

fofHkUu gB; ksx xUFkka I s

gB; ksx inthfi dk dk rgyukRed fooj .k

iLrqr vl; k; ea gB; ksx inthfi dk ds vfrfjDr vl; gB; ksx xFk&
?kj.M I fgrk] f"ko I fgrk] xkj{ k I fgrk vkfn ea vkl u] i k.kk; ke]
dqMfyuh tkxj.k gsrq epk; a vks] I ekf/k dh rgyuk djrs gq bu xFkka ea
vkl u] i k.kk; ke] epk vks] I ekf/k ds fooj.k dk mYys[k fd; k tk; sxA
vkl u

iNfr ea tks Hkh tho/kkj] ouLifr vkfn inkFkz ik; s tkrsg mu
I cdk I gt Lohkko ea fLFkr jgus dk rjhdk g\$ ml s I keU; rks] ij
vkl u dgk x; k g\$ bl fLFkr I s ghs ^vkl u* dh vo/kkj.kk dk ipyu
gqkA

0; kdj.k dh nf'V I s ^vkl u* "kCn I iNfr ds *vl ~ /kkrq I s
0; BiUu gqk gA ftI dk iFke vFkz g& cBus dk LFkku rFkk nW jk vFkz
'kj hj dh voLFkk I s gA cBus ds LFkku I s gekjk rkrI ; Z ; g gSfd ftI
ij ge cBrs gA t\$ s dEcy] njh] pVkb] exNky ¼ "kNky½ vkfn dk
^vkl u* vks] nW js vFkz ea "kj hj dh fLFkrA "kj hj dh fLFkr I s gekjk
rkrI ; Z ; g gSfd "kj hj] eu rFkk vkRek dh I a Qr I qkn voLFkk vFkok
"kj hj] eu rFkk vkRek , d I e o fLFkj gks tkrsg vks] ml s I qk dh
vutkrir gkrh g\$ og fLFkr vkl u dgykrh gA egf'kz iratfy us ^vkl u*
dks ifjHkkf'kr djrs gq dgk gS ^fLFkj I qkekl ue**¹ vFkkz~ fLFkj rki dZ
I qk I s cBuk vkl u dgykrk gS vFkkz~ ftI ^vkl u* ea ge I qki dZ

¹ ikraty; ksx I # 2@46

vf/kd l e; rd cBs jg] ml s gh egf'kz i ratfy us vkl u dgk gA bl h
i d kj JhenHkxonxhirk ea ; kxhjt JhN'.k us ^vkl u* ij i d k" k Mkyk gS
fd ; kxkH; kfl ; ka dks fdl i d kj vkl u ea cBuk pkfg, \ ftl dk
0; kogkfjd : i fuEufyf[kr gS%&

^M ea dk; f' kj kxhoa /kkj ; Uupya fLFkj%A

I Ei x; ukfl dkxa Loa fn'k' pkuoykd; uAA**1 %xhirk &6@13½

"kjhj] fl j vks] xhok l ekoLFkk ea /kkj.k djds vFkkz~ es n.M]
xnZu vks] fl j , d l h/k ea fLFkj jg] bl s vkl u dgk x; k gS rFkk bl
i d kj vkl u ij cBdj ukfl dk ds vxz Hkkx vFkkz~ HkkBka ds chp ea ftl s
ge vkKk pØ dgrs g] ml LFkku ij vius Hkko dks LFkfr djrs gq
fdl h Hkh fn"kk dks u ns[krs gq vFkkz~ vkj[kka dks can dj /; ku djus dks
dgk x; k gA vr% JhenHkxonxhirk ea mijkDr i d kj l s fLFkr gksuk
vkl u crk; k x; k gA vaxstha ea l fDr gS& "Sit tallest, stand tallest &
walk tallest". mDr ckr ea euq; ds LoHkkfod thou"ksyh dh vkj l d r
fd; k x; k gS fd ge tc cBs rks gekjh yEckbz vf/kdre gks bl l s ; g
vfkz fudyrk g] ge tc vius es n.M] xnZu vks] fl j dks yEcor~j[krs
g] rHkh gekjh vf/kdre mpkbz gksrh gS bl l s Hkh ^vkl u* dk l d r i k r
gksrk gS tks euq; thou dh mRre , oa 0; kogkfjd fLFkr g] bl h i d kj
tc ge [kMs-gk] rc Hkh l h/ks [kMs-gk] vkMs&frjNs u [kMs-gka rFkk ge tc
pya rc Hkh ge l h/ks gksdj py] >pd dj ughA vr% gea vkl u ds fo'k;
ea irk pyr gSfd mijkDr i d kj l s vkl u dh fLFkr gksuh pkfg, A

¹ JhenHkxonxhirk] 6@13

i dL ds v/; k; ea gB; lxx inlfi dk ds foHkUu i {kka dh foopuk
dj pps g\$ ftl ea vki u ds l Ecak ea foLrkj l s crk; k tk ppk gSfQj
Hkh ; gk; l ds ek= dFku djuk vko"; d g\$ ftl l s vU; ; lxx xFkka l s
ryuk djuk vf/kd l gt gks l dsxkA

gB; lxx inlfi dk ea LokfLrdkl u] xkeq[kkl u] ohjkl u]
dvekl u] dQdVkl u] mRrkudvekl u] /kugkl u] eRL; lnkl u]
i f' perkukl u] e; jkl u] 'kokl u] fl)kl u] inekl u] fl gkl u]
vksj Hknkl u Øe" k% i Ung vki uka dk o. kZu gSA

LokfLrdkl u& 'LokfLrd* dk vFkZ g& 'kqk y{k. kA ge vius
/kkfeZ vuqBkuka ea LokfLrd fplg~ dk iz lxx djrs g\$ ml h ds
vkdj& izkj l s dN feyrk gvk ; s vki u gA gekjs deZk. Mka ea Hkh
LokfLrokpu dk i to/kku g\$ ftl ea ofnd ea ka }kj k l qk , oa dY; k. k dh
dkeuk dh x; h gA deZk. M ds vUr ea Hkh vkpk; Z ; teku l s nf{k. kk
ikdj vke~ LokfLr dg dj ; teku ds l qk , oa dY; k. k dh dkeuk
djrk gA bl h dkj. k l qki dZ cBus , oa bl fLFkr ea cB dj vki u
djus l s euq; dk dY; k. k gsrk gS vksj l qk l ef) iklr gsrh gA vr%
LokfLrdkl u Hkh /; ku djus dk Hkh vki u ekuk x; k gA gB; lxx inlfi dk
ea LokfLrdkl u bl izkj gS%&

^Tkkunokj Urja I E; d- ÑRok i knrys mHksA

__ tpdk; % I ekl hu% LofLrda rr~ i p{krs AA**¹ ½g0; k0i D&1@19½

nksuka i sja ds ryoka dks nksuka tkuq ¼i .Myh½ , oa t?kkvka ds e/;
j [kd\$ I ko/kku gksdj "kj hj dks I h/kk djds ¼ d[ki wbd½ cBuk gh
LokfLrdkl u dgykrk gA

?kj .M efu us ?kj .M I fgrk ea bl h LokfLrd vkl u dh fof/k dk
vuq j.k fd;k g\$ ftl ea dkbz vlrj ugha i klr gkrk gA f"ko I fgrk ea
bl h : i dks vxhdkj fd;k x;k gA xkj{k I fgrk ea døy fl)kl u vks
inekl u dk gh fooj.k i klr gkrk g\$ vl; vkl uka dk dkbz fooj.k ugha
feyrk g\$ D; kfd ejs Lo; a ds fopkj I s ; kxfl f) ds fy, døy fLFkj
vkl u dh vko' ; drk gkrh g\$ ftl dkj.k og døy 'fLFkj vkl u^ vFkr~
/; kukRed vkl u gh dg jgs gA vks blgha vkl uka I s gh I oj kxepDr dh
i klr gks tkrh g\$ fQj vl; vkl uka dh dkbz vko' ; drk ugha gkschA , d k
i rhr gkrk gA ; kxh xkj{kukFk i jein i klr ds y{; dks /; ku ea j [kdj
'vkl u^ dk fopkj xkj{k I fgrk ea dj jgs gA vr% vl; vkl uka ds
mYys[k ea ckj&ckj xkj{k I fgrk dk mYys[k djuk vko"; d i rhr ugha
gksrka xkj{k I fgrk ea nks vkl uka dk o.ku djrs gq p\$kl h yk[k vkl u
gksus dk I a: Hkh fd;k x;k gA

xkxq[kkl u% cBus ea i sja dh fLFkr xk; dh eq[k ds I eku gks
tkus I s bl s xkxq[kkl u dgrs gA nksuka i sja dks bl i dkj ekMus rFkk , d
nll js ds Åij j [kus I s ?k/ uka ds chp ea tks fjDr LFkku cu tkrk g\$ og

¹ I Ei kncl 'kkL=h} kfj dknkl (gB; kx inlfi dkj 1@19

xkæŋk l eku i rhr gkrk gA bl vkl u dk o.ku gB; lœ inlfi dk ea bl h
i ðkj fd; k x; k gŒ ; Fkk

~1 0; s nf{k.k xŸQa rq i "Bi k' oã fu; kst; s~A

nf{k.k ks fi rFkk l 0; a xkæŋka xkæŋkkÑfrAA**1 ½g0; kDi D&1@20½

i hB ½dfV½ ds oke Hkkx ea tãkk ij nf{k.k xŸQ ¼i Œ dk V[kuk½
dks vkŒ i hB ds nf{k.k Hkkx ea tãkk ij oke xŸQ j [ks rks ; g vkl u
xkæŋk ds l n"; vdkj okyk gks tkus l s xkæŋkkl u dgykrk gA ?kj .M
l fgrk ea xkæŋk vkl u dk mYys[k dñ fhklu i ðkj l s fd; k x; k gŒ tks
bl i ðkj gA

~i knks p Hkæks l LFkkI; i "Bi k' oã fuos'k; s~A

fLFkja dk; a l ekl k/ xkæŋka xkæŋkkÑfrAA^2 ½kD l D&2@17½

i Foh ij nksuka i Œka dks j [kdj vkŒ i hB ds nksuka i k"okã ea yxkdj
ng dks l h/kk dj xkæŋk ds l eku Åpk djds cBus dks xkæŋk vkl u
dgrs gA f"ko l fgrk ea bl dk o.ku ugha feyrk gA xkæŋkkl u ds fo'k;
ea fpfdRI k foKku dh nf'V l s Likf.MykbfVI] jkbVI D&i vkfn fodkj
nij gksrs gA

ohjkl u& tŒ k fd uke l s Li'V gŒ fd ohjka dk vkl u gksus l s
ohjkl u dgykrk gA jkek; .k dky ea jke dh j{kk dh fufeRr guæku bl h
vkl u ij cBdj l Ei wkz jkf= jke , oa y{e.k dh l j{kk fd; k djrs FkA

¹ l Ei knd] 'kkL=h] }kfj dknkl (gB; lœ inlfi dkj 1@20

² l Ei knd] l jLorh] fujltukum] ?kj .M l fgrk] 2@17

bl vkl u dh fo"ksk ckr ; g gS fd bl ea funk vi uk i Hkko ugha Mky
i krh gA ohjkl u dk o.ku gB; ks inhfidi ea bl izdkj gS%

^, da i kna rFk&dfLeu~fol; I n m f.k fLFkreA

brjflæLrFkk pks a ohjkl uferhfjreAA^ 1/2g0; kDi D&1@21 1/2

nf{k.k ikn dks oke t^kk ij rFkk oke ikn dks nf{k.k t^kk ij
j[kdj cBuk ohjkl u dgykrk gA ?kj.M I fgrk ea ohjkl u dk o.ku
vU; izdkj I sfd;k x;k g& ^, d ij dks n j s ij dh t^kk ds I ehi
j[kdj n j s ij dks i hNs dh vkj fudkyus I s ohjkl u gks tkrk gA**

diekZ u& ^diekZ u* dieZ vkj vkl u I s fey dj cuk gS ftI ea
^dieZ dk vFkZ dPNI vkj vkl u dk vFkZ "kkjhfd fLFkr I s gA ftI
izdkj dNyk vius v^ka dks I eV yrk gS ml h izdkj bl vkl u ea Hkh
vius "kjhj dks Hkh I eV fy;k tkrk gA diekZ u dk o.ku gB; ks
inhfidi ea bl izdkj gS%

^xqna fu: /; xqQkH; ka 0; RØes k I ekfgr%A

diekZ ua Hkonrr~bfr ; ksxfonks fonqAA^*^2 1/2g0; kDi D&1@22 1/2

foijhr Øe I s nksuka iSka ds xqQka }kjk xqk dk fujkskdj
; ksxkH; kl fØ;k djuk gh gB; ks ds if.Mrka ds er ea diekZ u dgykrk
gA

?kj.M I fgrk ea diekZ u dh fof/k dks vU; izdkj I s bl izdkj
fn; k x;k gS%

¹ I Ei kn d] 'kkL=h] }kfj dknkl (gB; ks inhfidi 1@21

² ogh] 1@22

~xqQks p o" k. kL; k/kks 0; RØes k I ekfgrkA

*_ tϑk; f'kjksxhoa dnekI ufertfjre-AA**1 ¼?kD I D&2@32½*

nksuka v. Mdkskka ds uhps nksuks , fM+ ka dks 0; RØe I s j [kuk vks
'kjhj] fl j rFkk xhok dks I h/kk djds cBuk dnekI u dgykrk gA

mijkDr fof/k I s cBus dh fLFkr ea fhkUurk i ktr gsrh gA , d k
D; ka gA ; s tkuuk pkfg, ijUrq f'ko I fgrk ea dnekI u dk dkbZ I dr
ugh i ktr gsrk gA

dϑdϑ/kl u& ^dϑdϑ* dk vFkZ gs eqkA bl vkl u ea 'kkjhfd
fou; kl , d eqkZ dh Hkkr gkus ds dkj. k dϑdϑ/kl u dgykrk gA gB; ks
inhi dk ea ^dϑdϑ/kl u* dk fof/k bl idkj nh xbZ gS %&

***inekl ua rq I LFkl; tkumkjUrjs djksA*

*fuos'; Hkks I LFkl; 0; kæLFka dϑdϑ/kl ueAA**2 ¼g0; kDi D&1@23½*

inekl u yxkdj ml fLFkr ea tkuj fi. Myh , oa tækkvka ds e/;
I s uhps gkfk Mkydj iFoh ij j [kds I gks I s vius 'kjhj dks iFoh I s
Åij mBkdj vkdk'k ¼ kD; ½ ea j [kuk dϑdϑ/kl u dgykrk gA

?kj. M I fgrk ea dϑdϑ/ vkl u dh fof/k vius iwbriZ xDFk
gB; ks inhi dk dk vuq j. k fd; s tkus I s dkbZ Hkn ugha feyrk gA
cfYd f'ko I fgrk ea bl vkl u dk dkbZ mYys [k ugha gA

mRrkudnekI u & gB; ks inhi dk ea mRrku dnekI u dh fof/k
bl idkj gS %&

¹ I Eiknd] I jLorh] fujUtukun] ?kj. M I fgrk] 2@32

² I Eiknd] 'kkL=h] }kfj dknkl] gB; ks inhi dk] 1@23

***d@d/kl ucl/kLFkks nksl; kã I Ec/; dU/kjkeA
Hkos~diebnRrku , rn~mRrkudiekAA^{m 1}*

¼g0; kDi D&1@24½

d@d/kl u dh Hkkfr 'kjhj dh fLFkr cukdj nkska gFkka I s xhok
dks idMøj mRrku vFkk~ihB ds cy Nkrh dks Åij djds dNq dh
Hkkfr mRrku yVuk mRrkudiek u dgykrk gA

*?kj.M I fgrk ea dN fHku i zkj I s mRrku diek u dh fof/k bl
i zkj gS fd ^d@d/kl u ea dU/kka dks nkska gFkka I s idMøj dNq ds
I eku I h/kk gks tkuk mRrkudiek u dgykrk gA^{m2}*

mi jkDr nkska fof/k; ka ea cBus vks yVus dh 'kkjhjd fLFkr dks
nrs gq vki I ea fHkurk nh xbz gS D; kãd ?kj.M efu ua bl vkl u dks
mPp vkl u ds #i ea fodfl r fd; k gS ; g gekjk er gA ijUrq nkska ea
I eku #i I js tks d@d/kl u I sykHk i klr gsrk gS ogh i klr gksckA

/kujkl u&bl ea 'kjhj dh fLFkr rusgq /kutk ds I eku gks tkrh
gS bl fy, bl s /kujkl u dgk tkrk gA gB; kx inhi dk ea /kujkl u dh
fof/k dks bl i zkj dgk x; k gS%&

^mi knk³xqBks uq i kf. kh; ka xghRok Jo. kkof/kA

*/kujkd"KZ ka dq kh~/kujkl ueP; rAA^{**3} ¼g0; kDi D& 1@25½*

¹ I Eiknd] 'kkL=h] }kfj dknkl] gB; kx inhi dk] 1@24

² I Eiknd] I jLorh] fujUtukun] ?kj.M I fgrk] 2@33

³ I Eiknd] 'kkL=h] }kfj dknkl }] gB; kx inhi dA] 1@25

nksuka i s ka ds vx Bka dks nksuka gkFkka l s idMoj /kuŋk dh Hkkfr
dku rd [khpuk /kuŋkl u dgykrk gA ?kj.M l fgrk ea /kuŋkl u dh
fof/k dk o.ku dñ bl izdkj gS%

