet on risk of wrist fracture or 25 years in a cohort of peri and post menopausal women" (2007), 529 – 32

**Dalsky G.P., Stocke K S, Ehsani A.A., statopolsky, Lee W.C., Birge S.J.** "Weight Bearing exercise training and lumber Bone mineral content in post menopausal women", Am, in. med. (2000), 824 – 8

**Guy E. Abraham**, "The Importance of Magnesium in the Management of Primary Post Menopausal Osteoporosis." J. of osteoporosis and BMD, (2008), 445-50

**Georgris s., Hiany P.R., Boonens , Kurth n., Bentkover D.J. and sen. S.s.**, "Vitamin D Inadequacy among post menopausal women." health & Nut . (2005), 249-54

**Graudate G.A., Sowers M F** : The menopausal transition menopausal hormone, 1997, 267-277.

## ***Bibliography***

---

**Green and Carke** : Life stron and symptoms at the climacteric, 1980, 486-91.

**Halioua L., Anderson JJ.**, “ Lifetime calcium intake and physical Activity Habits: Independent and combined effects on the Radial bone of Healty Premenopausal women”, osteoporosis and menopause,(2001), 176-83

**Hui s.l. Slemenda C.W. Johnston c.c.**, “Contribution of Bone loss to postmenopausal osteoporosis; Amj,clin.nut.(2003), 154-62

**Hegarty v.m., may H.m., Khauk.T.**, “Tea Drinking and Bone mineral Density in older Women”Bio.med. (2000), 1003-7

**Hosking David and pernille Rayn**, “Nutritional status, as Determined by the mini – Nutritional Assessment, and osteoporosis; a cross selection study of an Elderly Female populations,” clin.nut., (2002), 134-38

**Hassiss, B.Dawson Hughes**, “Caffeine and Bone Loss in Healthy post menopausal women human nutrition research (2002).

**Hajazij, Mohtadinia j., Kalahis., Ebrahim managhani.** “Nutritional status among post menopausal osteoporotic women in North west of Iran” asia J clin Nutrition (2009) 48-53.

**Islam M.Z., C Lamberg – Allardt, Karkk nen m. and Ali S.M.K.**, “Dietary calcium intake in premenopausal Bangladeshi women”, European Journal of clinical nutrition (2003), 674 – 680.

**Ikuko Koto, Puolo Toniolo, Anne Zeleniuch, Jacauotte, Roy E Shore, Kasen L Koenig, Asslan Akhmedkha nov and Elio riboli**, “Diet, smoking and anthropimetric indices and post menopausal bone fractures”, Journal of Epidemiology (2000) 85 – 92.

**Ian R Eeid, Ruth W. Ames. Margeret C., crryore D tranble, susan J. Shape**, “Effect of calcium supplementation on Bone Loss in postmenopausal women, pub. H. Nut, (2000)

## ***Bibliography***

---

**John Llewelyn Hopper and Ego Jeeman,**” The Bone Density of Female Twins Discordant for Tobacco use”, Bone density and Tobacco use,(2006), 231-6

**Jeongseon kim, sun-young Lim and Joo nak kim,** “Nutrient intake risk factors of osteoporosis in postmenopausal women,” clinical nutrient, (2008) 270 – 275.

**Jeffy E. Schulman, Susan Williams, Ona Khore, Tina Sahha, James Michelson and Kenneth fine,** “Effective osteoporosis education in the out patients”, (2005).

**Jaszmen Vanlith,:** The perimenopause symptoms, med. Gynecol, social, 1968, 268-277.

**Judd H.F. Sharmonkim, Frumas A.M. :** Origin of serum extraction in post menopausal women, obstel, Gynecol, 1982, 680-686.

**Jean Philippe Bonjour,** “Dietary protein ; An Essential Nutrient for Bone Health” Health Nutrition (2001).

**Jagteshwar Crrewal, Mary Fran R, John F. Randolph sidban D, Harlow and xinong Lin,** “Low Bone mineral Density in the Early menopausal Transition ins & Gryn. Vol. 354, (2000) 821 – 831

**Katherine M. Mcload, sunsan E., peter J.Norvoth and Jeam Wactears wende,** “Predictors of change in calcium intake in postmenopausal women after ostoporosis screening,” in and nutrition, (1999)

**K. Briot, P. Ravaud, P. Dargent – Molina, M 24 Lberman s. Lics – Leage, E. Rouse.** “Rerristence with teriporatide in post menopausal osteoporosis, impact of a patient education and follow up program J. epidemiological common health (2008).

