

## vHkkj

eā vius 'kšk funžkd iks ds I h ik.Mš] n'kū'kL= foHkkx] y[kuÅ  
fo'ofok|ky;] y[kuÅ ds ifr ân; I s vHkkj 0; Dr djrk gŕ ftUgkous bl  
'kšk izU/k dks iwkl djus ea dŕky funžku vŕš I ŕko ds I kFk&I kFk eŕs  
mRl kŕgr Hh djrsjgÅ bl 'kšk izU/k dsfy, eā budk thou lk; Dr ân;  
I s vHkkjh jgŕkÅ

eā foHkkx/; {k iks jkdšk plnk] ,oa foHkkx ds vU; I Hh f'k{kdk ds  
ifr Hh ân; I s vHkkj izV djrk gŕ ftUgkous I e;&I e; ij eŕs mfpr  
ekxZ n'kū ,oa I g; kx inku fd; kÅ

ekuo pruk ,oa ; kx foKku I ŕFku] y[kuÅ fo'ofok|ky;] y[kuÅ  
ds izDrk MKW vejthr ; kno] MKW I R; ŕnz dŕkj feJk vŕš MKW mešk dŕkj  
'kŕy] rFk MKW fot; d.k] I ŕdr foHkkx/; {k} fo|kŕ fgUq ih-t-  
dkyst] y[kuÅ dk Hh ân; I s vHkkjh gŕ ftUgkous bl 'kšk dk; Z dks iwkl  
djusea I e;&I e; ij viuk I g; kx ,oa ekxZ n'kū inku fd; kÅ

eā vius I g 'kškfe=ka ea I oZ iFke dŕ fjk vk; kZ dk fo'kšk: i I s  
vHkkjh gŕ ftUgkous bl izU/k dks iwkl% rd igŕkus ea viuk egRo iwkl  
I e; vŕš I g; kx fn; kÅ bl ds vfrfjDr Jh mn; izki fl ŕ] dŕ dkeuk  
'kek] Jh I nhi pŕfl ; k rFk Jh jkt fd'kŕ pŕfl ; k dks Hh ân; I s  
/k; okn nrk gŕ ftUgkous bl 'kšk&dk; Zea eŕs viuk I g; kx inku fd; kÅ

LFkkuh; vfHkkod Lo: lk Jh txnh'k ujk; .k JhokLro rFk vius  
fudVre-fe= ,oa I g; kxh Jh jkt dŕkj 'kek] Jh iæ ujk; .k xŕrk dks Hh  
eā ân; I s vHkkj izV djrk gŕ ftUgkous bl 'kšk izU/k dks iwkl djus ds  
fy, gešk eŕs iŕjr fd; kÅ

bl 'k'k izU/k ds fy, e' fo'k'k : lk l s vius ; p'k fe= Jh food  
d'ekj 'kek' izU/kd \*; ukbV/M cd v'k'k bf.M; k'j 'kk[k'k fodkl uxj]  
y[ku' d'k 'an; l s /W; okn nrk g' ftUg'aus bl 'k'k izU/k d'k i'w'k' djus  
dsfy, fujUrj e' s mRl k'gr fd; kA

e' viuh ekrk Loxh; Jherh deykorh v'k'j fir k Jh xj'cs d'k l knj  
pj.k Li 'k'z djrs g' v'k'k'j izdV djrk g' ftuds v'k'k'k'k' v'k'j Lug i'w'k'  
l j{k.k l s e' bl 'k'k'k' dk; z d'k i'w'k'k' rd ys tk ik; kA bl ds v'frfjDr  
iRuh Jherh ekyrh noh r'Fk'k' n'k'ka i' e'ka j'fo izd'k'k' , oa v'k'k'k'k'k' d'ekj 1/2  
dk Hh 'an; l s v'k'k'k'j g' bl 'k'k'k' l s L'k'c'fU/k' v/; ; u~v'k'j y[ku e' e'j h  
iRuh v'k'j n'k'ka i' e'ka us fo'k'k' l g; k'x i nku fd; kA e' vius n'k'ka Nk/s Hk'k'z  
Jh j'kew d'ekj x'rk , oa Jh p'Unz fd'k'j x'rk ds i'fr Hh 'an; l s v'k'k'k'j  
izdV djrk g' ftUg'aus bl 'k'k'k' dk; z d'k i'w'k' djus e' viuk i'w'k' l g; k'x  
i nku fd; kA

bl 'k'k'k' izU/k e' ; k'xd v'k'k' k' l ka ds i n'k'ku dsfy, d'ekj h ; k'f'krk  
V.Mu r'Fk'k' i' r'afy ; k'x fo'ofok'ky; ds Lukrd ; k'x Nk= Jh j'fo izd'k'k'  
v'k'j Jh v't'z p'k'k'j h d'k Hh e' 'an; l s v'k'k'k'j 0; Dr djrk g' ftUg'aus  
vius 0; Lrre~ l e; l s ; k'x v'k'k' k' l dsfy, l e; fudkyk v'k'j ml ds fp=  
mi y'G/k dj; k' d'ekj ; f'krk dh ek' Jherh fiz' d'k di'j V.Mu v'k'j fir k Jh  
e; j' V.Mu] x'erh uxj y[ku' d'k Hh e' v'k'k'k'j g' ftUg'aus e'j h fuonu  
d'k Lohdkj dj viuh i' e' h d'k v'k'k' k' l ka dsfy, r' s'kj fd; kA 'k'k'k' izU/k d'k  
i'w'k'~ i nku djus dsfy, \*\*fot; y{eh fi' l l z' d'k Hh e' 'an; l s v'k'k'k'j  
g' kA

e' foHk'xh; d'ekj k'j; ka ds i'fr Hh 'an; l s v'k'k'k'j 0; Dr djrk g' ftUg'aus  
l e; & l e; i'j viuk l g; k'x e' s i nku fd; kA bl ds v'frfjDr e' kA

VSkj i qrdky;] y[kuÅ fo'ofoky;] y[kuÅ vkj Hkjrh; nk'kud  
vuq akku ifj'kn~ ds 'kfk.kd dñz foig [k.M] xkerh uxj] y[kuÅ dk  
Hh fo'kSk: lk l s vkkjh gj tgk v/;;u ds fy, tkus ij ogk ds l Hh  
vf/kdkfj;ka , oadepkfj;ka useps iwz l g;ka inku fd;ka

ea Hkjrh; nk'kud vuq akku ifj'kn~( ubz fnYyh dk fo'kSk : lk l s  
vkkjh gj tgk l seps bl 'kSk izU/k ds fy, tku;j fj l pz Qyfk'ki  
inku dh x;ka

fnukd %

'kSk drkz

jke fd'kj

n'ku'kkL= foHkx

y[kuÅ fo'ofoky;] y[kuÅ