~kz k; Z i knks Hkfo n.M#i ks djks p i "Bs /kri kn; qeeA

ÑRok /kupRi fjo fr k³ x~ fux /rs os /kuŋkl ua rrAA^m

1/2kD l D&2@19½

nksuka i s ka dks Hkfe ij Qsyk nA nksuka gkFkka dks i hB dh vksj dj
nksuka i s ka dks idM+ ya rFkk /kuŋk ds vdkkj ea 'kjhj dks dj yA ; kfx; ka
ds vuŋ kj] ; g /kuŋkl u gA

mijkdR fof/k ea dks fo'kšk vlrj ugha gS rFkk ml ds ykHk Hkh
l eku gh i klr gksr gA ; g es#n.M vksj i hB dh eka i s'k; ka dks yphyk
cukrk gS rFkk bl l s Luk; q nçyrk nij gksr gA ; g dCt rFkk fiRr
fodkj nij djus ea l gk; d gA tBjkfxu inhlr gksr gS rFkk ikpu fØ; k
Bhd gksr gA e/kpç] bflnz; l a e rFkk ekf l d/keZ l EcflU/kr
vfu; ferrkvka ds mi pkj ea l gk; d gA l ko/kkuhi wZd /kuŋkl u dks [kkyh
i s/ djuk pkfg, vksj ân; fodkj] mPpjDrpki] gkfuZ k] dejnnZ vkfn
gksr i j ugha djuk pkfg, A

eRL; ðnkl u& eRL; ðnz uke ds , d egku ; kxh tks bl vkl u ea
i k; % cBk djrs FkA bl fy, bl vkl u dk uke eRL; ðnkl u gA gB; kx
i nhfi dk ea eRL; ðnkl u dk o.ku bl izdkj i klr gksr gA

¹ l Eiknd] l jLorh] fujUtukun] ?kj.M l fgrA 2@19

ˆokeks#emykfi ɪrn{ki kna tkuksɪgoɪˈVrokei kneA

i xá fr"BRk- i fjofrɪrk³x% JheRL; ukFkksfnrekl ua rrAA^m

1/90; kDi D& 1@26½

ck; ha tʔkk ds emy ij nkfgus iʃ dks j [kA ck; a iʃ dks nkfgus iʃ
ds ?kɪ/us ij j [kdj ?kɪ/us dks l h/kk j [krs gq ck; a gkFk l s yi v/dj ¼ml s
idMəj½ rc vius 'kjhj dks ijh rjg ?kəkrs gq idMə vkʃ nɪ jk gkFk
ml h vkʃ l svf/kd l svf/kd ihNs ystk, A bl vkl u dks eRL; ʃnɪukFk us
crk; k gS vr%bl seRL; ʃnkl u dgrs gA

eRL; ʃnkl u ds vH; kl ds fl) gksus ij l k/kd dk ˆtBjɪfxu
inhr gks tkrh gʃ l Hkh izdkj ds jksx u"V gks tkrs gʃ dɪMfyuh tkxr gks
tkrh gS vkʃ plnə.My l sfudyusokyk ver fujUrj izkfgR gkrk jgrk
gA^{m2}

?kj .M l fgrk ea eRL; ʃnkl u dk o.ku dɪN bl izdkj l s gS fd
ˆmnj dks ihB dh vkʃ [khp dj ihB dks l h/kk j [krs gq ck; a iʃ dh , Mh
dks ; Rui wɔd ekMəj nk; ha tʔk ij j [kdj ml ij nk; ha dksuh j [ka rFk
BɪMh dks nk; a gkFk ij j [kdj nɪ"V dks Hkkɪka ds e/; Hkkx ea fLFkj dj
yA ; g eRL; ʃnkl u dgykrk gA^{m3}

mi jkDr nksuka vkl uka dh fof/k ea dɔy , d gh vUrj fn[kkbZ nrk
gS fd ?kj .M eɪu us eRL; ʃnkl u ea Hkkɪka ds e/; ea nɪ"V fLFkj djus dk

¹ l Eiknd] 'kkL≠h] }kfj dknkl (gB; ks inɪfi dɪ 1@26

² ogh] 1@27

³ l Eiknd] l jLorh] fujUtukun] ?kj .M l fgrk 2@23&24

I d r fd; k gA tcf d gB; l x i n h f i d k x l F k e a e u d k s f L F k j d j u s d h
d k b z p p k z u g h f e y r h j d o y ' k k j h f j d f L F k f r d k I d r g A , d k D ; k A ; s
t k u u k p k f g , A

i f' p e k s r k u k l u & t S k f d u k e I s L i " V g k r k g s f d i f' p e
v F k k z ~ ' k j h j d s i " B H k k x r k u y u s d k s g h i f' p e k s r k u k l u d g r s g A
g B ; l x i n h f i d k e a i f' p e k s r k u k l u b l i z k j g S % &

*** i d k ; Z i k n k S H k f o n . M # i k S n k t ; k a i n k x f } r ; a x i g h R o k*

t k u u f j U ; L r y y k V n s ' k k s o l n - b n a i f' p e r k u e k g A

1/20; kDi D&1@28%

b f r i f' p e r k u e k l u k X ; a i o u a i f' p e o k f g u a d j k f r

*m n ; a t B j k u y L ; d q k h - m n j s d k ' ; l e j k s x r k a p d q k r - A A ***

1/20; kDi D&1@29%

n k s u k a i j k a d k I k e u s d h v k j Q s y k d j g k F k k a I s m u d s i a t k a d k s
i d M e j y y k V d k s ? k q / u k a i j y x k ; A b l s i f' p e r k u ; k
i f' p e k s r k u k l u d g r s g A I H k h v k l u k a e a e q ; ; g v k l u] f t l d k u k e
i f' p e r k u g S v k j i k . k o k ; q d k s e # n . M d s e / ; I t k q u k u k M h e a i o k f g r
d j r k g A i v d k s r h o z t B j k f X u o k y k d j n r k g S v k j i v d k s i r y k ; k
p c h j f g r d j r k g S r F k k , d s ; k s c k t ; k f l ; k a d k ' k j h j f u j k x j g u s y x r k g A

*? k j . M I f g r k e a i f' p e k s r k l u d h d o y ' k k j h f j d f L F k f r n r s g q
d N b l i z k j o . k z i k l r g k r k g S f d ** n k s u k a i k o k a d k s n . M d s I e k u*

¹ I E i k n d] ' k k L # h j } k f j d k n k l] g B ; l x i n h f i d k j 1 @ 2 0

I gt Hkko I s Hkfe ij QSyk; a vks muds vaxBka dks idM+ y} fQj nksika
tkakka dse/; eafI j dks j [ks rks ; g if'pekRrkukl u dgykrk gA**1

bl h if'pekRrkukl u dk f'ko I fgrk ds pkj izdkj ds vkl uka ea
if'pekRrku ¼mx½ vkl u uke I s foj.k iklr gkrk gS ftI dh fof/k
mijkDr xBFkka ea fn[kk; s if'pekRrkukl u I s feyrh tgyrh g} tks bl
izdkj gS%&

~id k; I pj.k}U}a ijLi jel a qeA

Lo ikf.kH; ka n<a /kRok tkunij f'kjkl; I sAA ¼f'ko I 0&3@111½

vkl ukxfena i kDra Hkonuynhi ueA

ngkol kugj.ka if'pekRrkul KdeAA^{~2} ¼f'ko I 0&3@112½

nksika i} ijLij Li'kz u djds bl izdkj QSykdj nksika gkFkka I s
i}ka dks di dj idM+ ftI I s ; g dfBu irhr gksus okyk vkl u
if'pekRrkukl u dgykrk gA bl ds vH; kl I s tBjKfXu inhlr gksh gS vks
eR; q dks thrk tk I drk g} I kFk gh ; g Hkh dgk x; k gSfd ^tks cñ) eku
I k/kd bl J}B vkl u dh ifrfnu I k/kuk djrk g} ml dk ik.kok; q
fu'p; gh if'pe ekxkkeh gks tkrk gS vFkkZ~ml dh viku ok; q dh xfr
izkLr gks tkrh gA

vr% dCt vkfn mnj jksx ml s dHkh ugha gksA bl vkl u ds
vH; kl I s I k/kd dks I Hkh fl f) ; k; fey tkrh g} bl fy, ; ksch dks
iz RuiwZd vkReu~fl f) ikflr rd bl sfl) djuk pkfg; A

¹ I Eiknd] I jLorh] fujUtukun] ?kj.M I fgrA 2@27

² ogh] 3@111&112

xkj {kl} fgrk ea if'pekRrkl u ds fo"k; ea o.ku ugha i klr gkrk gA
D; kfid ; kxh xkj {kukFk us dny /; kukRed vkl u dks crkdj ; kxfl f)
i klr djus dks dgk gA

mijkDr rhuka xDFkka ea if'pekRrku dh fof/k ea dkbZ fo'kSk vUrj
ugha i klr gkrk g\$ ek= dgus dk rjhdk gh fhkuu fn[kkbZ nrk gA
if'pekRrku vkl u ds vH; kl ea fuEufyf[kr l ko/kkfu; ka dk /; ku j [kuk
pkfg, A

- 1- vkl u djrs l e; >Vds ds l kFk dN ugh djuk pkfg, A
- 2- mPp jDrpki] an; jkxh vksj Likf. MykbvVI l s i hfMf 0; fDr
dks ugha djuk pkfg, A
- 3- fLyifMLd] es#n.M l s l EcfU/kr nkSk rFkk iS/ ea vYI j dh
f'kdk; r gksus ij if'pekRrku vkl u u djA

e; ykl u& e; ykl u uke l s i rhr gkrk gSfd , j k vkl u ftl ea
'kjhj dh fLFkfr e; yj i {kh ds vkNfr ds l eku l q ki d cu tkrh g\$
ftl dkj.k bl vkl u dks e; ykl u dgk x; k gA gB; kx i nifi dk xDFk
ea e; ykl u dk o.ku dN bl idkj feyrk gS%&

~/k/keo"kh; dj}; u rRdi j LFkfi rukfHki k' oZA

mPpkl uks n. MonqRFkr% L; kUek; yj esr- i onflr i hBeAA

1/20; kDi D&1@301/2

gjfr l dyjksku~ vk'kq xq'eknj knhu}

vfhkhkofr p nks'kku~ vkl ua Jhe; yjeA

cgq dn'kuHkØre~HkLe dq kh'ks'ke}
tu; fr tBjkfXua tkj; rdkydll/eAA^m

½g0; kDi D&1@31½

^nksuka QSys gq gkFkka l s Hkffe dk l gkjk ysdj muds nksuka dñ j ka
½dksqfu; k& ij ukfHk ds l ehi LfK ins'k dks j [kdj gkFkka ds l gkjs Hkffe l s
Åij mBdj n.M ds l eku fLFkj jg\$ bl vkl u dks fo}Ttu e; ykl u
dgrs g& bl vkl u ds vH; kl djus l s ; ksckH; kl h ea mnj ds x[e]
tyknj vkj lyhgk vkfn jkscka dk {k; gkrk g& ; g 'khr ; k xfj"B vfr
Hkkstu dks l jyrk l s i pkrk gS , oa ikpkfxu ea rhork ykrk g\$ ft l l s
bl dk i Hkko 'kjhj LfK Hk; dj fo" k dks {k; djus ij i Mrk g&

?kj .M efu Ñr ?kj .M l fgrk ea e; ykl u dh fof/k dk fooj .k
i klr gkrk gS ft l s gB; ks inhf i dk ds e; ykl u ea 'kjhj dh fLFkfr dks
crkdj i j dh fLFkfr dks ugha crk; k x; k gS i j Urq ?kj .M efu us i j dh
fLFkfr dks Hkh crkrs gq e; ykl u dh ppkZ dh g& tks bl i dklj gS %&

^yk. ; kLrykh; keoyEC; Hkffe rRdñ j Lfkkfi rukfHki k' oEA
mPpkI uks n. MonRFkr% [ks ek; yj es Ri ðnflur i hBeAAⁿ²

½?kD l D& 2@30½

nksuka gkFkka dh gFky; ka dks /kjrh ij fvdk dj nksuka dksqfu; ka dks
ukfHk i k' oZ ea yxk ds fQj nksuka i j ka dks i hNs dh vkj bl i dklj mBk y
ft l i dklj M.Ms dks mBk; k tkrk g& ; g e; ykl u dgykrk g&

¹ l Eiknd] 'kkL=h] }kfj dknkl gB; ks inhf i dk/ 1@30&31

² l Eiknd] l jLorh] fujUtukun] ?kj .M l fgrk 2@30

e; ykl u ds vH; kl dh fof/k gB; ksx inthi dk vks ?kj. M I fgrk
ds vuq kj djus ij Hkh fuEu I ko/kkfu; ka dk ikyu djuk pkfg, A

- 1- [kkus ds rRdky ckn bl sugha djuk pkfg, A
- 2- døy ogh 0; fDr dj I drk gS tks ; ksx fo'kSkK dh mi fLFkr ea
funf'kr fd; k x; k gkA
- 3- fdl h izkj ds jksx ea bl vkl u dk vH; kl vi us ; ksx ijke'kzhkrk
vFkok fpfdRI d dsfunzku eagh djuk pkfg, A

'koki u& 'koki u ea ^ko* dk vFkz g& er 'kjhjA bl vkl u ea
'kjhj dh fLFkr 'ko dh Hkkfr fn[kkbZ nrh gS bl fy, bl vkl u dk uke
'koki u g\$ vU; ; ksxhtu bl serkl u uke I sHkh I Eckf/kr djrs g&D; kfid
bl vkl u ea 'kjhj ds vx erik; ds I eku f'kFky gks tkrs g& vFkok
'kkUr gks tkrs gA

gB; ksx inthi dk ea 'koki u dh fof/k dks fuEu izkj I smYys [kr
fd; k x; k gS %&

*^mRrkua 'koon-Hkks 'k; ua rr- 'koki ueA
, rr- 'kkfUr dja i d ka fpRrfoJkfUr dkj deAA**1*

1/2g0; kDi D&1@32%

'ko ds I eku Hkfe ij mRrku vFkzr~yEcor~yVus dh fLFkr dks
'koki u dgrs gA ; g 'koki u foJkfUr 1/2e dk uk' k1/2 inku djds I Ei wkz
'kjhj vks fpRr dks 'kkfUr inku djrk gA

¹ I Ei knD] 'kkL=h] }kfj dknkl] *gB; ksx inthi dkj* 1@32

?kj .M efu ds ?kj .M / fgrk ea 'kokl u dk foof .k mi jkDr
 i wbrhZ xDfK gB; ksx inthf i dk ds l eku gh i klr gkrk gS rFkk f'kol fgrk
 , oa xkj {kl fgrk ea 'kokl u ds l ECU/k ea o.kZu i klr ugha gkrk gS D; ka
 , s k tkuuk pkfg, A ijUrq ; ksxkH; kl h vius thou ea ik; % 'kokl u dk
 vH; kl i hB ds cy yVdj fd; s tkus okys gj vkl u ds l kFk djrs gS
 D; kAd i R; d vkl u dks djus ea tks Je mRi uu gkrk gS ml Je dks nij
 djds ml vkl u dk iwZ ykHk i klr gks l ds ftl ds fy, foJkUr&dkjd
 vkl u djrs gA bl dk fu; fer vH; kl djus l s 'kjhj o eu dks 'kkfUr
 rFkk f'kffkyrk inku dj ruko tfur vU; jkska dks nij djrk gA ; g
 'kjhj ds ifr l txrk inku djds Fkdku nij djrk gA mDr vkl u
 jDrpki] e/keg] rA=dka= nkS; vks an; jkska l s xfl r jksx; ka dks
 vkjke inku djus ds fy, pfdRI d 'kokl u djus dk ijke'kZ nrs gS
 ftl l s ; ksxkH; kl ea 'kokl u ds vkl u dks djds l Ei wZ fnu l tx vks
 'kkUr jgk tkrk gA

fl) kl u

gB; ksx inthf i dk ea fl) kl u dh fof/k dks fuEu idkj l s
 mYys [kr fd; k x; k g&

** : kfuLFkkude f?kemy?kfVra dRok n<a foll; l s-
 es: i kneFkSdeo an; s dRok guq l fLFkjeA
 LFkk. k% l a ferfnz; ks pyn'kk i ' ; n-Hkpkj Urje}
 arllekskdi kVHkn tuda fl) kl ua i kP; rA**1

1/20; kDi D&1@35%

¹ l Ei knD] 'kkL=h] }kfj dknkl] gB; ksx inthf i dk] 1@35

iſ dh , Mh dks ; kſu LFku ea yxk ; a vſj nſ js , d iſ dks ml ds
 Åij fLFkj djA ml ds vulrj bfUnz ka dks iwKz fLFkj djh ekus og tM+
 gks x ; h gA BMMh dks o{k ij iwKz fLFkj djds nſV dks nkuka Hkkſka ds
 e/ ; ea j [k] ; g fl) kl u dh iwKz fLFkfr gA ; kſx ; ka dk er gſ fd
 fl) kl u ds iwKz fl) gkus ij ekſk dk }kj [ky tkrk gA ck ; k ; V[kuk
 fyx ds Åij fLFkj djds ml ds Åij nſ jk V[kuk fLFkj djA ; g fLFkfr
 fl) kl u dgykrh gſ dſ ykx bl s Hknkl u] vl ; eſrkl u vſj dſ
 vl ; ykx xſrkl u dgrs gA ftl izdkj ; e ea ferkgj dks e[; ekuk
 tkrk gſ ml h izdkj fl) ; kſh fl) kl u dks e[; ekurs gA l k/kd dks
 pkfg, fd 84 vkl uka ea l fl) kl u dk gh l nk vH ; kl djs bl l s 72]000
 ukfM+ ka ds ey dk fuokj .k gks tkus ij] og iwKz ; k 'k] gks tkrh gA rFk
 tks vH ; kl h vkRe fpſru djrk] ferkgj h vſj l nk fl) kl u ea gh cBrk
 gſ ml s 12 o"kkā ea ; kſx vo' ; gh fl) gks tkrk gſ , oa i k .kka ds fu ; eu
 gkus ij dſy dſHkd i k .kk ; ke fl) gks tkrk gſ vſj fcuk iz Ru fd ; s gh
 ml euhdyk vFkkz l ekf/k yx tkrh gA vr% dſy fl) kl u ds gh fl)
 gkus ij vl ; vkl u dh viſkk ugha gſr h gſ D ; kſd LokRejke ; kſh ds
 vuſ kj ^fl) kl u ds l eku dkbz vkl u ugha gſ epk vka ea [k] h epk ds
 l eku dkbz epk ugha gſ i k .kk ; keka ea dſy dſHkd ds l eku dkbz dſHkd
 ugha gſ vſj ukn ds l eku dkbz y ; ; kſx dh fof/k ugha gA¹

