LIMITATIONS AND DELIMITATIONS OF STUDY
Chapter 10

LIMITATIONS AND DELIMITATIONS OF THE STUDY

10.1. Limitations of the Study

Little background information is available on the prevalence of the problem in India, which was a limitation in designing the study. Also this study was conducted only in one urban site in East Sikkim, i.e, Gangtok and therefore a limitation in generalization of findings. We had restricted the age of the participants to 15 - 40 years and didn’t include participants in age groups below and above, which again limits the scope of our study. Ethnic disparity of enrolling more number of Nepalis in the study could have been decreased by enrolling more participants from other ethnic groups depending on the presence of the problem.

10.2. Delimitations of the Study

Few of the delimitations set in our study were reported as follows. Firstly, this study is a general population based survey assuming more of an ethnographic approach and not just a household survey. Secondly, participants were young adults between 15 - 40 years since they were less likely to have co-morbid age-related chronic medical conditions requiring regular analgesic use. Third, this population was the best group for any long-term prevention measure.