In 2012, when I qualified UGC NET examination, my family members motivated me to pursue the research work to narrate the perspectives of social work practitioner engaged in this sector since 2001. I undertook the challenge in 2013. I felt the research work would give me an opportunity to enter into the academic discourse in social work and nutrition discipline while synthesizing the practical nuances.

I initiated this work in 2013 but it travelled along in fits and starts due to my professional engagements with CRY-Child Rights and You and frequent interruptions due to other familial issues. There were several times of desolation when I was determined to dump this work and ready to exit the ground. But, the fact that this work exists is largely due to support of my wife Poulami Sengupta, who did not let me leave the work. I am indebted to her for sustained motivation and back up support. I also sincerely express my gratitude to my parents and in-laws without whose inspiration I could not have taken up the project. I also thank to all my family members and well wishers for their support. I am also indebted to my little daughter Toshani who helped me to put page mark in different books and articles relevant for me.

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I dedicate this work to all those malnourished thin faces of Ghyansyampur and Kiratpur of Darbhanga, Bihar.