Chapter VII

Summary and Conclusion
CHAPTER VII

SUMMARY AND CONCLUSION

7.1 INTRODUCTION

One should always keep in mind that according to the providence of nature, man can enjoy his life to a certain extent. He cannot enjoy life always as he wishes. Success has to come from many sources and from many angles, because man is encompassed by several environmental conditions. For his every wish there are four dimensions. They are judgment of need, quantity, quality, and time. All the four cannot be fulfilled in every wish. There are more possibilities for obstruction, delay, and failure than success, due to environmental conditions, Health, mind, financial facilities, relatives, society, the world and the universe all have to be congenial to the success of the wish. So, out of will or contrary to expectations, many things may happen. Knowing all these facts one should keep their minds expanded and flexible to accept all the results which are coming to us beyond our knowledge and wishes. The circumstances mentioned above will always be changing. Therefore, one should not be rigid in or wishes with strong mental conditioning. In fact, man is moved by circumstances but until he realizes the strength of circumstances, he thinks he is moving only by his will. It is the imagination due to the forgetfulness of the power of Nature.

Every individual is a creator, and there is an easy process to create using the law of attraction. The greatest teachers and avatars have shared the Creative Process through their wondrous work, in a myriad of forms. Some great teachers created stories to
demonstrate how the Universe works. The wisdom contained in their stories has been handed down through the centuries and has become legendary.

Many people living today do not realize that the essence of these stories is the very truth of life.

If we think about Aladdin and his lamp, Aladdin picks up the lamp, dusts it off, and out pops the Genie. The Genie always says one thing:

"Your wish is my command!" (Rhonda Byrne, 2000)

The story now goes that there are three wishes, but if one traces the story back to its origins there's absolutely no limit whatsoever to the wishes. Now, if this metaphor applied to one's life. Aladdin is the one who always asks for what he wants. Then, there is the Universe at large, which is the Genie. Traditions have called it so many things—your holy guardian angel, your higher self. One can put any label on it, and you choose the one that works best, but every tradition has told there's something bigger than us. And the Genie always says one thing:

"Your wish is my command!"

This wonderful story demonstrates how the whole life and everything in it has been created by One. The Genie has simply answered your every command. The Genie is the law of attraction, and it is always present and always listens to everything one thinks, speaks, and acts. The Genie assumes that everything one thinks about, that is wanted. That everything one speaks about, that they want! That everything one acts upon is what one wants.
You are the Master of the Universe, and the Genie is there to serve you. The Genie never questions your commands. One thinks and the Genie immediately begins to leverage the Universe, through people, circumstances, and events, to fulfill the wish.

7.2. CONCLUSION

Like water named Thanieer in tamil and paani in hindi. The same Almighty is referred in various names. There is only the name that is changed the character, quality are the same in both the systems.

Already it is seen that there are 16 reasons for difference between man. No two persons have same idea on god. The path differ, but the goal is same. In ISKON community, they say lord Krishna is God. In Kaliyuga (the present time) you must say the mantra “Hare Krishna Hare Krishna Krishna Hare Hare Rama Hare Rama Rama Rama Hare Hare”. This is called Maha Mantra.

They say in Kaliyuga there is no time for meditation. In this situation one has no power to Meditate. So by saying Maha Mantra one will be purified.

There are lot of concepts on god and various proofs are given by their community. In today situation man must not be cheated in the name of god and should not waste his time. Finally, comparing the two systems discussed above the SKY yoga is very simple to practice and the results are proved through scientific machines like EEG, ECG.

In Raja yoga, the peace is realized by self only and it could not be proved. Because no one can know what is in the mind of other. And don’t know how man will act in next situation. Even though they say it need not to be proved to others, they are also proving
their meditation power through EEG machine. The Head of Brahma Kumaris Institution Dadi Janaki was given a title Delta wave lady by scientists.

Both SKY yoga and Raja yoga is beneficial to the society. They are serving to the society in various ways. Their paths are different but aim is one that is individual peace and world peace.

So, Both Meditations are best and selecting the meditation vary from man to man according to their situation, their old sanjitha and praptha karma. A person may do any one of these meditation under the guidance of the mentioned institutions. They will surely get peace and happy life.