?kj . M l fgrk ea fl) kl u ds fy, ftrſUnz ; kſh , d i k dh
 , Mh dks v . Mdks k vſj xſk ds e/ ; yxkdj nſ js i k dh , Mh dks es+ea
 yxk ya fpcſ dks ân ; ea yxkdj fLFkj #i l s l h/kk jgA nſV dks

¹ ; kſh] LokRejke] gB ; kſx i nſfi dA 1@45

fu'py j [kdj HkkSjka ds e/; ea ns[kuk pkfg, A bl dk vH; kl fl) gkus l s
eks k dh i klr gsrh g\$ bl s fl) kl u dgrs gA

f'ko l fgrk ea fl) kl u ds fy; s ; ksx dks tkuus okys vH; kl h
dks pkfg, fd , d i\$ dks , Mh l s ; ksu LFku dks dl dj nck; a vksj nH js
i\$ dh , Mh dks fyax ij j [kA vH; kl h bflnz ka dks o'k ea djds fu'py
Hko l s Åij HkkSjka ds e/; ea ns[krs gq l Ei wkz-% l h/kk cB\$ ft l s fl) kl u
dgk tkrk gS D; kAd fl) ; kfx; ka us bl vkl u ea cBdj fl f) ; ka i klr
dh g\$ fl) kl u ds fy, xnk vksj e# ds e/; ea ; ksu %dq Myuh½ dk
LFku gS ml s ck; a i\$ dh , Mh l s nck ya vksj nkfgus i\$ dh , Mh dks e#
ij yxkdj ncko Mkya rks bl voLFkk ea nksuka i\$ ka dh , fM+ kj uhps Åij
l eku gks tkrh g\$ nksuka i\$ ka ds vaxqB takk vksj xqQ ds uhps fNi s izhr
gksr s gA fQj ân; ds pkj vaxqy Åij BqMh dks flFkj djds fpRr dh
bu l c bflnz ka dks gVl ya vksj , dks djds , oa nksuka p{kq l s n"V dks
fu'py djds Hkme/; ea ns[kk ; gh fl) kl u dgykrk g\$ tks ân; diKV
dks [kksydj eks k ekxl dk n'kzu djkrk gA

i nekl u

gB; ksx inhfidk ea i nekl u dh fof/k dks fuEu izdkj l s
mYys[kr fd; k x; k g&

***Oks#i fj nf{k. ka p pj. ka l LFkkI; okea rFkk]*

n{kks#i fj i f'peu fof/kuk /kRok djkh; ka n<eA

v³xđBks ân; s fu/kk; fpcđa ukl kxækykd; n}
, rn-0; kf/kfouk'kdkfj ; feuka i nekl ua i kP; rAA^{**1}

½g0; kDi D&1@44½

inekl u ds fy, ck; ha tkak ij nkgus iş dks vkş nkguh tkak
ij ck; a iş dks j [kuk rFkk gkFka dks ihNs l s ys tkdj iş ds vxđBka dks
idMrs gş rRi'pkr~o{kLFky ij BMMh dks tekdj ukfl dk ds vxđkkx
dks ns[kuk gkrk gş ; gh inekl u dgykrk gş bl l s l k/kd ds l Hkh jksx
nij gks tkrs gş rFkk ; kşx; ka dh vU; ijEijk ds vuđ kj bl s c)
inekl u Hkh dgrs gş ; gkq , d vU; fof/k Hkh bl izdkj ikr gkrh gş
^i şka ds ryđka dks Åij fd; s gq fLFkr ea tkakka ij j [kdj nksuka
gkfy; ka dks Åij dh vkş [kyk tkakka ds eny vFkok ukflk ds uhps tkakka
ij j [kdj ftgok dks vkxs ds nksuka nkarka ds eny ij j [krs gş vkş ukfl dk
ds vxđkkx ij nřV fLFkj jgrh gş rFkk ok; q dks m/ožkeh cukrs gş ; g
inekl u dh fLFkr gş bl l s vH; kl h ds l Hkh jksx nij gks tkrs gş ; g
ngyđk vkl u gş ftl ds dkj.k bl s dfri ; vH; kl h gh fl) dj ikr gş
; gkq xđFk ea vkxs dqMyh tkxj.k dh fof/k dks vR; Ur l đks ea Li"V
djds ml ds ifj.kke dk l đr gş gş bl ds fy, iđZ of.kr fof/k ds
vuđ kj inekl u ea cBdj enycđk }kjk vikuok; q dks Åij mBkuk gkrk
gş ftl l s l k/kd viđZ Kku l s l EiUu gkrk gş l kFk gh ; gkq ; g Hkh ikr
gkrk gş fd tks vH; kl h inekl u ea cBdj ukfMž ka ds }kjk vUnj tkus
okyh i.k.kok; q dks l đkuk ea ifo"V dj đoy đđHkd djrk gş og vo';
gh eđr gks tkrk gş

¹ l Ei knd] 'kkL=h] }kfj dknkl] gB; kx inřfi dñj 1@44

?kj. M / fgrk ea inekl u& ck; ka iſ nk; ha tkak ij nk; ka iſ
ck; ha tkak ij j[kdj 0; Øe fof/k l s gkFka dks i" B Hkkx ij ya tk; a vkſ
nk; a gkFk l s ck; a iſ ds vxBS , oa ck; a gkFk l s nk; a iſ ds vxBS dks
n<rkid idMoj fpcd dks ân; l s yxkdj ukfl dk ds vxHkkx dh
vkj ns[k bl l sl Hkh jkska dk "keu gkrk gſ ; g inekl u dgykrk gA

f'ko / fgrk ea inekl u dsfy, iſka ds ryqka dks Åij djrs
gq iz Ruiid tkakka ij j[ka rFkk gkFky; ka dks Åij fd, gq tkakka ds
e/; ea j[ka ftgok dks narka ds tM+ ds ikl yxk; a l kFk gh n"V dks
ukfl dk ds vxHkkx ij flFkj djds BMMh dks FkkMk Åij mBkdj o{kLFky
ij j[k ml ds vullrj i k.kok; q dks ckgj fudky na vFkok jpd djA tks
inekl u dgykrk gA

xkj {k / fgrk ea inekl u ds fy, l oFke nk; ka iſ mBkdj
ck; a iſ ds vxBS dks idMa rFkk ; gh fØ; k vU; gkMk l s n" jh vkj Hkh
djA bl ds i' pkr~ BMMh dks ân; l s yxkdj ukfl dk ds vxz Hkkx dks
nksuka us= l s ns[krs jgA ; gh inekl u gſ tks l Ei wkz 0; kf/k; ka dks nij djus
okyk gA

fl gkl u

gB; ksx inlfidk ea fl gkl u dh fof/k dks fuEu izdkj l s
mYyſ[kr fd; k x; k gſ%&

***xq/Qks p o" k. kL; k/k% I hou; k i k' oZ; k% f{ki s-A
nf{k. ks I 0; xq/Qa r q n{kxq/Qa p I 0; dAA**1*

1/20; kDi D& 1@50%

fl gkl u ds fy, nksuka , fM+ kj v. Mdksk ds uhp\$ ck; ha , Mh dks
nkfguh vksj vksj nkfguh , Mh dks ck; ha vksj I houh ukMh ds cxy ea j [ka
vksj vaxfy; ka dks QSykdj ?kq/uka ij j [krs g\$ fQj edk dks ijk QSykdj
ukfl dk ds vxHkkx dks n[kuk pkfg, A ; gh fl gkl u dgykrk g\$ bl ds
vH; kl I s rhuka cu/k&eny cu/k] tkyU/kj cu/k vksj mfM; ku cu/k fl) gks
tkrs g\$

?kj. M I fgrk ea fl gkl u& nksuka i\$ dh , fM+ ka dks 0; RØe
i wbd v. Mdksk ka ds uhps yxkdj tkyU/kj cu/k I fgr Hkkska ds e/; ea
n"V fLFkj dja vFkok ukfl dk ds vxHkkx ea gh fu'py n"V j [ka ; g
fl gkl u uked vkl u I Hkh jkska dks u"V djus okyk g\$

f'ko I fgrk ea vksj *xkj{k I fgrk* ea bl dk foopu i klr ugh
gksk gSA

Hknkl u

gB; lxx inlfi dk ea Hknkl u dh fof/k dks fuEu izdkj I smYyf[kr
fd; k x; k g\$

¹ I Ei kncl] 'kkL=h] }kfj dknkl] *gB; lxx inlfi dkj* 1@50

***xq/Qks p o"K. kL; k/k% I hou; k% i k' oZ; ks% f{ki s-A
I 0; xq/Qa rFkk I 0; s n{kxq/Qa rq nf{k. kAA**1*

1/g0; kDi D&1@53½

Hknkl u ds fy, nksuka , fM+ ka dks v.MdkSk ds uhps I houh ds nksuka vksj j [k] ck; ha , Mh cka h vksj vksj nkfguh , Mh nkfguh vksj jgsxA fQj nksuka gkFka I s ?kq/uka dks dl dj idM+ vksj fu'py gks tk; h vr% I Hkh jkska dks u"V djus okyk] ; g Hknkl u dgykrk gA

?kj. M I fgrk ea Hknkl u& nksuka , fM+ ka dks myVdj v.MdkSk kka ds uhps j [k] i hB dh vksj inekl u ds I eku nksuka vxBka dks idM+ y] tkyU/kj cu/k dh fLFkr djds ukfI dk ds vxz Hkx dks ns[k] ; s Hknkl u I Hkh jkska dks njj djrk gA

f'ko I fgrk ea vksj xkj{k I fgrk ea bl dk foopu iklr ugh gkrk gSA

vkl uka ds I Ecu/k ea mPp xBFk ; k ; s dga fd ; ksx fo|k dk mnxe LFku ftI s ge ofnd xBFk dgrs g] ml ea vkl uka ij dkbZ fo'ksk ifjp; ugha iklr gkrk gA ml I e; ds __f"K dby /; ku dh fLFkr dks iklr djus ds fy, funk nrs Fks tS & *duki fu"kn*- ea ^ifrcksk^ *dBki fu"kn*- ea ^iKku^ vkfn ukeka I s mYys[k iklr gkrk gA ^ifrcksk^ vFkok ^iKku* I sgekjk rRi ; Z ; g gSfd tc euq; vkj[k [kksydj ckgjh fo"K; ka dk ; k oká txr dk Kku djrk gS rks ml s cksk ; k Kku dh voLFkk dgrs g] ijUrq rRoKku ds fy, ^ifrcksk^ vksj ^iKku^ dk mYys[k

¹ I Ei knD] 'kkL=h] }kfj dknkl] gB; ksx inlfi dkj 1@53

fd; k x; k gš bl voLFkk ea tc gekjh KkusŮnz; k; oká txxr l s myV
vŮnj dh rjQ Kku djrh gā vFkkŮ~ vkj[k epndj] l h/ks cB dj vŮnj
ijerRo dks [kkstrh gā ml voLFkk dks ifrcksk ; k ^iKku* dgk tkrk gS
vkš fl j] xnŮ] Nkrh dks mlur tš s rš rs l e; j [krs gš oš s gh 'kjhj ds
bu rhu Hkkxka dks mlur j [kdj bŮnz; ka dks eu l se eu ds v/khu vkš eu
dks ān; ea fufo"V djds cŮ) eku 0; fDr cā uke #ih ukš ik ij l okj
gkdj ¼ vk/; kfRed nf"V l s l d kj #ih unh ds tks iki #ih Hk; kog l kr
gš l cdkrj tk; š bl dFku l s 'ork'orj mifur"m-es; g l dŮ feyrk
gšfd gekjk fl j] xnŮ vkš Nkrh FkkMk l k vkxs jgs vFkkŮ~ mfi; ku cu/k
ds l kFk , d h 'kkjhfd fLFkr dk l dŮ feyrk gā mijkDr dFkuka dk
0; kogkj d #i ; g gš fd gekjh e#n.M l s ydj fl j rd dh fLFkr
, d#irk ea jgs D; kŮd ; kx l k/kuk ds fy, ftu pØka ds Hksu dh ckr
vkrh gš og eny/k/kj l s ydj cājU/kz rd fLFkr gš bu l Ůe 'kFDr dŮnka
dks tkMŮs ds fy, bMkŮ fi xyk vkš l ŮkŮuk ukfM+ k; l Ec) jgrh gā ijUrq
/; ku dh voLFkk ea bu ukfM+ ka dks l e voLFkk ea ykdj l ŮkŮuk ukMk dks
tkxr fd; k tkrk gš rkfd ik.k'kFDr ¼ t l s ge dqMfyuh dgrs gš og
bl l ŮkŮuk ea iŮkfr gš ds l kFk ; g vkrk Hkh eny/k/kj ; k Hksy/kŮ l s
Øe'k% mlur gkrk gŮk cājU/kz vFkkŮ~ l R; ykd dh ; k=k dj l dš
ftl ds fy, ; g vko'; d gšfd e#n.M] xhok vkš fl j l h/kk jgā vr%
; kšx; ka us fl) kl u vkš inekl u ij fo'kš cy fn; k gā ; kš fl f) ds
fy, ; g voLFkk vko'; d gš D; kŮd vkl uka dks l h/ks jgus dh voLFkk ea
vH; kl djuk cryk; k x; k gš vkš vkM&frjNs vkl uka l s ; k 'kjhj dk
VMk& eMk jgus l s dqMfyuh 'kFDr ; k ik.k'kFDr l ŮkŮuk ea iŮkfr ugh

gks l drhj bl izdkj ; kxfl f) ikflr grq l h/ks cBdj gh /; ku djuk
pkfg, A

vk/kfud thou ea eutj; dk jgu&l gu bruk vi kÑfrd gks x; k
gSftl dkj.k ml us vius 'kjhj ea ukuk izdkj dh 0; kf/k; ka dks vkfU=r
dj j [kk gS LFKny l s ydJ l ve 'kjhj rd fodkjka l s xfl r gA ikphu
dky ea eutj; LokHkkfod #i l siÑfr ds l kfu/; ea vf/kdkf/kd jgrk Fkk
ftl dkj.k vkt dh vi\$kk ml s cgr gh de fodkjka dk l keuk djuk
iMfk Fkk vksj mlga nj djus ds l k/ku Hkh i pgj ek=k ea ik; s tkrS FkS
ftudk ml s LokHkkfod #i l s Kku gsrk Fkka vkt Hkh tks eutj; ; k lk'kq
vj.; ea okl djrs gA mlga 'kkjhfd , oa ekufi d 0; kf/k; k; ugha ds cjkj
gksh gA mnkgj .kkFk& xkeh.k {ks=ka ea l ka/+ vksj HkS k NkM+fn; s tkrS gA
og vf/kd LoLFk gks tkrS gA vksj tks ikyrw lk'kq gA mudh fdruh gh
n[kHkky dh tk; s fQj Hkh mul s detkj gh jgrS gA bl h izdkj xte ea
jgus okyk eutj; Hkh , d egkuxj ea jgus okys eutj; dh vi\$kk vf/kd
LoLFk thou&kiu djrk gA egkuxjka dh ?kuh cLrh , oa inlk.k ; pr
fnup; kz ea ge jkxxLr gks tkrS gA , s eutj; ka dks ?kj ea gh LokLF; ykHk
ds fy, vkl uka dk fo'kSk egRo gA Hkkjrh; fpdfRI k i) fr ea Hkh bu
fopkjka dks vuHko djkk; k tkrk gS ; gk; rd fd 'kY; fØ; k ds mi jkUr gh
'kh?kz LoLFk gksus ds fy, fpdfRI d fdl h u fdl h #i ea vkl u vkfn
vH; kl crkrs gA bl fy, eutj; ds LFKny , oa l ve 'kjhj dks LoLFk j [kus
ds fy, vkl uka dk fo'kSk egRo gA 'kkjhfd] ekufi d , oa vk/; kfred
LokLF; ds vuq kj vkl uka dks Hkh bl h izdkj oxhÑr fd; k x; k gA
'kkjhfd LokLF; ds fy, if'pekRrkl u] /kujkl u] f=dks kkl u]
dfVpØkl u] inkglrkl u] Hkqtakkl u vksj gykl u vkfn vkl u gA bl h

i d k j e k u f l d L o k L F ; c u k ; s j [k u s d s f y , ' k ' k k a d k l u] ; k s e n k l u]
e d j k l u v k s ' k o k l u v k f n g s r F k k v k / ; k f R e d L o k L F ; d s f y , f l) k l u]
i n e k l u] o t k l u] e p r k l u v k s L o k f L r d k l u v k f n g s t k s g e k j h v k R e k
i j i M s g g v k o j . k d k s n j d j r s g a

i k . k k ; k e

v k l u d s f l) g k s u s i j e u t j ; d s t h o u e a l n h & x e h z v k f n } U n k a
d k i H k k o u g h i M r k r F k k t k s ' o k l i f Ø ; k e a b M k j f i a y k u k f M + k a d k
} U n g s o g H k h # d u s y x r k g a v k l u d s v H ; k l I s ' k j h j d h , d h f L F k f r
v k r h g s t c b M k , o a f i a y k u k f M + k j I e k o L F k k e a v k u s y x r h g s r F k k
I u k u k u k M h v i u k d k ; Z O ; k i k j i k j E H k d j r h g s b l h i f Ø ; k d k s 1 / t c
v k l u d h n < + f L F k f r g k s u s i j i k . k k a d k f u ; e u g k s t k r k g s 2 g h i k . k k ; k e
d g k x ; k g a e u h " k h , o a ; k s x ; k a u s i k . k k ; k e d k s f o L r k j I s I Ø ; o f L F k r # i
I s I e > k u s d k i z k l f d ; k g a t c f d g B ; k s i n h f i d k e a f t u i k . k k ; k e k s
d k f o o j . k i k l r g k s r k g s m l d k Q y ; g g s f d ; q D r i m d i k . k k ; k e d j u s
I s I H k h j k s u ' V g k s r s g s r F k k v ; q D r i m d i k . k k ; k e d j u s I s I H k h j k s
m R i U u g k s t k r s g a

i k . k k ; k e d s f o " k ; e a l e > u s I s i m z ^ i k . k * v k s ^ i k . k d k L o # i ^
D ; k g s \ ; g t k u u k v k o ' ; d g a

v k l u k a d s v H ; k l I s ' k j h j e a t k s i f j o r z u v k r k g s m l d k I h / k k
I E c U / k i k . k I s g a p k g s o g ' k j h j I m / k u k R e d v k l u g k s ; k / ; k u I E c U / k h
v k l u g k s o s i R ; d # i e a i k . k d k s i H k k f o r d j r s g a ^ i k . k * d k v F k z g &
t h o u r R o A p k g s ; g f i . M g k s ; k c a k . M m l e a t k s H k h g y p y ; k x f r
f n [k y k b z i M r h g s m l d s e n y e a ; g i k . k r R o g h d k ; Z d j r k g a v r % g e

dg l drs gā fd l d kj ea i k.k gh l cl s eW; oku rRo gā l Hkh rRo ; gk;
rd bz k&rRo Hkh bl ds l e{k xkM+gks tkrk gā 0; kogkfjd txr ea i k.k
gh i Fke , oa l oZ w; cuk gpk gā l eLr l d kj bl h dks vi uh Hk& vfi Z
djr k gā ge tks Hkh [kk&ihrs gā og ml i k.k ds fy, g\$ ge tks Hkh
j{k} l o k vk\$ ij ki dkj vkfn mPp Hkkouk; a ; k dk; Z djrs gā muds eny ea
i k.k j{k} , oa l o/kU gh gā mnkgj .kkFk& Hkkjr n\$ k ea dkbZ vutku
0; fDr ij ; fn i k.k kl dV gks rks vuk; kl ykx ml dh j{k} ds fy, i k; %
yx tkrsgā

