ABSTRACT

The research study was entitled “Assessment of Coaching Leadership style and Athlete Satisfaction among athletes of S.A.I centres in Punjab” (state of northern India.). The study has got two fold objectives, i.e the first objective was to find out the inter-correlation of selected leadership assessment dimension among S.A.I centres athlete of Punjab, the second objective was to find out the inter-correlation of selected athlete satisfaction variable among S.A.I centre athletes of Punjab. The data was collected on 300 S.A.I athletes (200 boys, 100 girls) in the age category of 16 to 25 years from eight different S.A.I centres of Punjab. The data was also collected by using the leadership scale for sports (LSS) and athlete satisfaction questionnaire (ASQ). Both the questionnaires were assessed on a five point and seven point likert scale respectively.

To analyze the data Descriptive statistics and Pearson product moment corelation were employed at 0.1 level of significance. While analyzing the data for the preferred leadership style among the male athletes, the results revealed that the leadership variable such as democratic behaviour, autocratic behaviour, social support and positive feedback had significant relationship with the training instruction among male athletes. Contrary to this, in case of female athletes, social support had shown significant relationship with training instruction, democratic behaviour where as on the other hand it had shown insignificant relationship with autocratic behaviour and with positive feedback. Positive feedback of leadership scale for sports had shown significant relationship with training instruction, democratic behaviour, autocratic behaviour and social support.

Further, the data was analyzed to find out the athletes satisfaction regarding their performance, instructions by coaches, treatment, contribution and services. The results revealed that the both male and female athletes were significantly found to be positively satisfied in all the variables of athlete satisfaction questionnaire (ASQ).