4

**Bibliography**

---

**Karandish M., Naghashpour M.**, “Calcium intake pattern among post menopausal women in anwar” J. Biol. Science (2010) 251 – 254.

**Kumar Ashok, mittal soniya, orito, soniya, Ishitani ken, ohta niroaki**, “Impact of dietary intake, Education. and physical activity on Bone mineral density among North Indian women”, J Bone + min. metabolism, (2009) 192 – 201.

**Kim. M., Choi m., sung c.**, “Bone mineral density of Korean postmenopausal women is similar between vegetarian and non vegetarian” Nutrition research, Vol 27 (2009) 612 – 617.

**Katherrine L Tucker, Morita kyoko, qiao ning Hannan T., Adrinne L. P Douslas**, is colas, but not other carbonated Beverages are Associated with Low Bone mineral Density in older women”, American Journal of clinical nutrition, (2006), 936 – 942

**Kritz D., sielartion and Barrett E. Conner** “Early menopausal number of Reproduction Years and Bone mineral Density in post menopausal women” (2005), 667 – 676

**Labour Joanne, Larrie Moadern, Carmen Kirkhan and Brivner Diannr**, “Clinical Risk Factors for fracture in postmenopausal osteoporotic women” medlmo (2008) 270 – 275.

**Landin wilhelmsen, k wilhelmsen, L. Benglsson**, “postmenopausal osteoporosis is more related to normal aberrations than to life style factors” Clin – Endocrinol (oxi) 1999 387 – 94.

**Massimo vareenna, Lucia Binelli, carai silvia, Francesca Zecchi and Lugi sinigaglia**, “Effects of dietary calcium intake on Body weight and prevalence of osteoporosis in Early post menopausal women”, Bone loss and calcium intake, (2000).

**Maggiolinin, Bonoliglio D., Griorno A. , Catalano S., Merrico s., Aquila s. and Andos.**, “The effect of dietary calcium intake on Bone mineral Density in Healthy

## ***Bibliography***

---

Adolescent girls and young women,” International epidemiological Association, (1999) 479 – 484.

**Marshall D., Johnell o. , Wedel n. ,** “Meta analysis of how well measures of bone mineral density predict occurrence of osteoporotic fractures”, *BMD* (1999) , 581 –8 2.

**Maddan M. Eshraghian MR, Dyazayery A, mirdamadi R,** “Association of body mass index with educational level in Iranian men and women”, *Eur. J. Clinical nutrition* (2003), 819 – 23

**Miura S., Saavedra L.O., and Yamamoto s. ,** “Osteoporosis in Urban post menopausal women of the philippines” *Archives of osteoporosis* (2008) 17 – 24.

**Morulo m pinheiro, Nateilen J., Patrician s., Rozanna m, marass B. Ligin A.,** “Nutrient intakes related to osteoporotic fracture in men and women” *Nutrition Journal* (2009) 983 – 998.

**New S.A, Bolton-smith c, Grubb D.A. and reid D.M,** “Nutritional influences on Bone Mineral Density: A Cross-sectional study in premenopausal women”

**Newton J.L, Jones D.E., wilton k, pairman J., Parry s.w., Francis R.m.,** “ Calcaneal Bone Density in order patients who Have fallen’; *inter. Jour. health* (2004)

**Nurten Akdeniz, Vlysi Akpolat, Ahmet Kale, Mahnut Erdemogly, Umsus Kuyumenogly, Yusuf celik,** “risk factors for post menopausal osteoporosis; anthropometric measurements, age, age at menopause and the time elapsed after menopause onset” (2003) *Nutrient research* 425 – 436.

**Nguyen T.N., sambrook N.P., Eirman A.J. ,** “Bone loss physical activity and weight change in elderly women” *Pub.& nut.* (2006) 179 – 83.

**Oner Khera and Teena Sohna,** “ Vitamin D on Bone mineral Density and Bone mineral content in peri and post menopausal women,” *Bone health* (2002).

## ***Bibliography***

---

**Ozeraitine V. , Butenaite V.,** “The evaluation of bone mineral density based on nutritional status, age , and anthropometric parameters in elderly women”, *International Journal of epidemiology* (2002) 836 – 42

**Pollitzer W.S., Anderson J.J.,** “Ethnic and crenitic Differences in Bone mass: A Review with a hereditary & environmental perspectives, Bone mass and dietary calcium, *Am JclinNute* (1992)

**Prentice A.,** “Diet Nutrition and the prevention of osteoporosis,” *public health Nutritiopn*, (2004) 227-243.

**Quigley M.E., Martin P.L., Burnier N.M., Brooks p.,** “Estrogen therapy , Bone loss in Elderly women”, *Ann International. Med.* (2000) 9 – 16

**Rajya Korpelainen, Keinanen sirkka, Heikkinen Jorma, vaanaln Kalervo and korpelainan Juha,** “Effect of Impact Exercise on Bone Mineral Density in elderly women with low BMD”, *osteoporosis International* (2005), 109 – 118.