; gk; gekjk fo" k; fo' k\$kr; k 'kjhj ij d\$Unr g\$ bl fy, ge 'kjhj
dks n"Vxr j [krs gq i k.k ij fopkj djæa tks gekjk e[; i k.k g\$ og
QQMka l s ukfl dk rd i d k fgr gkrk jgrk g\$ ftl l s 'okl fØ; k pyr h
jgrh g\$ vk\$ bl h l s gekjk thou gā ; gh fØ; k tc cln gkus yxrh rks
bl eut; dh thouyhyk Hkh l ekir gkus yxrh gā bl thou dh j{k} ds
fy, , oa bl i k.k 'kfDr dks i k\$"kr djus ea vkl uka dk fo' k\$ k egRo g\$ bl s
ge bl i d kj dg l drs gā fd fofHkUu vkl uka l s i k.k dks l 0; ofLFkr , oa
i k\$"kr fd; k tkrk g\$ tks ogh fohkkr tr gkdj fofHkUu #i ka ea gekjs 'kjhj
ds v. kq i jek. kq ea fufgr jgrs gā ; g e[; r% nl i d kj ½ uke ½ l s 'kjhj
ea 0; klr g\$ ftl s ge bl i d kj l e> l drs gā %&

i k.k& i k.k gekjs ukfl dk l s QQM\$ rd dk; Z djrk g\$ ftl l s
'ol u fØ; k l EiUu gkrh gā

vi ku& ; g e[; #i l s vkrka ea dke djrk gā ; fn ; g l e
voLFkk ea g\$ rks eut; dk ikpu ræ Bhd jgrk g\$ vk\$ bl ds fcxM\$ is ij

ikpu 'kfDr detkj gks tkrh gÅ viku dks eR; q dk nørk Hkh dgk tkrk
gš bl dsf'kffky gkus ij euđ; /khj&/khjs eR; q dh vkj c<us yxrk gÅ

0; ku& 0; ku ok; q 'kjhj dh l Hkh 72000 ufM+ ka ea fopj.k djrk
gÅ

Lkeku& ; g 'kjhj ds e/; Hkkx ea ifrf"Br gkrk gS tks 'kjhj ea
vkgfr #i l s i M+ gq s vlu dks l e djds , d jl cukdj l c txg
i g pkrk gS ft l l s 'kjhj dh l eLr bflnz; k; l fØ; gks tkrh gÅ ftlga
l eku ok; q }kjk gh Åtkz iklr gkrh gÅ

mnku&ân; l s Å/ol nsk&efLr"d dks , d ukMh tkrh gS ml ea
mnku Åij ; k uhps dh rjQ fufgr jgrk gS tks ân; ea cBs gq vkRek
dks iq; deZ djus l s iq; ykd ea ys tkrk gS vkj ; gh mnku iki deZ
djus l s vkRek dks iki ykd ea ys tkrk gÅ vr% nksuka izkj ds deZ djus
l s vkRek dks euđ; ykd ea ys tkrk gÅ

ukx& Mdkj mRilu djus okyk i.k.k ukx gÅ

dne& mlehyu ¼i yd > i dkuk½ dneZ i.k.k dk dk; Z gÅ

Ñdy& Nhaduk Ñdy ok; q dk dk; Z gÅ

nønÿk& tegkbZ nønÿk i.k.k dk dk; Z gÅ

/kult; & /kult; i.k.k ok; q ds }kjk 'kjhj i qV gkrk gS rFkk eR; q
ds l e; 'kjhj dks Qykdj u"V djua ea l gk; d gkrk gÅ

jpuk dh n"V l s cãk.M o fi .M nksuka dh jpuk i.k.k rRo l s
gpZ gS bl l d kj ea i.k.k rRo dk l kdkj #i gea l w Z fn[kkbZ nrk gS tks

I eLr ik.kka dk eWk g& ^vkfnR; ks oS i k.k%A 0; kogkfjd nřV I s ge
bl fi.M dsfo"K; ea l e> I drsgdfd ; g thokRek bl ik.k ds l kFk gh
bl 'kjhj ea iðsk djrk gS vks tle gksrgh ; g ik.k pkfyr gks tkrk gš
bl h izdkj eR; qds l e; ea ik.k ds fudyrsgh ; g tho Hkh l kFk ea pyk
tkrk g& bl 'kjhj dk cU/ku VW tkrk gS bl hfy, ; g tho bl 'kjhj I s
cU/ku ugha NkMuk pkgrk g& vlr l e; ea eqk QkM+nřk gS vFkR~ml s
iz kl I s oki l 'kjhj ea yukuk pkgrk g& ijUrq ml ds oki l u vkus ij
; g Lo; a Hkh bl ng dks NkMedj py nřk gš cfYd cāfu"B euđ; bl
l d kj ea l eLr gypy dks nř[kdj ; g vuđko djrk gS fd ml ijekRek
dh ik.k'kfDr gh ekus vB[kfy; ka dj jgh g&, d k l e>dj og 'kkol ugha
djrk cMh l s cMh gypy ; k mi nð ea og 'kkUr cuk jgrk g&

mi jkDr dFku I s gea ik.k ds egRo dk Kku gsrk g& tc ik.k
dk bruk cMh egRo gS rks ml dks l rfy j[kuk bl euđ; 'kjhj ds fy,
vfr vko'; d g& ; gh ik.k vl Urfy g& euđ; ds 'kjhj ea ukuk
izdkj ds jksx , oa 0; kf/k; k; mRi l u djrk g& bl ik.k dks l 0; ofLFkr j[kus
ds fy, ; ksx fo | k ea l oñ Eke vkl uka dk o.ku fd; k x; k vks muds }kj k
ik.kka dks l pk# #i I s j[kus ds fy, fo'ksk rks ij ik.kk; ke dh fof/k
crkbz xbz g& ftl I s ik.kka dk fu; eu fd; k tkrk g&

gB; ks inñi dk ea ^ik.kk; ke^ vks ^kVdež vkfn dk tks o.ku
i l r gsrk gS bl ds vfrfjDr ?kj.M I ñgrñ f'ko I ñgrk vks xkj {k I ñgrk
vkfn ea fn; s x; s i k.kk; ke dk rgyukRed fooj.k i Lr fd; k tk jgk g&

gB; ks inñi dk ds f}rh; mi nřk ea ik.kk; ke dk fooj.k i l r
gsrk g& LokRek jke ; ksh ds vuđ kj ^vkl uka dh n<řk gkus ij ; ksh

bfUnz, ka dks o'k ea djds rFkk fgrdj , oa ferkgkj djrs gq i k.kk; keka dk
 vH; kl vkjEHk djrk gA**¹ ; ksxkH; kl h ds Lo% fpRr ea fLFkjr k ykus ds
 fy, i k.kk; ke dk vH; kl djuk gsrk gA thou dsfy, i k.k dk 'kjhj ea
 /kkj.k jguk vko'; d gS vksj ukfM+ k; 'kq) gksus ij gh i k.k l ukfuk ea
 izkfr gsrk gA ; fn ukfM+ k; v'kq) gS rksftKkl q dks vi uh l kFRod cf)
 dk fujUrj vkJ; yrs gq i k.kk; ke dk vH; kl djuk gsrk gA **i k.kk; ke
 dk vH; kl djus ds fy, inekl u ea cBdj plnz ukMh l s ijd djds
 i k.k dks ; Fkk'kFDr l s /kkj.k djrs gS rFkk l w Z ukMh l s jpd djrs gA ; g
 , d izkj dh ukMh 'kksku i k.kk; ke dh fof/k gPn ntl js izkj ea i k.kk; ke
 djus ds fy, i k.k ok; q dks l w Z ukMh %fi axyk ukMh% l s [khp dj mnj ea
 Hkjrs gS rc fof/kor~ ; Fkk'kFDr ml dk fujksk ; k LrEHku djrs gq fQj
 plnz ukMh %bMh ukMh% }kjk ml ok; q dk jpu djrs gA**² ; gk ^ij d*
 ^dHkd* , oa ^jpd* dk vFkZ Øe'k% 'kjhj ea 'okW yus jkus vksj NkMh
 l s gA vc bl ds vfrfjDr i k.kk; ke djus gsrq , d fof/k gS ^ft l ukMh
 %plnz ; k l w Z l s igys i k.k dks [khp dj mnj ea iwZ djrs gS rks ml s
 ; Fkk'kFDr dN l e; jkddj ml h ukMh ds ek/; e l s 'ku% 'ku% ckgj
 fudkyrs gA bl ea 'kh?kark ugh djuh pkfg, D; kd , d k djus ij
 i k.kk; ke fØ; k l s gkfu gksus dh l EHkkouk cuh jgrh gA l {klr ea dga
 ; fn fof/kiwZd bMk ukMh l s i k.kk; q vlnj [khp x; h gS rks i q% ml s
 fu; eiwZd fi axyk ukMh l s ckgj fudkyuk gsrk gS vksj ; fn fi axyk ukMh
 l s ok; q [khp xbz gS rks ml s ; Fkk'kFDr dN l e; jkddj bMk ukMh l s
 ckgj fudkyrs gA ^bl fof/k l s l w Z , oa plnz ukfM+ ka dk mi ; ksx djrs
 gq i k.kk; ke fof/k l s fu; fer vH; kl djus l s ; ksxkH; kl h ds 'kjhj dh

¹ l Ei kn d] 'kkL=h] }kfj dknkl] gB; ksx inlfi dkj 2@1

² ogh] 2@7

72000 ukfM+; k; rhu ekl dh vof/k i wZ gkrs gq 'kq) fuezy gks tkrh gA
; ksckH; kl h dks bl i k.kk; ke fof/k dk ifrfnu pkj ckj ikr% e/; kã] l k; a
vkš v/kj kf= ea vH; kl djuk gksrk gA bu pkj fof'k"V dkyka ea vLI h
ckj i k.kk; ke fof/k nkgjukh pkfg, A**1 ^i k.kk; ke ds rhu Lrjka ds vH; kl
dks bl izdkj dgk x; k gS fd ;fn ikjEHkd Lrj dk i k.kk; ke uked
vH; kl gS rks 'kjhj ea Lon mRiUu gksck] e/; Lrjh; i k.kk; ke dk vH; kl
gS rks dEiUu 1es#n.M ea Hkh½ gksck vkš ;fn mPp Lrjh; i k.kk; ke gS rks
'kjhj Hkfe dks NkMødj vkdk'k ea mB tkrk gA**2 l k/kd dks fl) vkpk; Z
ds l kfu/; ea gh i k.kk; ke djus l s l Qyrk ikr gksh gA bl ds vullrj
gB; ksx inthi dk ea "kVedel dk mYys[k feyrk gš ftl dh foLrkj l s ppkZ
ge i wZ ds v/; k; ea dj pps gA bl fy, ; gk; foLrkj l s ppkZ dh
vko'; drk irhr ugha gkshA døy izl xok /kkšr] ofLr] ušr] =kVd]
ukšy] vkš dikyHkkšr ; s "kVedel gš ftudk vH; kl 'kjhj 'kksku gš qfd; k
tkrk gš i jUrq ^LokRek] ke&; ksxh ua mlUgha 0; fDr; ka ds fy, "kVedel dks Hkyh
izdkj l s djus dk funž k fn; k gš ftudk 'kjhj pchZ vkš dQ ; Dr gA**3
l enkš k gkus ds dkj .k "kVedel dk 0; ogkj ugha djuk pkfg, A vr%; g dg
l drs gA fd gB; ksx inthi dk ea "kVedel dk vH; kl ukMh 'kksku i k.kk; ke
ds l eku fo'kš k voLFkk okys ; ksxh ds fy, gh cryk; k x; k gS tcfv vl;
gB; ksx ds xBFkka ea , d k ugh feyrk gA ogkj i k.kk; ke l s i wZ "kVedel dk
fo/kku gA tš s ?kj .M l šgrk ea "kVedel }kjk f=nkš k& okr] fiRr vkš dQ
dks l Uršyr djrs gA ftl dks ; ksckH; kl ikjEHk djus ds i wZ djuk pkfg,]
, d k dgk x; k gA bu "kVedekã l s 'kkjhfjd] ekuf l d vkš ckš) d 'kq) rk

¹ l Ei knd] 'kkL+h] }kfj dknkl] gB; ksx inthi dA 2@7&11

² ogh] 2@12

³ ogh] 2@28

i klr gkrh gA gB; lxx inhfidk ea "kVedel dk l keU; fooj.k i klr gkrk
gA tcf d ?kj.M l fgrk ea bl dk ogn , oa l qerk l s foopu fd; k x; k
gS , d k D; ka ; g tkuuk pkfg, tcf d ; gk; l qki ea ?kj.M efu }kjk
crk; s x; s "kVedel dks bl idkj i Lrq fd; k tk jgk gA

/kkf rdel

^/kkf r dks pkj Hkxka ea iedk #i l s foHkkftr fd; k x; k gS ft l s
ge vUrj /kkf r] nUr /kkf r] an; /kkf r vkj ey "kkku ds uke l s tkurs
gA¹

v& vUrj /kkf r& vUrjfd vaka dh l QkbZ djus okyh i f0; k dks
^vUrj /kkf r* dgrsg ft l dspkj idkj g&

1& okrl kj vUrj /kkf r& dks dh pqp ds l eku nksuka vkBka
l s ok; q dks fi ; a vkj iwz #i l s iku dj yus ij iV ea
ml dk ifjpkYu dj fQj ml ok; q dks ckj fudky nsuk
^okrl kj vUrj /kkf r^ dgykrk gA ; g 'kjhj eafueyrk ykdj
tBjkfxu dks rhoz djrh gA

2& okfj l kj vUrj /kkf r& edk l s /khj /khj ty i hrs gq d.B
rd ty Hkj nsuk ml ds ckn mnj dks pykdj ty dks
v/kkexZ l s fudky nsuk ^okfj l kj vUrj /kkf r^ dgykrk gA
; g euq; ds 'kjhj dks fn0;] dkfureku vkj gYdk dj nsk
gA

¹ l Eiknd] l jLorh] fujUtukun] ?kj.M l fgrA 1@3

3& vfxul kj vlrj /kk& ik.kok; q dks jkddj ukfhk dks
e#i"B Hkkx ea tek,; bl l s vfxu l kj l kd /kk& rdez l Ei uu
gkrk g& bl l s l Hkh mnj jks u"V gkrs g& vks tBjfxu rhoz
gksh g&

4& cfg"Nr vlrj /kk& dks ds plp ds l eku vka dks
djds muds }kjk ok; q ku djrs gq mnj dks Hkjds ml iku
dh gpz ok; q Hkh Ms+ ?k.Vk rd mnj ea jkddj ifjpkfyr
djrs gq v/kk&xZ l s fudky nsuk ^cfg"Nr vlrj /kk& *
dgykrh g& vlrj /kk& dh ; g pkjka f0; k; a 'kjhj dks fodkj
jfgr cukus dh fof/k; k; g& bl ds ckn vl; "kVedek& dh
l gk; rk l s vlue;] ik.ke; vks euke; dksk ea ifjorZu
yuk gkrk g& ; gk; vlrj/kk& ds vH; kl l s vlue; dksk
fodkj jfgr gks tkrk g&

c& nlr /kk& nlr /kk& dk vFkz g& nkrka dh l QkbA yfdu ; gk;
ij bl dk vFkz 'kh"kz insk dh l Qkbz o LoPNrk l s g& ^nlr /kk&
ds ikp Hkn g& nlr eny] th°ok eny] d.kj U/kz vks di ky jU/ka¹
; spkj izdkj dh /kk& ; k; gpz ijUrqbuea nksuka dkuka ds jU/ka l s gksus
okyh nks izdkj dh d.kj U/kz /kk& ekuh xbZ g& ftl dkj.k ikp
izdkj dh nlr /kk& dgh tkrh g& tksbl izdkj g& ^&

