


# DECLARATION

I, **Sneha Ravindra Mujumdar** hereby declare that the research work carried out for the thesis '**Comparative Study of Bal Bilva (Unripe Fruit) and Pakwa Bilva (Ripe Fruit) (Aegle Marmelos) with reference to its effect in the Stress Management.**' is my original and independent work. The work is carried out under the guidance of **Dr. Tanuja Nesari**, Professor and Head, Dept. of Dravyaguna Vigyan, Tilak Ayurved Mahavidyalaya, Pune (India). The thesis is submitted to **Swami Ramanand Teerth Marathwada University**, Nanded, Maharashtra (India) for the Degree of **Doctor of Philosophy in Dravyaguna Vigyan** in the Faculty of Ayurveda.

This declaration is hereby given to fulfil the requirement vide Ordinance no. Ph.D./Ayurved/2003/09 Submission and Evaluation of Thesis, of Swami Ramanand Teerth Marathwada University, Nanded, Maharashtra (India).

  
**Sneha Ravindra Mujumdar**  
**Research Scholar**

Authenticated by  
  
**Dr. Tanuja Nesari.**  
**Guide**

**विश्वनाथ प्रमोद**  
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