

**EFFECT OF YOGIC PRACTICES WITH AND WITHOUT DIET
MODIFICATION ON SELECTED PHYSIOLOGICAL
HORMONAL AND PSYCHOLOGICAL VARIABLES
AMONG MENOPAUSAL WOMEN**

Dissertation submitted to the Tamil Nadu Physical Education and Sports University,
Chennai for the Partial fulfillment of the requirements for the Degree of

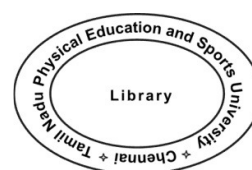
**DOCTOR OF PHILOSOPHY
IN
YOGA**

Submitted By

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