**Reeker R.R., Davies K.M., Hindors S.M., Hernary R.P. stegman MR, Kimmel DB.,** “Bone weight gain in young adult women”, *pubmed osteoporism International*, (1999) 236 – 41

**Shaohai wang, Shouging Lin, Yuanzhing Zhou, Zehur Wang,** “Social and Behaviour Factor related to aged chineses women with osteoporosis *pub. Health & nut.* (2003).

**Suzanne (HO) 24 – ming chen and Jean L.T. Woo,** “Educational level and osteoporosis risk is post menopausal Chinese women,” *American Journal of Epidemiology*, (2005), 680 – 690.

**Suzanne c. no, sieu Grain Chan, Oilong Yi, Ericwong, P.C. Leurg,** “Soya Intake and the maintenance of peak Bone mass in Hong Kong Chinese women” *community and family mediane*, (2001) 223 – 264.



## ***Bibliography***

---

**Shin A., Lin s. , Sung J. , Mung s. and kim J.** “Dietary habit and Bone mineral Density in Korean post menopausal women”, *osteoporosis international* (2009) 947 - 255

**Scheiber L.B., Torregrosal.,** “Evaluation and Treatment of Post menopausal osteoporosis”, *Pub. Med.* (2000) 246 – 50

**Tucker KL, Hannan MT, Chenn, cupples LA Wilson PW, Kiel DP,** “Potassium, magnesium, and fruit and vegetable intakes are associated with greater bone mineral density in elderly men and women”, *Am. J. Clin Nut.* (1999) 727 – 36.

**Varenna m., Binellil, Zucchi F., Crhiringhelli D.,Crallazzi m., Sinigaglia.,**” prevalence of osteoporosis by educational level in a cohort of portmenopausal women;, osteoporosis and menopause,(2001).

**Yashil S, Kaminrotono s, Sawai s, mat sushila,F. Tanaka, D. Pujkarapasn,** “cross – sectional survey on the relationship between dairy product intake and bone density among adult women and high school students, *Nutrition research* (2002), 618 – 624,

**Yukio Yamori, Emilio H. Moriguchi, Takanari teramoto, Ayako Miura, Yutulla Inkui, Kei-ich Nonda, Masakashy, Iumul, Yamo Nara, Kazuhiko Taira.** “Soyabean Isobleavones reduce post menopausal bone resorption in female japanese”, *Journal of the American College of Nutrition Vol 121.* (2007),560 – 563.

**Yukihiro Ikeda, Masayuki Iki, Akemi Motita, Etsuko kajita, sadanaabu kasamimori, yoshiko kagawa and Hideo Yoneshima,** “Intake of fermented soybeans, Natto, is Associated with reduced Bone loss in post menopausal women. *Pub health & nut.* (2003) 231-36

**Websites -**

- [http:// anlene.co.nz/default.asp ? mwnmid = 55](http://anlene.co.nz/default.asp?mwnmid=55)
- [http://www.iccpe.ie/index.cfm//ioc/z/pt/0/spiol/](http://www.iccpe.ie/index.cfm/ioc/z/pt/0/spiol/) at BA8750 – CSE 3 – 4AFI – B55B7D6888 099275 –html.
- <http://www.faqs.org/health/sick-v3/osteoporosis.html>
- <http://www.betterhealth.viz.gov.au/bhev2/bhcarticles.ncF/pages/menopae> – and = osteoporosis? Open document
- [http:// www.annecollins.com/nutrition / osteoporosis html.](http://www.annecollins.com/nutrition/osteoporosis.html)
- [http : //www.annecollins.com/nutrition/ osteoporosis.html.](http://www.annecollins.com/nutrition/osteoporosis.html)
- [http://boe.mudcle.health.cares.net/osteoporosis - types.php.](http://boe.mudcle.health.cares.net/osteoporosis-types.php)
- [http://www.isnare.com/?aid = 138365&a=womens + interest](http://www.isnare.com/?aid=138365&a=womens+interest)
- [http://bone-muscle.health-cares.net / osteoporosistypes.php.](http://bone-muscle.health-cares.net/osteoporosistypes.php)