1& nlr eny /kk& tc rd esy u NW/s rc rd [kkfnj ds
jl vFkok fo'kq) feVvh l s nkrka dh tMka dks ekrtuk pkfg, A

¹ l Eiknd] l jLorh] fujUtukun] ?kj.M l fgrkj] 1@25

bl fØ; k dks nlr eny /kkʃr deZ dgrs gʌ i kr% vʃj I k; a
nksuka l e; fu; fer vH; kl I snkr I jf{kr jgrs gʌ

2& th°ok' kks'ku /kkʃr& th°ok&'kks'ku nh?kZ yfEcdk dgykus
okyk iz; ksx tjk] ej.k , oajksx vkfn dk uk'kd gʌ

3& d.kj U/kz /kkʃr& rtZuh vʃj vukfedk dksfeykdj ; ksxh tu
nksuka dkuka ds fNnka dh I QkbZ djrs gʌ bl 'kks'ku fof/k ds
fuR; vH; kl I suk n dh vutHkr gksh gʃ , d k dgk x; k gʌ

4& di kyj U/kz /kkʃr& vius nkfgus gkFk dh vxqjy; ka dks
l eʃ/dj , d di dh vkÑfr cukuh pkfg, A ml di dh
vkÑfr okys gkFk ea i kuh Hkj dj vius di ky j U/kz ; k cāj U/kz
ea Fki dh nsuh pkfg, bl I s dQ nksk I seDr feyrh gʌ fl j
ds Åij tks ukfM+ k; gʌ og fuezy curh gʌ fn0; nf"V i kr
gksh gʌ Hkkstu djus ds ckn] funk ds igyʃ funk dh I ekflr
gkus ij rFkk fnu ds I eklr ij vius fl j ij Fki dh nsuh
pkfg, A

I & â) kʃr& â) dk vFk& ân; vʃj /kkʃr dk vFkZ LoPNrk gʌ ân;
dh I QkbZ dh ; g fØ; k â) kʃr dgykrh gʌ ân; inʃk dh I QkbZ
ea ikpd ufydk] QQM+ vʃj vek'k; rhuka I feefyr jgrs gʌ
ftl ds vk/kkj ij ^ â) kʃr ds rhu Hkn gʌ % 1& n.M /kkʃr 2&0keu
/kkʃr 3&0L= /kkʃr^{m1}

¹ I Eiknd] I jLorh] fujUtukun] ?j.M I fgrA 1@35

1& n.M /kkʃr& dʃys ds enq Hkkx ds M.Mʃ gYnh ds M.Ms ; k
cr dks ân; ds e/; ckj&ckj Mkydj /khj&/khjs fudkyuk
pkfg,] fQj dQ] fiRr] vkʃ 'yʃek dk eq[k }kj l s jpu
djuk pkfg, A bl fØ; k }kjk ân; jksx dk fuf'pr #i l s
uk'k gks tkuk pkfg, A

2& oeu /kkʃr& cŋ) eku l k/kd dks Hkkstu ds vlr ea d.B
lk; Dr ty ihuk vkʃ fQj NM+Hkj ckn Åij dh vkʃ nʃ[krs
gq ml s oeu }kjk fudky nʃuk pkfg, A bl ds vH; kl l s dQ
vkʃ fiRr dk fuokj.k gkrk gʃ Okeu /kkʃr ds nks izdkj gkrs
gʃ iFke izdkj dk vH; kl [kkyh iʃ vkʃ f}rh; dks Hkkstu
ds ckn fd; k tkrk gʃ oeu /kkʃr ds iFke izdkj dks dŋty
fØ; k vkʃ f}rh; dks 0; k?kz fØ; k dgrs gʃ ^dŋty fØ; k*
dk vH; kl l kekl; vkʃ LoLFk 0; fDr ds fy, gʃ ijUrq 0; k?kz
fØ; k* dk vH; kl jksx dh voLFkk eagh djuk pkfg,] tc iʃ
ea rdyhQ gkʃ ; gk; ij dŋty , oa 0; k?kz fØ; k dh fof/k dks
Li"V djuk vko'; d i'rh ugh gkrk gʃ

3& oL= /kkʃr& eghu oL= dh pkj vxyy pkʃ/ŋ iVVh ydʃ
/khj&/khjs fuxyuk fQj bl ds mijklr /khj&/khjs gh ckgj
fudkyuk pkfg, A bl oL= /kkʃr ds vH; kl l s xŋe] Toj]
lyhgk] dŋB] dQ] vkʃ fiRr ds fodkja dk 'keu gkrk gʃ ; g
/kkʃr fnu&ifrnu vkjkk; vkʃ cy of) inku djrh gʃ

n& eny' kks'ku /kkʃr& ^eny' kks'ku u gksus rd vi ku ok; q ds nksk u"V
ugha gks i'rs bl fy, iz Rui 10Zd eny 'kks'ku deZ djuk pkfg, A

ftl dsfy;sgYnh dh tM+vFkok e/; e vxxyh ds }kjk ty l si u%
iPNkyu vko'; d gA bl deZ l s dksB dkfB.; %ey dh 'ktdrk
; k eykojksk½ ,oa vkth.kZ vkfn dk fuokj.k gksdj tBjxfXu inhlr
gksrh gA¹

ofLr deZ

bl fØ; k ea xpk }kj l s ty ; k ok; q tc vlnj dh vksj [khp dj
cMh vkr dh l Okbz dh tkrh g\$ rks vkarka dks /kksus ,oa 'kq) djus dh ; g
, d l jy ifØ; k ofLr dgykrh gA ^ofLr ds nks idkj g& ty ofLr
,oa 'ktd ofLrA ty ofLr ea ty }kjk tyk'k; ij cMh vkr dk
'kq) dj.k vksj 'ktd ofLr ea ok; q }kjk Hkfe ij gksrk gA² 'ktd ofLr dks
LFky ofLr Hkh dgrs gA

1& ty ofLr & ^ty ea ukfHk lk; Dr cBdj mrdVkl u vksj xpk }kj
dk vkdtpu id kj.k djA ; g ty ofLr gA ; g ty ofLr deZ
iegl mnkorZ vksj nfr ok; q dk fuokj.k dj 'kjhj dks dkeno ds
l eku cukrs gA**

2& LFky ofLr & vf'ouh epk ds }kjk xpk dk vkdtpu ,oa id kj.k
djuk pkfg, A if'pekRrku vkl u ea cBdj uhrs ds Hkx ea oL= dk
ifjpkYu djA bl s LFky ofLr dgrs gA l k/ku ea dksB ds nksk
vkeokr vkfn jkska dk 'keu vksj tBjxfXu dk o)Z gksrk gA

¹ l Eikndj l jLorh] fujUtukun] ?j.M l fgrA 1@43&44

² ogh] 1@45

Ukfr deZ

^ckfy"r Hkj yEck /kkxk ydJ ukfl dk ea ifo"V djA vksj edk I s
ckgj fudky n} bl s ufr deZ dgrs gA ¼ keku; rk bl ufr deZ dks I =
ufr dgrs gA½ bl dk vH; kl djus I s [kph dh fl f)] dQ nkSkka dh
fuofRr vksj fn0; nf"V dh mi yfC/k gkrh gA**1

yksydh ¼uksy deZ½

^mnj ds nkuka rjQ ds fgLI ka dks vR; Ur osxi dZ ?kpkuk pkfg, A
; g uksy deZ I c jkska dk uk'kd vksj tBjuky dk m}hi d gA^2

=kVd deZ

^fueš'k&mleš'k dks jkdj tc rd vki w u fxjus yxs rc rd
fdl h I ve y{; dh vksj VdVdh yxkdj ns[krs jgus dks =kVd dgrs gA
bl ds vH; kl I s 'kkEHkoh epk dh fLFkr gkrh gA us= ds nkSkka dk fuokj .k
gkdj fn0; nf"V iklr gkrh gA^3

di kyHkkkr

^di kyHkkkr dks okrØe] 0; Øe vksj 'khrØe di kyHkkkr ds Hkn
I s rhuka izdkj dk crk; k x; k g\$ bl dk I k/ku djus I s dQ I s mRi Uu
nkSkka dk fuokj .k gkrk gA^4

¹ I Eiknd] I jLorh] fujUtukun] ?j.M I fgrA] 1@50&51

² ogh] 1@52

³ ogh] 1@53&54

⁴ ogh] 1@55

1& okrØe di kyHkkWr& bl es bMk ukMh ; k ck; ha ukfl dk l s 'okW
vUnj ysuk gS vksj fi xyk ukMh ; k nkfguh ukfl dk l s 'okW NkMhuk
gS fQj fi xyk ukMh l s 'okW vUnj ysuk gS vksj bMk ukMh l s ml s
ckgj fudky nsuk gA ; gk; ij d , oa jpd dh tks fØ; k; a gkrh gS
mudh xfr rst ugha gksuh pkfg, A bl fØ; k ds vH; kl l s l nhz
[kk; h vkfn l sefDr i ktr gkrh gA

2& 0; Øe di kyHkkWr& ukfl dk ds nksuka fNnka ds }kjk ty [kha
vksj edk l s fudky nA rFk edk l s ty [khdj ukfl dk l s
fudky nA ; g 0; Øe di kyHkkWr dQ nkska dk fuokj .k djrh gA

3& 'khrØe di kyHkkWr& 'khrdkjh djrk gpk edk ds }kjk ty xg.k
dj ukfl dk ds }kjk fudky nA ; g fØ; k 'khrØe di kyHkkWr
dgykrh gA bl ds }kjk l k/kd dk 'kjhj dkeno ds l eku l Unj gks
tkrk gA o) koLFk ugha vkrh gS 'kjhj ea LoPNrk mRiUu gkrh gS
vksj dQ nksk dk fuokj .k gkrk gA

f'ko l fgrk , oa xkj{k l fgrk ea fdl h izdkj l s Hkh "kVedekā ij
izdk'k ugha Mkyk x; k gA ; gk; izu mBrk gS fd "kVedekā dk mYys[k bu
xblFka ea i ktr D; ka ugha gkrk gS bl dk mRrj tkuuk pkfg, A

vc ?kj .M l fgrk ea tks ^ukMh' kks'ku i k.kk; ke ij fopkj fd; k
x; k gS og l euq vksj fueZuq ukMh' kks'ku i k.kk; ke ds Hkn l s i ktr
gkrk gS ; gk; cht el= ds l kfk gksus okys ukMh' kks'ku dh l euq ukMh' kks'ku
i k.kk; ke vksj /kksrdeZ l s gksus okys ukMh' kks'ku dks fueZuq ukMh' kks'ku

i k.kk; ke dgk x; k gA¹ ?kj .M efu ds vuq kj i k.kk; ke dk vH; kl djus
l s iWZ LFkku dky dk puko] ferkgj] iF; &viF; vkj fQj ukMh 'kq)
djus dk funk g\$ ftl s gB; lxx inlfi dk ea vkl u djus l s igy\$ LFkku
dk puko vkj vkl u ds ckn ferkgj&mik; rFkk ukMh 'kq) djus dk
fopkj fn; k x; k gA ge 'kksk izU/k ds iWZ v/; k; ea mDr dk foLrr
fooj.k dj vk; s gA

f'ko l fgrk ea ukMh 'kksku grqjpd] ijd vkj dHkd i k.kk; ke
fof/k dk foj.k iklr gsrk g\$ rFkk gB; lxx inlfi dk dh Hkfr LFkku] vkgj
vkj iF; &viF; dk Hkh foj.k fn; k x; k gA ; g foj.k f'ko l fgrk ds
rrh; iVy eafoLrkj l scrk; k x; k gA

*xkj{f l fgrk ea izko ti ds l kFk i k.kk; ke djus dk funk g\$
bl ea ijd] dHkd vkj jpd }kj ukMh 'kksku crk; k x; k gA tc ijd
ea izko dh 12] dHkd ea 16] jpd ea 10 ek=k; a yH tkrh g\$ rks ml s
v/ke i k.kk; ke dgk tkrk g\$ ftl s ge i kFfed i k.kk; ke dgrs g\$ D; kAd
i kjfHkd ; kxkH; kl h dks i kjEHk ea bruh de ek=k l s gh i k.kk; ke dj; k
tkrk g\$ ftl l s ml ds vH; kl djus dh {kerk /khj&/khj s fodfl r gks l dA
e/; e i k.kk; ke ea bl l s nks xqH ek=k; a vkj mRre i k.kk; ke ea rhu xqH
ek=k; a crkykbZ tkrh gA i kFfed i k.kk; ke ea il huk vkrk g\$ e/; e
i k.kk; ke ea dEiUu mRiUu gsrk g\$ vkj mRre i k.kk; ke ea ; kxh Hkfe
NkMEdj vdk'k ea mB tkrk gA i kFfed i k.kk; ke l s 0; kf/k; ka vkj i ki ka
dk uk'k gsrk g\$ e/; e l s iki] jks vkj egk0; kf/k; k; nij gsrh g\$ vkj
mRre i k.kk; ke l s vYi e#] vYiey] 'kjHj dh y?krk vkj vYi Hkstu

¹ l Eiknd] l jLorh] fujUtukun] ?kj .M l fgrk] 5@35

gks tkrk gA¹ I k/kd dh bflnz kj vksj cf) rhoz gkus I s f=dky vFkkz~
Hkur] Hkfo"; vksj orzku dk Kku gks tkrk gA ?kj.M I fgrk] f'ko I fgrk
vksj xkj{f I fgrk ea 10 izdkj ds i.k.kka dk o.kzu iwdZ ea fn; s x; s fooj.k
ds vuq kj iklr gsrk g\$ ftl dk mYys[k gB; kx inhf i dk ea ugha iklr
gsrk g\$ tks fopkj.kh; gA

gB; kx fo | k ea vkl u] i.k.kk; ke , oa "kVdeZ vkfn dk tks egRo gS
og ed[; r% ukMh' kksku gsrq gA 'kjhj I w/kZukRed vkl u ds vH; kl ds }kjk
ge ul ukfM+ ka dh I fØ; rk c<kr s gA vksj mu I fØ; ul ukfM+ ka dk
i.k.kk; ke fof/k ds }kjk 'kksku djrs gA ftl I s gekjs 'kjhj dh 72000
ukfM+ kj 'kq) gks tkrh g\$ ijUrq gekjk fopkj gS fd /; kukRed vkl u dh
fl f) }kjk gekjh bMk] fi axy vksj I qkq ukMh] mudks I fØ; dj 'kq)
fd; k tkrk gS tks 72000 ukfM+ ka ds 'kksku dk mRre mik; gA vU; Fkk
; kx fo | k ftl s ge vk/kfud ; q ea ; kxk uke I s tkurs g\$ og gekjs
LFky 'kjhj dks n<+djus dk mik; ek= jg tk; xk ftl I s gekjh ekuf l d
, oa cks) d mlufr dk ekxZ vo#) gkus dh ijh I EHkkouk gA /; ku fØ; k
ds }kjk es#n.M ea fLFkr ftu bMk] fi axy vksj I qkq ukfM+ ka dk 'kksku
gsrk g\$ blgha ed[; ukfM+ ka I s es#n.M }kjk fdl h u fdl h #i I s tMh
gDZ 72 gtkj ukfM+ ka dk Hkh 'kksku gsrk jgrk gS vksj /; ku dh mPp
voLFkkvka ea bl 'kjhj dk I eflor fodkl gsrk g\$ ftl I s gekjk LFky]
I we ; gk rd dkj.k 'kjhj Hkh i qV gsrk gS vr% gekjs egku ; kfx; ka us
/; ku dh fØ; k ij fo'kSk cy fn; k g\$ I kFk gh gB; kx ds vkl u vksj
i.k.kk; ke ds egRo dks Hkh LohNfr inku fd; k gA

¹ I Ei knd] xks[e] peuyky] xkj{f I fgrk] 2@4&6

/; ku fØ; k I EiUu gks bl ds fy, egku ; kfx; ka us jpd] ij d
 vks dHkd ik.kk; ke ds vykok pkFks ik.kk; ke ftl s iratfy __f"k us
 ^oká vkh; Urj fo"k; k{ksi h prfK%¹ dgdj bl ds egRok dks crk; k gS
 fd jpd vks ij d vkfn ds }kj ok; q dks ckgj NkMuk ; k vUnj [khpuk
 I kFk gh bu fo"k; ka ij eu yxkdj ml ije rRo ds /; ku djus I s pkFks
 izkj dk ik.kk; ke gks yxrk gA ftl s gB; kx fo | k ds vkpk; ka us doy
 dHkd dgk gA bl pkFks izkj ds ik.kk; ke dk vH; kl djus ij eu]
 cf) vFkok fpRr dh voLFkk mlur gsrh g\$ bl h dks LokRek; k; kxh ua
 mUeh voLFkk dgk gS rFkk dHkd ik.kk; ke dks foHkUu ukeka I s I e>krs
 gq vUr ea doy dHkd dk mYy[k fd; k gA ?kj. M I fgrk ea dHkd
 ik.kk; ke dks fuEufyf[kr 'ykd ds vuq kj vkB ukeka I s vfHkgr fd; k
 x; k gS%&

