LIST OF FIGURES

3.1: Showing the selection of Clinic ................................................................. 48

4.1.1: Age wise distribution of the patients ......................................................... 75

4.1.2: Gender wise distribution of the patients .................................................... 76

4.1.3: Gender wise age distribution of the patients ............................................. 76

4.1.4: Marital status of the patients .................................................................. 77

4.1.5: Literacy level of the patients .................................................................. 77

4.1.6: Monthly income level of the patients ....................................................... 78

4.1.7: Disease condition of the Patients .............................................................. 79

4.1.8: Tobacco consumption of the patients ....................................................... 79

4.2.1 Problems faced during feeding by the patients before and after intervention ......................................................................................... 87

4.2.2 Fads and fallacies believed in by the patients before and after intervention .............................................................................................. 88

4.3.1: Sleeping habits of the patients before and after intervention ................. 108

4.3.2: Problems faced during household work before and after intervention .... 112

4.3.3: Problems related to sexual relations of the patients before and after intervention .............................................................................................. 112

4.3.4: Smoking behaviour of the patients before and after intervention ............ 118
4.3.5: Awareness about Passive smoking before and after intervention

4.3.6: Dependence on inhaler before and after intervention

4.4.1: BMI of COPD patients having one more complication along with underweight

4.4.2: BMI of COPD patients having one more complication with overweight