AKNOWLEDGEMENT

The research scholars express his sincere gratefulness and appreciations to Research Degree Committee of Lakshmi Bai National Institute Of Physical Education, Gwalior (M.P) for providing an opportunity to work on this study.

The research scholar expresses his respected privilege and profound sense of gratitude to his revered and esteemed supervisor Dr. Pramod Kumar Das Lakshmi Bai National Institute of Physical Education, Gwalior, for his help, inspiring guidance from time to time, valuable suggestion and constant encouragement. His enthusiastic helpfulness made it possible for the scholar to complete this study.

Acknowledgements will be incomplete if the research scholar forgets to express thanks from the core of his heart to Prof. J.P. Verma, Director (CAS) and Prof. Jasraj Singh, Former Director (CAS), of Laksmibai National Institute Of Physical Education, Gwalior (M.P.) for providing an opportunity to do a purposeful task and for his able guidance, suggestions, inspiration and co-operation, which helped the scholar in many invisible ways in accomplish this arduous task.

A deep sense of gratitude is expressed by the scholar to Dr. Rahul Kanojia, Mr. Manoj Kerketta and Mrs. Rita Manjula Kerketta for the inspiration, motivation, moral and financial assistance to accomplish the present work.

I would like to express my deep sense of gratitude to my friends who helped me especially to Ms. Roma Toppo, Dr. Gaurav Singh Khushwah, Mr. Pradeep Kumar Yadav, Mr. Rojeet Singh, Mr Pramod Singh Narwaria, Mr. James Mlnj, Ms Karishma Agarwal, Mr. Satish Kumar Kerketta, Ms. Manju Hembrome, Mr Ravi Kumar Bhagat, Mr Sumit Kumar Murmu, Mr. Vishal Kispotta, Mr. Dhirendra Singh Ponia and Mr. Vaibhav Daipuria some way or other for making this study a success, without whose cooperation the study would have been impossible.

The scholar also likes to place on records his sincere thanks for the study of the library of Laksmibai National Institute Of Physical Education, Gwalior (M.P.) for rendering the help and co-operation for this study.
Last but not the least; research scholar would like to place on record his grateful appreciation to all the participants, without whose cooperation and enthusiasm this endeavor would have not been completed.

Sincere thanks are also due to all those who have directly or indirectly helped me in completing this study.

ANURANJAN MINJ