^Lfgr% I w Hksn'p mTtk; h 'khryh rFkka

*Hkfl=dk Hkkehj ePNkz doyh pk"VdHkd%AA**2*

1/2kd I 0&5@46½

; gk; Lkfr] I w Hksn] mTtk; h] 'khryh] Hkfl=dk] Hkkehj] ePNkz vks
 doyh uke vkB dHkd ik.kk; ke gA ijUrq gB; kx inhf i dk ea I w Hksnu]
 mTtk; h] 'khryh] 'khrdkjh] Hkfl=dk] Hkkehj] ePNkz , oa lykouh uked vkB
 dHkd ik.kk; ke ikr gksr gA ftl dk foj.k i wZ ds v/; k; ka ea fn; k tk
 pplk gA

¹ i kraty; kx I w/ 2@51

² I Eiknd] I jLorh] fujUtukun] ?kj. M I fgrk] 5@46

?kj. M I fgrk ea I fgr dHkd , oa døyh dHkd i k. kk; ke dh foLr foopuk i klr gkrh gA ftI s LokRejke ; kxh us gB; kx inhfidk ea mijkDr fn; s x; s vkB dHkd dh fof/k dks I e>krs gq vUr ea I fgr vksj døy dHkd ds fo" k; ea Øe'k% ; g I d r fd; k gS fd tks i k. kk; ke ea rhu fØ; k jpd] ijd vksj dHkd gS budsI kFk tc i k. kk; ke dk vH; kl fd; k tkrk gS ml s I fgr dHkd i k. kk; ke vksj mudsfcuk gh I q ki wZd ok; q dk /kkj. k fd; k tk; s rks ml s døy dHkd i k. kk; ke dgrs gA ftI s vkxs Li "V fd; k x; k gA

gB; kx inhfidk ea dHkd ds vkB Hkn crk; a x; s gS mudks m) r djrs gq ?kj. M I fgrk] f'ko I fgrk , oa xkj {k I fgrk ea of. k r dHkd i k. kk; kekaI s rnyuk dh tk jgh gS tks bl idkj gS %&

I w Hksnu dHkd i k. kk; ke

I q kn vkl u vFkok inekl u vkfn vkl u yxkdj nkfguh ukfl dk fNnz I s d s k I s u [k lk; Dr vFkkz~ I Ei wkz 'kj hj ok; q I s Hkj tk; s bruk vf/kd I s vf/kd ckgj dh ok; q dks vUnj Hkj dj ftrus I e; jkd I ds mruh nj dHkd djuk pkfg, A ml ds ckn ck; ka ukfl dk fNnz I s ok; q dks /khj&/khj s fudky nsuk pkfg, A bl s I w Hksnu dHkd i k. kk; ke dgrs gA ?kj. M I fgrk ea dgk x; k gS fd I w Z ukMh I s ; Fkk' kfDr ok; q Hkj ds tkyU/kj cu/k yxkdj dHkd djuk pkfg, A tc rd i k w I s d s k lk; Dr i l huk u vk tk; } rc rd dHkd } kj k ok; q dks /kkj. k djuk] I w Hksn i k. kk; ke djuk dgykrk gA ; gk; ij tks tkyU/kj cu/k yxkus dks dgk x; k gS , d k gB; kx inhfidk ds I w Hksnu i k. kk; ke ea i klr ugh gksus ds

dkj.k ; g fopkj.kh; gA f'ko I fgrk vks xkj{k I fgrk ea bl dk mYys[k
i klr ugha gsrk gA

mTtk; h dHkd i.k.kk; ke

I k/kd vius eq[k dk I a eu dj ; k nckdj bMk , oa fi xyk
ukfM; ka I s 'ku% 'ku% ok; q dk ijd bl izkj djs fd ml ok; q dk an;
, oa d.B ea 'kCn gsrk gqk i rhr gkA bl s mTtk; h dHkd i.k.kk; ke dgk
x; k gA ?kj.M I fgrk ea mTtk; h dHkd ea oká ok; q dks nksuka ukfI dk
fNnka I s [khp dj vkrfjd ok; q dks an; , oa d.B I s [khp vks dHkd
/kkj.k djA fQj eq[k dk izkkyu dj tkyU/kj cu/k yxkdj fo?ujfgr
fof/k I s ; Fkk'kDr ok; q dks /kkj.k djA ; gh mTtk; h dHkd dgykrk gA
; gk; ij tkyU/kj cu/k yxkdj vkrfjd ok; q dks an; , oa d.B I s [khpA
, d k dgrs gq fdl h 'kCn ds mRilu gkus dk I dsr ugha gS D; ka tks
gB; kx inifi dk ea fn[kk; k x; k gA gekjk er gS fd gB; kx inifi dk us
mTtk; h dHkd i.k.kk; ke dks ikFked voLFkk ij gh fn; k x; k gS tcf
?kj.M I fgrk ea ml s mPphNr djds mPp voLFkk dk mTtk; h dHkd
cuk fn; k x; k gS ftl ds I kFk tkyU/kj cu/k dk iz kx dj fo'kq pØ ij
Hkh iHkko Mkyrk gS vks fo'kq pØ dh tkxfr dk ifj.kke Hkh i klr gks
tkrk gA f'ko I fgrk vks xkj{k I fgrk ea bl dk mYys[k i klr ugha gsrk
gA

I hRdkjh dHkd i.k.kk; ke

; kskH; kl h viuh ft°ok dks nksuka vBka ds e/; LFk dj I hRdkj
¼ I h&l h dh /ofu½ djrk gqk eq[k I s ok; q xzj.k djs rFkk ukfI dk ds
nksuka fNnka I s ml ok; q dk jpu djA ; gh I hRdkjh i.k.kk; ke gA ?kj.M

I fgrkj f'ko I fgrk vks xkxj{f I fgrk ea bl i k.kk; ke dk dkbZ mYys[k
ughafeyrk gSD; kfid bl dHkd i k.kk; ke dk døy 'kkjhfd ykHk feyrk
g\$ ekufi d vks vk/; kfred ykHk dh i kflr ugh ds cjkj gkrh g\$; g
gekjk ekuuk gA

'khryh dHkd i k.kk; ke& cf) eku I k/kd i k.kok; q dks tHk ds
e/; I s vlñj ydj dHkd fØ; k dks igys dh Hkfr djds ukfi dk ds
nksuka fNka I s i k.kok; q fudkyus dks 'khryh dHkd i k.kk; ke dgrs gA

?kj.M I fgrk ea Hkh 'khryh dHkd i k.kk; ke dks bl h izdkj
I e>k; k x; k gA f'ko I fgrk ds vuq kj I k/kd ft°ok dks iyVdj
rky&eny ea yxkdj i k.kok; q dks vlñj yrk g\$ft I I s d"V nij gkrs g\$
, d k crk; k gA ; gkj f'ko I fgrk ea gB; kx inhfidk ds 'khryh dHkd
i k.kk; ke dh fof/k ds Lrj dks mPphNr dj foj.k i klr gkrk g\$ tks
'kkjhfd ykHk ds I kfk gh ekufi d , oa vk/; kfred ykHk dks Hkh i klr
djkrk g\$, d k gekjk fopkj gA xkxj{f I fgrk ea bl dk mYys[k i klr ugha
gkrk gA

Hkfl=dk dHkd i k.kk; ke

I oZ Eke inekl u ea cBdj nksuka i s ka dks tk?kka ea j [krs gq bl
izdkj dja fd i s/ xhok , d I h/k ea jgA bl ds vulñj eqk dks Hkyh
izdkj cñn j [krs gq ykxkj dh /kksduh ds I eku ; Ruiñd os I s i k.kok; q
dks fudkya i u% ml h izdkj os I s /ofu I fgr bruh ok; q vlñj ya fd
d.B ân; vks di ky ok; q I s Hkj tk; A bl izdkj ckj&ckj /ofu ds
I kfk osiñd jpd vks ijd dja

?kj.M I fgrk ea Hkh mijkDr izdkj I s gh Hkfl=dk ik.kk; ke dk
0; kogkfjd #i crk; k x; k gA vlrj døy bruk gSfd dHkd }kjk mnj
ea ok; q ifjr gks tkus ij ml smnj ea gh /khj&/khjs pykdj ml ds lk' pkr~
gh /kksduh dh rjg ik.kkok; q fudkyus dk funk gA tcf d gB; kx
infi dk ea mnj ea ok; q dks pykus dk I dlr ugha feyrk gS D; kfid ; s
døy Nkrh rd gh 'okW ds iHkko dks crkrk g\$ ijUrq ?kj.M efu us iV/
dh I ekuok; q ij Hkh iHkko iMæus ds fy, , d k fd; k x; k g\$ t\$ k fd ge
I e> ik jgs gA f'ko I fgrk vks xkj {k I fgrk ea bl dk mYys[k ikr ugha
gkrk gA

Hkkejh dHkd ik.kk; ke

I k/kd rhoark ds I kFk Hk³xukn ds I eku 'kCn I fgr ik.kk; ke
djus ds ckn Hk³xh ds 'kCn okyk jpd ik.kk; ke 'ku% 'ku% djA bl s
Hkkejh dHkd ik.kk; ke dgrs gA ?kj.M I fgrk ea bl s fcydgy vyx <æ
I scrk; k x; k gA ?kj.M efu ds vud kj v) jkf= ea tc fdl h tho tUrq
dk 'kCn u I ukbz ns rc , dkUr LFkku ea tkdj ; ksch dks vius gkFka I s
nksuka dkuka dks cIn djds ij d dHkd djuk pfg, A bl ea I k/kd dks
nk; a dku ea vud izdkj dh /ofu; ka I ukbz nrh gA iFke >hæj dh /ofu]
fQj oakh dh /ofu] fQj Hkks] ka dk xqtu] ?k.Vk] ?kfm+ ky] rjgh] Hksh] enæ]
nqthk vkfn dk ukn I ukbz nrk gA bl izdkj fuR; vH; kl djus I s
vud izdkj ds ukna ds Jo.k dk vutko gkrk gS vks] vukgr ea 'kCn dh
?ofu gkrh gA fuehfy us=ka I s ân; ea 12 ny ds dey ds ifr/ofu ds
e/; tks T; kfr fn[kk; h nrh g]S ogh cā gA ml ea eu dk foy; gkdj
fo".kq Hkxoku ds ije in dh ikr gkrh gA bl izdkj Hkkejh dHkd fl)
gkus ij I ekf/k dh fl f) gks tkrh gS bl I s ; g Kkr gkrk gS fd Hkkejh

dēHkd dk fooj.k ?kj .M efu us l ekf/k dh i kflr ds fy, fn; k g\$ tcfđ
gB; kx inhfī dk ea , d k ugha Li"V fd; k x; k gA ; gk; ?kj .M l fgrk ea
Hkkehj dēHkd i k.kk; ke }kjk vukgr pØ ea vkus okyh /ofu; ka dks crk; k
x; k gA tks i k.kk; ke dh bl voLFkk ea /ofu dk irhr gkuk l EHko ugh
gkrk g\$ D; kfd ; g voLFkk i k.kk; ke dh mPp voLFkk g\$ ftl ea l k/kd
Kku {ks= ea iḍsk dj tkrk g\$ rc ml s bl iḍkj dh /ofu; k; l uk; h
iMfh gā vksj gB; kx xBFkka ea l k/kuk dh mPp voLFkk ftl s ge
uknkuḍ akku dgrs g\$ /; kukRed vkl u ea cBdj /; ku ds fujUrj vH; kl
ds }kjk vkrh g\$ ftl ea fl)kl uj inekl uj vksj LokfLrd vkl u vkfn ea
gh cBdj bl voLFkk dks i klr dj l drs gA gkFk yxkdj dku cln
djus l s ughA ; kx dk mPp voLFkk ea d.kj U/kz Lor% gh cln gks tkrs g\$
ftl dk vuHko ; kxh dks gkrk g\$ vksj okā /ofu; ka dk iḍsk Lor% cln gks
tkrk gA bl ds mijkUr gh ; kxh dks ān; pØ ea vugn~ukn ftudk
o.kz ?kj .M efu us fd; k g\$ l ukbz nrk gA gB; kx inhfī dk ea Hkkehj
dēHkd i k.kk; ke djus ij 'okā dks NkMf s l e; Hkksj ka dh /ofu djuk
cryk; k x; k g\$ ftl l s bl i k.kk; ke dk i Hkko vukgr pØ ij iMūs l s
og tkxr gks tkrk g\$ vksj ; kxh dks /; ku voLFkk ea ; g /ofu l ukbz nrh
gA f'ko l fgrk , oa xkj{ k l fgrk ea bl dk mYys[k i klr ugha gkrk gA

ePNkZ dēHkd i k.kk; ke

ij d djus ds ckn tkyU/kj cl/k dl dj yxk; a ml ds ckn /khjs
/khjs jpd djA bl fØ; k dks ePNkZ dēHkd i k.kk; ke dgrs gA ePNZ
vFkZ~ i wkl 'kkUr djus okyh ; g i k.kk; ke dh fØ; k l qknk; d gkrh gA
?kj .M l fgrk ea ePNkZ i k.kk; ke dks fHkUu fof/k l s l e>k; k x; k g\$ fd
^l qkiḍd i wkdR dēHkd dks djds eu dks fo" k; ka l s gVkdj Hkksj ka ds e/;

gA ijUrq ?kj.M I fgrk ea I fgr dēHkd vks̄ dōy dēHkd dh tks fof/k
i klr gkrh gS og bl izdkj gA

I fgr dēHkd i k.kk; ke

**I fgr dēHkd i k.kk; ke nks izdkj ds gkr's g& I xHKZ vks̄ fuxHKZ I xHKZ ea
cht eU= dk iz; ksx fd; k tkrk gS vks̄ fuxHKZ dk vH; kl cht eU= jfgr
gkrk gA^m

I xHKZ i k.kk; ke ds fy, i dZ ; k mRrj dh vks̄ e[k djds
I [kkl u ij cBa vks̄ yky o.kz ds jtkxqk ; Dr cā ij /; ku djA ck; ha
ukfl dk I s vacht ds I ksyg ek=k ti ds I kFk ijd djA ijd ds vUr
ds ckn vks̄ dēHkd ds vkjEHk I s igys mfi ; ku cU/k yxk; a fQj I rksxqkh
mdkj cht#i Ñ".k o.kz gfj dk /; ku vks̄ ti djrs gq pk& B ek=k rd
dēHkd djA fQj reksqk ; Dr edkj #ih 'kQy o.kz ea ; kxhukFk f'ko dk
/; ku ds I kFk ^e* cht ea= tirs gq cRrh ek=k rd jpd djA
rRi 'pkr~ mDr izdkj I s gh nk; ha ukfl dk I s ijd] dēHkd vks̄ ck; ha
ukfl dk I s jpd djA bl izdkj vuyke&foyke ds vH; kl djrs gq
rtZuh vks̄ e/; e vxijy; ka dks ugh yxk; A ; gk; ; g vH; kl ukMh 'kQ)
dh Hkkfr gh izhr gkrk gS vUrj dōy bruk gS fd I xHKZ ea f=noka dk
vks̄ chtel=ka v] Å vks̄ e dk tks Øe'k% rhu 'kfDr; ka ds irhd gS
/; ku fd; k tkrk gA

fuxHKZ i k.kk; ke ds fy, ijd] dēHkd vks̄ jpd okys i k.kk; ke
dh , d I s I kS rd ek=k; a gkrh gA bl h izdkj ^mRre i k.kk; ke dh chl]
e/; e i k.kk; ke dh I ksyg vks̄ v/ke ¼i kFkfed½ i k.kk; ke dh ckjg ek=k; a

¹ I Eiknd] I jLorh] fujUtukun] ?kj.M I fgrA 5@47

gksh gA bl izdkj ek=kvka ds vk/kkj ij ik.kk; ke ds vH; kl ds rhu
vax& 1- v/ke ik.kk; ke vFkok ikFkfed ik.kk; ke dk vH; kl] 2- e/; e
ik.kk; ke dk vH; kl] 3- mRre ik.kk; ke dk vH; kl gS^{**1} ftl dk foj.k
iWZ ea fn; k tk pdk gA vr% ^l fgr ik.kk; ke l s vdkd'k xeu] jks
uk'kd vksj dqMfyuh tkxj.k ; k 'kFDr cksk gkrk gS vksj eukdeuh voLFkk
dk vkuln iklr gkrk gS rHkh rks l k/kd l q'kh gkrk gA^{w2}

; gk; ; g Li"V gkrk gS fd fuxHkZ ik.kk; ke ds rhu foHkktu gS
ftl ea dpy l q; k dh fxurh djuh gS vksj rhuka ik.kk; ke ds vH; kl dh
fl f) l s vvx&vyx y{k.k fn[kykbz nrs gS tks ; g n'kkzs gS fd bl
ik.kk; ke ds vH; kl dh voLFkk fl) gks xbz gA

dpy dHkd ik.kk; ke dks ?kj.M l fgrk ea dpyh dHkd
ik.kk; ke dgk x; k gS ftl dk mYys[k bl izdkj gS ^iR; d ijd fØ; k ds
l kFk gj tho dh vkRek *l kS , oajpd ds l kFk ^gā] el= dk tki djrh
gA iR; d tho 24 ?k.Vs ea bDdhl gtij N% l kS 'okl yrs gA ; g
fnu&jkr ea 'okl ka dh l q; k gA bl s *gā *l kS vFkok foyke ^l ksge*
^vtik xk; =h^ dgrs gA ik.kh bl s l nk tirk jgrk gA emy/k/kkj ân;
dey vksj ukl ki q/ bu rhuka LFkkuka ea ok; q dk vkokxeu gkrk gA LFky
'kjhj fN; kuos vpxy ifj.kke dk gS vksj LokHkkfod cfgxZ ik.kok; q dh
xfr }kn'k vpxy dh gksh gA ; g xfr xk; u ea l ksyg vpxy] funk ea
rhl vpxy] eFku ea NRrhl vpxy vksj 0; k; ke ea vksj Hkh vf/kd iklr
gksh gA ; fn bl l s U; u xfr gks tk; s rks vk; q of) gksh gA ckjg vpxy
l s vf/kd gksus ij vk; q dk {k; gkrk gS D; k d 'kjhj ea tc rd ik.kok; q

