AIMS AND OBJECTIVES

TITLE OF THE STUDY

Validity of Marathi Version of Global Mental Health Assessment Tool – Primary Care (GMHAT–PC) for diagnosis of persons with psychiatric illness from rural Maharashtra.

AIM OF THE STUDY

The study aims at assessing the validity of Marathi version of Global Mental Health Assessment Tool – Primary Care through estimating reliability for its use as a diagnostic tool for the diagnosis of psychiatric illness in rural population of Maharashtra and for assessing feasibility of its use by health professionals, primarily psychiatric nurses.

OBJECTIVES OF THE STUDY

1. To assess the validity of the GMHATs-PC Marathi version for the diagnosis of psychiatric illness in people of age 15 years and above from rural Maharashtra.
2. To assess the feasibility of GMHAT-PC Marathi Version for use by psychiatric nurses to diagnose mental disorders in rural Maharashtra.
CONCEPTUAL FRAMEWORK

The conceptual framework used to describe the inter-relationship between the constructs of this thesis is based on Margaret Newman’s Theory of Health As Expanding Consciousness.

According to Margaret Newman, a nurse passes through seven stages of binding and unbinding as she gets cultured in the nursing profession. Most of the Mental Health nurses are found to be in binding stage and a few of them reach choice point. Choice of GMHAT-PC Marathi would be one of the best to try out and pass through de-centering and real freedom with positive outcomes early diagnosis and treatment of CMD. This way, both the nurses and the clients, are benefitted. Nurses are better equipped to practice psychiatric care. Clients get quality care and mere exposure to the questions related to comprehensive health their consciousness about health and mental health in particular expands.

The theory includes the health of all persons regardless of the presence or absence of disease. The theory asserts that every person in every situation, no matter how disordered and hopeless it may seem, is part of the universal process of expanding consciousness. Four constructs defined by Margaret Newman are as under

**Health**

“Health and illness are synthesized as health - the fusion on one state of being (disease) with its opposite (non-disease) results in what can be regarded as health”.

**Nursing**

Nursing is “caring in the human health experience”. Nursing is a partnership between the nurse and client, with both grow in the “sense of higher levels of consciousness”.
Human

“The human is unitary, that is cannot be divided into parts, and is inseparable from the larger unitary field”. Human being is identified by their patterns of consciousness and the person oneself is consciousness”. Persons are “centers of consciousness” within an overall pattern of expanding consciousness”

Environment

Environment is described as a “universe of open systems”

Fig. 1: Conceptual framework based on M. Newman’s Theory for Nurses
Fig. 2: Conceptual framework based on M. Newman’s Theory for Clients