¹ l Eiknd] l jLorh] fujUtukun] ?kj.M l fgrk] 5@55

² ogh] 5@57

/kkj.k jgrh gš rc rd eR; q ugha gkrh gš vFkkz~ thou jgrk gš vks
dĕHkd ds vH; kl l s i k.kok; q dks gh eĀ; l e>uk pkfg, A tc rd 'kjhj
fLFkr jgš rc rd dōyh dĕHkd djrk gpk vtik eU= dks tirk jgA
dōyh djus vFkkz~ *bDdhl gtkj N% / kSckj ti iwkl gksus ij 'okW xfr*
?kV tkrh gš vks vk; q ea of) gkrh gš bl fy, ; kfx; ka dks bl s vo';
djuk pkfg, A vtik dh l Ā; k l s nksxuk ti dja rks eu ea vR; Ur
vkulln mRilu gks tkrk gA ukl kfNnka l s ok; q dks [khp dj dōyh l Kd
bl dĕHkd dks djuk pkfg, A i Fke fnu l k/kuk djus ij pkš B ckj rd
'okl & i z okl dks /kkj.k djĵ dōyh dĕHkd dk fuR; ifr vkB igj ea vkB
ckj vH; kl djuk pkfg, A ikr%dky e/; kUg] l k; dky rhuka l e; l eku
l Ā; k ea l k/kuk djA

tc rd bl dĕHkd dh fl f) u gks tk; s rc rd vtik xk; =h
ds l kFk iek.k l s i k p& i k p ckj of) djrs tk; Ā* ; gk ij dōyh i k.kk; ke
gh vtik ti gA vtikti ea 'kjhj ds rhu eĀ; dĕnka ea 'o, l dh
dYiuk dh tkrh gš l kFk gh l kFk ?kj .M eĀu eU=ka ea Loj dk Hkh /; ku ns
jgs gA mijkDr mYysĀk l s ; g Kkr gkrk gš fd *gB; kx inhf i dk vks*
?kj .M l fgrk ea tks l fgr , oa dōy dĕHkd i k.kk; ke gA og fhkUu nŕ"V
, oa izdkj l s l e>k; k x; k gš ftl dh fhkUurk ds dkj .k dks vks vf/kd
foLrŕ tkuus dk iz kl fd; k tk l drk gA

gB; kx inhf i dk ds i k.kk; ke uked vl/; k; ea gBfl f) dh mRd"KZ
voLFkk rd igpus l s i wZ ; kxh ea D; k&D; k vks dš s y{k.k nŕ"Vxkpj
gks s gš \ ftl s gBfl f) ds y{k.k dgrs gš ftl dk mYysĀk *?kj .M l fgrk*
vks *xkj{k l fgrk* ea ugha ikr gkrk gš ijUrq *f'ko l fgrk vks of'k"B*

I fgrk ds ; kxdk.M ea i klr gkrk gSftuea dñ fHkUurk fn[kkykbZ nrsh gš
tksl i d kj gA

gB; kx i nhfi dk ea LokRekjke ; kxh ds vuđ kj ^ kjhj ea
gYdkiu] eđk ij iđ Uurk] Loj ea l kSBo] u; uka ea rstfLork] jkx dk
vHkko] fclnq ij fu; æ.k] tBjkfXu dh inhflr rFkk ukfM+ ka dh fo'kđ rk ; s
l c gBfl f) ds y{k.k gA^{**1} f'ko *I fgrk ds* vuđ kj ^; kx l k/kd inhflr
tBjkfXu okyk] mfpr vFkkz~ ; kx l Eer Hkktu djus okyk] l đkh] l Hkh
i d kj ds cy , oa mRl kg l s ifjiwz vksj mnkRr ân; okyk , s l Hkh
y{k.k ; kxh ds 'kjhj ea fu'p; gh vk tkrs gA^{**2} of'k"B *I fgrk ds*
vuđ kj bl l s ukMh' kđ) l pd i Fkd&i Fkd fplg i klr gkrs gA ^tš s
'kjhj dk gYdkiu] dkfUr] tBjkfXu dk c<uk vksj ukn dk vkfoHkkzA^{**3} ; s
l Hkh fplg fn[kkbZ nsus rd bl i d kj vH; kl djuk pkfg, A vr% mi jkDr
gBfl f) ds y{k.kka ds }kjk ge ; g igpku Lo; a dj l drs gš fd ge
l k/kuk ds ekxz ij fdruk vkxs c<+ppš gA

bl ykšdd thou ea rFkk ikjykdđ thou ea l ož= i k.k dh
gh efgek gA bl fi.M ea i k.k gh bl tho dk okgu dh Hkkfr] gkFk i š ka
dh Hkkfr dk; l djrk gš ; gk; tho dh bl fi.M ea tks Hkh gypy fn[krh
gš tks Hkh eu] cđ)] vksj vgdkj dk; l djrs gš bl ea i k.k gh Åtkz inku
djrk gA l eLr bflnz; k; i k.k'kfDr l s gh viuk l pk# #i l s dk; l djrh
gA ; g euđ; i k.k'kfDr dh fodfl r voLFkk ea bl l d kj dk Hkh Hkyh
i d kj Hkksx i klr dj l drk gA i k.k'kfDr detkj gksus ij l eLr Hkkska ds

¹ l Ei knd] 'kkL=h] }kfj dknkl] *gB; kx i nhfi dA* 2@78

² l Ei knd] JhoRl] f'ko *I fgrk]* 3@33

³ l Ei knd] dđY; kulln] ofl "B *I fgrk]* 2@68&69

i R; {k gks s gg Hkh bl euq; ds fy, uhj l g\$ 0; FkZ g\$ vks ; gh i.k.k'kfDr
mlur gksus ij ; g l d kj ea euq; HkDrk dh rjg fopj.k djrk g\$ rFk
i.k.k dh mPpre fLFkr ea og ml ijerRo dh ikflr dj l drk g\$ vr%
euq; ds thou ea i.k.k gh l ka kfjd o bzoh; miyfc/k nksuka dk gsrq
curk g\$ i.k.k dh efgek vFkoDn ea dN bl izdkj of.kr g\$&

^m; Fkk i.k.k cfyârLr#; a l ok% iztk bek%

, ok rLe\$ cfya gjku~; LRok 'k.kor~l p\$AA^m

1/vFkoD&11@4@19½

'kCnkFkZ &

; Fkk t\$ \$ cfyâr% cfy dk] dj dk] Hk&/ dk vkjg.k djus
okyh g\$ r#; a rjs fy, (l ok% l c iztk] iztk; } tho(bek ; \$, ok bl h
rjg(rLe% ml i#^k ds fy, Hkh(cfya Hk&/ dk\$ gjku~ ykus yxrh g\$; k
tks i.k.k mikl d i#^k(Rok r# \$ 'k.kor~l urk g\$ l p\$% gs l tñj ; 'k!
l tñj l ukus oky\$

gs i.k.k! ns[kk\$; g l d kj ds l Hkh i.k.kh rëgkjs fy, Hk&/ p<k jgs
g\$ ifrfnu rëga vlu #ih dj 1/SDI ½ dh Hk&/ yk jgs g\$ gs i.k.k! r#
brus izkih gk\$ rëgkj l kekT; fdruk iHko'kkyh g\$ \ fd ; g l c i.k.kh
Mjus ds dkj.k] vius Ekj tkus ds Mj l s l eLr fo'o ds l Hkh tho
fnu&ifrfnu rëga vlu dh cfy ns l dus ds fy, vluka dks tgk&rgk; l s
yk jgs g\$ cgr iz Ru l s vks egur l s tks vlu vks /ku , d= dj jgs
g\$ gs i.k.k! fdl h u fdl h #i ea rëgha dks rlr djus ds fy, dj jgs g\$
bl rjg r# tho ek= ds l nk iEke mikL; cus gq gkA gs l p\$% gs
l tñj ; 'k oky\$ tks rëgkj HkDr Hkh bl h izdkj rëgkjh mikl uk djrk g\$

¹ vFkoZon 11@4@19

og mijkDr dh rjg l c ykæka dk mikL; vksj l cdh cfy; ka dk Hkktu
cu tkrk gS tks rëgkj k iwKz mikl d gks tkrk gA rëgkj h vkKkvka vksj
ckrka dks l qurk gS vFkkZ~vUnj mRiUu gksus okyh ukn#ih ; 'k l qurk gA
rëgkj k og HkDr] ml s dc D; k djuk pkfg, \ , d k fn0; l and k ik. kka }kjk
ikr gksus yxrk gA og i#k /ku; gA ftUgs ik.k ds Jkrk cuus dk] muds
l and kka dks l qus dk egku l kkkkX; ikr gsrk gA bl idkj tks euq;
ik.k ds iwKz mikl d cu tkrk gA og euq; l ekt ds ik.k cu tkrk gA
ge bl l d kj ea ns[krs gA fd euq; l ekt ds , d segki #kka ds fy, l c
yxs viuk l kkkkX; l e>rs gq ukuk fof/k HkA/ ykrs gA , d segki #kka ds
l Eed[k viuk l oLo ?kj] /ku] l EifRr] i# vksj thou rd mifLFkr dj
nrs gA , d segki #kka dks thfor j[kus ds fy, l c yxs fpurk djrs gA
vksj vius vki ejdj Hkh mlga thfor j[kuk pkgrs gA gs ik.k! tc rëgkj s
Jkrk dh gh bruh efgek gS rks Loa rëgkj h viuh efgek dks ge l k/kj .k
yxs D; k c[kku dj l drs gA gB; ksx ds vkpk; ka us eq; r% ik. kka dh
l k/kuk ij gh fo'kSk cy fn; k gS D; kAd vkl u djus ds lk'pkr~'kVedz
vkfn ds }kjk vUrr% ik.kkBFkku dk gh y{; jgrk gA ;g ik.kkBFkku
l k/kuk %Hktu&/; ku½ ds }kjk gsrk gS rc ;g ik.k gh gedks dqMfyuh
tkxj.k ds #i ea Hkkf"kr gsrk gA dqMfyuh bl euq; ds vUnj fufgr
og ik.k.k'kfDr gS ftl s bz ojh; 'kfDr ;k vkRe'kfDr dgrs gA gB; ksx
inhfi dk ea vkxs ds mins kka ea tks epkvka dk o.ku fd; k x; k gS muea
'kfDr pkyu dk mYys[k gA og bl h dqMfyuh ;k ik.k.k'kfDr dk l tkkuk
ea idkfgr gksus l s gS ;g ik.k.k'kfDr gh Åij dh vksj xfr djrh] mlUfr
djrh] fofHkUu pØka , oa ykæka dk , so; l ikr djrh gØz vukgr pØ ea
ukn dk vutko djrh gS rFkk ;g tho ml ukn dk gh vud akku djrk

gprk vFkkz~og ukn dgk; l s vk jgh gS bl dk L=kr dgk; gS ; g fdl dk
xku gks jgk gS ; g tks uR; &xhr fdl dh efgek ds fy, gS , oa
vuq akku djrk gprk ; kxh ml ijens ijekRek dks iklr dj yrk gS tks
euq; thou dk ije /; s gA ; g l c bl ik.k dh mikl uk dk Qy gA
ik.k dh efgek gA ; gk; gB; kx fo|k ea l eLr Kku vFkkz~ vkl u]
ik.kk; ke l s uknuq akku rd dk Kku ik.k dks fodfl r djds l okPp
voLFkk ea igpkus dk l k/ku ek= gA

enK

iWZ ea "kVdeZ vkSj ik.kk; ke ij tks mYys[k fd; k x; k gS og bl
izkj gS "kVdeZ vkSj ik.kk; ke D; k gS ml ds izkj D; k gS mudh
fof/k; k; D; k gS og gB; kx inhi dk ds vykok Aj.M l fgrk] f'ko l fgrk
vkSj xkj{k l fgrk ea fdl izkj feyrk gS vkSj ml ea tks fhUurk gS og
fdl izkj l s fn[kykbZ nrh gS ijUrq; gk; gB; kx inhi dk ea dqMyh ds
fo"K; ea D; k dgk x; k gS vkSj dqMyh dk tks l Ecu/k vkl u] ik.kk; ke
l s gS ftl dk o.kZ iWZ ea fd; k x; k gS ml dk enK l s fdl izkj dk
l Ecu/k gS ; gk; ?kj.M l fgrk] f'ko l fgrk] vkSj xkj{k l fgrk ea dqMfyuh
vkSj enkvka dk tks foj.k iklr gsrk gS ml ds l kFk fdl izkj fhUurk
jgrh gS rFkk ofnd vkpk; l dqMfyuh , oa enkvka ds fo"K; ea fdl izkj
vkykP; nF"V inku dj jgs gS bu l cdk mYys[k vi f{kr gkskA

dqMfyuh dqMy 'kCn l s cuk gS ftl dk vFkZ gS ?kj k cuk; s gq]
ijUrq dqMfyuh ds l gh Lo#i dk o.kZ ik; % ugha iklr gsrkA dqMfyuh
'kCn N /kkrq l s cuk gS ftl dk vFkZ gS dkbZ xgjk LFkku] Nn ; k xM<kA
l keU; rkSj ij ge tdk; gou dsfy, vfxu inhlr djrs gS ml s dqM Hkh

dgrsgÅ , d h ekU; rk gSfd dqMfyuh , d 'kfDr gS tks xqr , oafuf"Ø;
voLFkk ea euq; ds vUnj iMh jgrh gS fdUrq ml 'kfDr ds tkxr gksus
ij ; kSx; ka us viuh vuqkfr ds vk/kkj ij dbZ uke fn; s gÅ ftl s
i.k.'kfDr] bZojh; 'kfDr] vkRe'kfDr vkfn ukeka l s vfHkfgf fd; k x; k gÅ
ftl izdkj dqM ea vfxu tykus ij gh ; K ikjEHk gkrk gS ml h izdkj
; g dqMfyuh 'kfDr inhlr gksus ij gh vUnj dk cã&; K ikjEHk gkrk
gS ge pks ftruk /kkfeZl dk; Z dj] ; K ; k vuqBku dj] vkSj ftrus Hkh
/kkfeZl dk; Z gÅ mudk mnas ; ; gh gSfd vlrr% ; g euq; vius vUnj
okLrfod l Ñr cã&; K dk vkjEHk djs ijUrq ; g cã&; K bl
dqMfyuh 'kfDr ds tkxr fd; s fcuk ikjEHk ugh gks l drk gS tS s
okã&; K Hkh l fe/kk ds inhlr gq fcuk ikjEHk ugha gkrk gÅ

gB; kx inhlr dk ds vuq kj ^ftl izdkj l ikã ds Lokeh 'kSkukx
ou l fgr l Ei wkZ iFoh ds vk/kkj gS ml h izdkj l Ei wkZ ; ksrU=ka dk
vk/kkj dqMyh gÅ¹ LokRekjk ; ksh dh bl vo/kkj.kk ds vuq kj irhr
gkrk gSfd og gB; kx dks rkU=d l k/kuk ds #i ea xg.k djrs Fks vkSj
muds Kku dk vk/kkj oSkfud vFkok ofnd ugha Fkk] D; kãd i kS kf.kd
ekU; rk ds vuq kj 'kSkukx bl Hkæ.My dks vius Åij jksds gq gÅ
tcfd foKku ea iFoh l kSe.My ds , d xg dh rjg l Fkr gS tgl;
'kSkukx dk o.kZu dYiuk ek= gS vkSj ofnd xUFkka ea Hkh bl dk mYys[k
ughafeyrk] ijUrq ; g l R; gSfd ; kx l k/kuk dk vk/kkj dqMfyuh 'kfDr
gh gS tks gekjs eny/kkj ea l iz dh rjg l k<s rhu Qjs yxk; s gq l kbZ
iMh gS ftl s Hktu&/; ku ds }kjk tkxr dj] ml bZojh; 'kfDr dks

¹ l Ei knd] 'kkL=h] }kfj dknkl] *gB; kx inhlr dk] 3@1*

I anhr dj] ; kfx; ka dh Hkk"kk ea i.k.k 'kfDr dks tkxr djds ; kx ekxZ ea
iDRr gkdj ml cā ykd dh ; k=k dh tk l drh gA

xkj {k l fgrk ea dqMfyuh tkxj.k dh ifØ; k dk o.kū gA
ftl ea xkj {kukFk dgrs gāfd ^y; ku ds vH; kl ea vfxu ds l eku pedrs
gq T; kfr Lo#i dk /; ku djā ftl l s ; g dqMfyuh 'kfDr tkxr gkdj
l Hkh pØka dks Øe'k% Hksnu djrh gpZ cājU/kz rd tk igprh gS vksj 'kjhj
NkMtus ds l e; cājU/kz dks Hkh R; kx dj ije'kū; Lo#i egsoj cā ea
tkdj y; dks iklr gksh gA¹

f'ko l fgrk ; kx'kkL= ea Hkh dqMfyuh rRo dk o.kū feyrk gS
tksl iokj gS%&

***i qjD dya xPNr~ek=k; kxu ukU; FkkA*

*l k p i.k.kl ek[; krk āfLeUrU=s e; kfnrkAA^{**2} 1/4'ko l D&4@6½*

og rRo ½dqMfyuh½ Øe'k% i q% vi us LFkku ½dUn LFkku½ ea igp
tkrh gA ml 'kfDr dks bl 'kkL= ea i.k.k dgk tkrk gA rFkk bl
i.k.k'kfDr ds }kjk gh og vkRek Øe'k% LFkku] l (e vksj dkj.k 'kjhj l s
vFkok bMkē fi xyk vksj l qkq ukfM; ka l s gkdj cājU/k l s gksh gpvk]
xfr djrk gpvk dj kMka l w kā ds rst ds l eku] dj kMka pUnek ds 'khryrk
ds l eku vfr'k; 'khry ijekuln Lo#i LoxZ ea fLFkr] Lor vksj jDr
o.kZ vfr'k; rstke; ver dh /kkjk dh ekuks o"kkZ djus okys fn0; dya
ver dks ihdj i q% fn0; dya ea iok djrk gA

¹ l Ei knd] xks'e] peuyky] *xkj {k l fgrk* 2@84&87

² l Ei knd] JhoRl] *f'ko l fgrk* 4@6

?kj. M I fgrk ds rih; v/; k; ea foHkUu eqtkva , oa cl/k dk tks
 o.ku feyrk g\$ ml dh 'kfDrpkfyuh eqtk ea bl dqMfyuh dk foLrkj I s
 o.ku gA tks bl izdkj g& ^emyk/kkj ea tks dqMfyuh I k< s rhu Qjk
 yxk; s gq I fiZkh ds #i ea I ks jgh g\$ ml ds I krs jgus ij tho lk'kq
 ¼vKkuh½ dh voLFkk ea jgrk gA bl fy, tc rd Kku mRiUu u gks rc
 rd vH; kl djrs jguk pfg, A ftl izdkj dptth I s rkyk [kyus ij gh
 fdokM+ [kyrk g\$ ml h izdkj dqMfyuh ds tkxr gkus ij gh cā jU/kz
 [ky I drk gA ukfHk dks oL= I syi v/dj , dkur ea bl dk vH; kl dja
 uXu jgdj ckgj bl eqtk dk vH; kl fuf"k) gA fcrs Hkj pK/lt pkj
 vxy yEck dkey oL= ukfHk ij yxkdj dV I = ea ckdka 'kjhj ea HkLe
 jekdj fl) kl u ea cBa vkj ik.k dks [khdj viku I s ; Dr dja tc
 rd I tkuk }kj I s pyrth gpz ok; q izdkf'kr u gk\$ rc rd vf'ouh eqtk
 }jkk xā dks I dqr dja bl izdkj ok; q ds #dus I s dHkd }jkk I iz
 #fi.kh dqMfyuh tkxr gkdj exz ea Åij [kMt gks tkrh gA
 'kfDrpkfyuh eqtk ds vH; kl ds fcuk ; ksu eqtk fl) ugha gks I drh igys
 bl 'kfDrpkfyuh eqtk dk vH; kl dja fQj ; ksu eqtk dkA gs p.Mdi ky!
 bl izdkj ; g 'kfDrpkfyuh eqtk tks esus dgh g\$ bl s iz Ruiwdl xki uh;
 j [krs gq fur; ifr vH; kl dja tks Hkh bl dk vH; kl djrk g\$ ml s
 fuxg&fl f) I fgr I oz fl f) ; k; i ktr gksrh gA vkj I Hkh jkska dk uk'k
 gksrk gA

gB; kx inhfidk ea bl rjg dqMfyuh 'kfDr ds Lo#i dk
 fooj.k i ktr ugha gkdj bl dks dbz ukeka I s I Ecks/kr fd; k x; k g&
 ^1&dlykxh] 2&dqMfyuh] 3&Hkqt xh 4&'kfDr] 5&bz oj] 6&dqMyh]

7&v#U/krhA^{^1} bl h dqMfyuh 'kfDr ds tkxr djus ds fy, gB; kx
inlfi dkj ?kj. M l fgrk] f'ko l fgrk vksj xkj {k l fgrk vkfn ; kx xlfkka ea
enkvka dk o.ku iklr gsrk g\$ ftl dk ; gk; rgyukRed fooj.k djus dk
iz kl fd; k x; k g& gB; kx inlfi dk ea 10 enkvka dk fooj.k iklr gsrk
g\$ tcf d ?kj. M l fgrk ea 25 enkvka f'ko l fgrk ea 10 , oa xkj {k l fgrk
ea 18 enkvka dk fooj.k fn; k x; k gA

enkvka dk fooj.k djus l s igys ^enp* 'kcn ea fufgrkFkz fo" k; dks
tkuuk vko'; d gA enp 'kcn dh fu"i fRr ^enp"ka /kkrq ea ^jd~ iR; ;
yxkus l s gpz gA ftl dk vFkz g\$ ^i d lunkf; uh fLFkr* vFkkz~, d h fof'k"V
fLFkr ftl ea 'kjhj ds vaka dks fLFkr dj Hkko vfHkO; fDr ds #i ea fy; k
x; k gA ; kx l k/kdka dks bu enkvka ds }kjk viuh l q {kerkvka vFkkz~
vrhfUnz {kerkvka dk tkxj.k djuk ftl s dqMfyuh 'kfDr dgk x; kA
ml h gsrq enkvka ds vH; kl dk egRo gA gB; kx ea inf'kz l Hkh enp, p
vkl u vksj i.k.kk; ke ds l kFk cu/kka dk iz kx djds 'kjhj ds vaka }kjk
fof'k"V Hkko dks vfHkO; Dr djrh gA ; kx l EcfU/kr xlfkka ea ftu enkvka
dk o.ku iklr gsrk gA os fpRr ds fo'kSk Hkko , oa i.k.k dh voLFkkvka dh
|krd g\$ gekjk iz kstu cl bruk gh g\$ fd bu enkvka ds vH; kl l s
dqMfyuh 'kfDr dk tkxj.k gks tk; s vU; Fkk uR; &xhr ea 'kjhj ds
Hkko&Hkaxek vkfn tks fn [kkbz i M-fs g\$ mUgs Hkh enp dgk tkrk gA ijUrq
mudk ; kx fo | k l s dkbz l Ecu/k ugha g\$ dpy i kN'r 'kjhj l s gA vr%
enp dh ifjHk"kk bl izdkj nh tk l drh gS&

vkl u] i.k.kk; ke , oa cu/k dh l fEefyr o fof'k"V fLFkr ftl ds
}kjk mPp vk/; kfRed 'kfDr dk tkxj.k l EHko gk\$ enp dgykrh gA

¹ l Ei knd] 'kkL=h] }kfj dknkl] gB; kx inlfi dkj 3@4

gB; kx inlfi dk ea tks Øekuð kj enkvka dk foopu gA og i wZ
ds v/; k; ea iLr dj pps gA ; gk; ij døy ryukRed v/; ; u grq
mudk l d r fd; k tk jgk gA

1& egkepk& egkDys kka ¼vfo |k| vFLerk| jkx| }Sk vksj vfhkfuos k½
}kjk mRiUu nkSkka rFkk tjkej.k vkfn dk {k; gkus l } bl s
fo}rtu egkepk dgrs gA

Lkk/kd vius oke i kn ds i kf". kZ Hkkx ¼, Mh½ l s ; kfu LFkku dks nckdj
nf{k.k i kn dks yEck QSykrs gq rFkk ml dh i kf". kZ dk Hkfe l s Li 'kZ
djkr s gq vl ds vxBs ds vxz Hkkx dks nksuka gkFkka dh rtZuh
vxfy; ka l sn<rk ds l kFk idM+rnullrj d.B ea tkyU/kj cu/k dh
fLFkr cukdj ok; q dks l qkuk ea /kkj.k djA tS s dqMyh yxkdj
iM+ gqk l i } n.M dk vk?kkr ikdj n.M dh rjg yEck ¼ h/kk½ gks
tkrk gA oS s gh bl fØ; k dks djA ?kj.M l fgrk/ f'ko l fgrk , oa
xkj {k l fgrk ea Hkh bl h izdkj dk foøj.k i klr gsrk gA

2& egkcU/k& rhuka izdkj ¼eny cu/k| mfi ; ku vksj tkyU/kj cu/k½ ds
cu/k yxkdj fLFkr gkus ds dkj.k bl s egkcU/k dgrs gA l k/kd
i wZDr jhfr l s oke i kn dh i kf". kZ dks ; kfu LFkku ea fu; kstr dj
vius nf{k.k i kn dks ml oke i kn ij j [kA rnullrj vius fpcd
¼BkMh½ dks ân; LFkku ij l dfr djrs gq i k.kok; q dks [khp dj
e/; ukMh l qkuk ea LFkfi r djA bl izdkj ; Fkk' kDr ; g dHkd
i k.kk; ke djrk gqk vlr ea ml ok; q dk jpu djA bl fof/k l s
l k/kd oke Hkkx ij ; g l k/kuk djrk gqk bl h i) fr l s nf{k.k
Hkkx ij Hkh bl l k/kuk dk ml h l a; k ea vH; kl djA ?kj.M

I figrk vks f'ko I figrk ea egkcll/k dks bl h rjg fn[kk; k x; k gS vks *xkj{fk I figrk* ea egkcll/k dk mYys[k i klr ughagksrk gA

3& Ekgkos'k eqnk& egkos'k eqnt tS k fd uke l sLi"V gSfd , d h eqnt ftl l s l Hkh pØka dk csku gks tk; A okLro ea ; g vH; kl i) fr dks l e>kus dk iz, kl gA *gB; kx inhfi dk* ea egkeqnt dk ; kxch , dkxz cf) gkdj ukfl dkfNnz l s i k.kk; ke djds d.B eqnt l s bl ok; qdk m/oæeu , oa v/kæeu jkd dj vi us nksuka gkFkka dh gFkSyh dks l ery Hkñie ij fVdk narFkk oke i kn dh i kf".kz dks ; ksuLFkku ea yxkdj l k/kd vi us furEcka dks Åij mBkdj ckj&ckj Hkñie ij i Vds bl vH; kl l s ml dh i k.kok; q bMkñ fi æyk dks R; kx dj l ðkñuk ds e/; pyus yxsxhA ?kj .M l figrk ea egkcs'k eqnt dk bl h izdkj o.ku gS ijUrq vUrj bruk gS fd nksuka furEcka dk rkMæu ¼mBkuk vks i Vdkuk½ ugha crk; k x; k gSD; kñd ogk; eqnt dks fLFkj j [kuk gS ftl l s cāp; l /kkj.k gkdj i k.k'kfDr l ðkñukokfguh gks tkrh gS tcf d *f'ko I figrk* ea bl eqnt dk dkbZ vUrj ugha feyrk gS vks *xkj{fk I figrk* ea egkcll/k eqnt dk mYys[k i klr ughagksrk gA

4& [kpjh eqnk& [kpjh eqnt ea [kpjh dk vFkZ gS [k vks pj vFkkZ~ [ke~¼v/kdk' k½ ea fopj.k djukA tc i k.kok; q bMkñ fi æyk ukfM+ ka ds e/; dh 'kñ; ¼v/kdk' k½ ml 0; ke ds pØ0; w fLFkfr gksus ds dkj .k bl s [kpjh eqnt dgrs gA 0; kogkfjd #i ea dqMfyuh ds tkxj .k dh fLFkfr ds fy, gh [kpjh eqnt dgk x; k gA *gB; kx inhfi dk* ea l k/kd }kjk di ky dks fNnz ea foi jhr gñZ ¼myVh½ ft°ok ds i ðsk i ðd HkñdV; ka ds e/; ea l rr~nf"V j [kuk gh [kpjh eqnt dgykrh gA bl fof/k dk foLrø o.ku i ðZ ea fn[kk; k tk pðk gA ?kj .M

I fgrk ea [kpjh epk bl izdkj gSfd ft°ok vksj ft°ok eny dks feykusokyh tks ukMh ft°ok ds uhpsgSml dk Nnu dj ft°ok ds vxHkx dk fujUrj pkyu dja rFkk eD[ku yxkdj nksu djrs gq ykgs dh fpeVh I s [khpA fuR; i fr bl dk vH; kl djus I s ft°ok c<+tkrh gA ml sbruk yEck dj yuk pkfg, fd og Hkkska ds e/; rd igp I dA bl izdkj Øe'k% rkywemy ea /khj&/khjs ifo"V dja ft°ok dks mYVk djds Åij dh vksj diyjU/kz ea ys tkuk pkfg, A ml I e; nksuka Hkkska ds e/; Hkx ea n"V j [kA ; g [kpjh epk gsrh gA

?kj.M I fgrk ea bl h izdkj , d nI jh epk uHkks epk uke I s i Eke #i ea feyrh gA vUrj bruk gSfd bl epk dk vH; kl vUrj dñHkd ds I kFk Hkh fd; k tk I drk gS vksj oká dñHkd ds I kFk HkhA f'ko *I fgrk* ea Hkh gB; ksx inhfidk dh rjg [kpjh entk dh fof/k dk o.ku feyrk gS ijUrq xkj{k *I fgrk* ea [kpjh epk dks bl h izdkj cryk; k x; k gS rFkk vU; fo}kuka }kjk [kpjh epk dk o.ku djrs I e; uHkks epk Hkh bl h dk nI jk uke gS , d k fopkj Hkh i ktr gsrk gA

mi jkDr of. ktr gB; ksx xBFkka ea [kpjh epk ds vH; kl I s fclnq j{k dk fopkj i ktr gsrk gA vFktr~bl epk ds fl) gksus ij fclnq dk {kj.k ugha gsrkA ; kxh xkj{kukFk ds vud kj] ml I e; ; kxh ij fdl h nkfeuh }kjk vfyaxu fd; s tkus ij Hkh i Hkko ugha i Mfk gA ; fn fdl h izdkj I s fodkj mRiUu gks tk; s vksj ml ds ppy gksus ij fclnq vi us LFkku I s {kj.k gksus yx} ml I e; [kpjh epk ds }kjk rkyq dk fNnz cIn dj yus I s fclnq vi us LFkku ij igp

tk; xkA ijUrq gB; kx inlfi dk ea bl fclnq ds {kj.k gksus ij
otksh fØ; k l s og fclnq l qkqk ekxZ ea i q% vius ekxZ l s igp
tkrk gA

5& mfi ; ku cl/k& mfi ; ku dk vFkZ gkrk gS Åij mBuk ; k mMkuk
bl ea ge e/; i j vkj mnj dks o{k dh rjQ Åij [khp rs gS rFkk
; g ik.k ds m/oZkeh mMku ea l gk; d gkrk gS bl hfy, bl dks
mfi ; ku cl/k dgk tkrk gA gB; kx inlfi dk ea cryk; k x; k gSfd
ftl cakl l s cakl gqk ik.kok; q l qkqk ea vkdk'k ekxZ l s tkrk gS
ml s mfi ; ku cl/k dgk x; k gA mnj ea ukfhk ds Åij dk Hkkx i "B
Hkkx l s l ayXu gks tk; s ; kxh dks ik.kok; q dk , d k vkd"kd djuk
pkfg, A bl fof/k ds fl) gks tkus ij mfi ; ku cl/k eR; q #ih xt
ds fy, fl g ds l eku ifrcU/kd gS vFkkZ~ ; g cl/k ; kxh ds fy,
eR; q fot; h gkrk gA bl h izdkj ?kj.M l fgrk/ f'ko l fgrk , oa
xkj {k l fgrk ea mfi ; ku cl/k i klr gkrk gA

6& enyclU/k& enyclU/k l s rkRi ; Z tM+ rFkk cl/k vFkkZ~ xpkeny dks
l d fpr dj cl/k yxkuk enyclU/k dgykrk gA gB; kx inlfi dk ds
vuq kj ; kxkH; kl h vius i j dh , Mh l s xpk , oaf'k'u ds e/; Hkkx
dks iwZrk nckdj xpk dks l d fpr djs rnlrj vi ku ok; q dks Åij
dh vkj [khpA bl s enyclU/k epk dgrs gS vFkok foi jhrdj.kh epk
}kj k mi ; Dr l s foi jhr fØ; k djrs gq vi ku ok; q dks uhps dh vkj
[khpA bl vkdpu fØ; k ds dkj.k ; kxh tu bl cl/k dks enyclU/k
dgrs gA i wZr~ xpk Hkkx dh , Mh l s nckdj LokHkkfod v/kksfr
okys vi ku ok; q dks gBi wZ l qkqk ds Åij dh vkj Qada bl

fØ; k dks ckj&ckj dja ft l l s og ok; q Åij dh vks vk tk, ; g
enyCU/k i fØ; k dgykrh gÅ

?kj .M l fgrk ea ?kj .M ___f'k ds vuq kj ck; ha , Mh l s xqā i n's k dks
l d'p r dja vks iz Ru i w'z d e#n.M ea ukfHk xFUFk dks yxkdj
nckya vks nk; ha , Mh l s mi LFk dks n<rk i w'z d nckoa ; g eny CU/k
gÅ bl l s o) koLFk u"V gkrh gÅ f'ko l fgrk ea xqk ekxl dks
ekuf l d l d'Yi l s fl dkM'ej i j dh , Mh l s nck; a vks cyi w'z d
vi ku ok; q dks m/o'zkeh dja bl s eny CU/k dgrs gÅ tks o) koLFk
, oa eR; q dks nij Hkxkrk gÅ xkj {k l fgrk ea xkj {kukFk ds vuq kj
vi ku ok; q dks Åij dh vks [khp dj i k.kok; q l s feykoa vks i , o
dh , Mh l s ; kfu LFkku dks n<rk l s nckdj xqā }kj dks fl dkM'Å
; g eny CU/k dgykrk gÅ 0; kogkfjd #i ea enyCU/k ea dkbz fHkUurk
i rhr ugha gkrh gÅ i jUrq ?kj .M efu us e#n.M ea ukfHk xFUFk dks
nckdj yxkuk rFk n' jh , Mh mi LFk dks n<rk i w'z d nck yxk
vyx idkj l s eny CU/k dh fof/k cryk; h gS tks 0; kogkfjd i rhr
ughagkrhA

7& tkyU/kj CU/k& 'kjhj l s efLr"d , oa efLr"d l s 'kjhj ea tkus
okyh ukfM+ ka ds xhok ds i kl ds l eny dks Åij dh vks [khp dj
ckdk nsuk tkyU/kj CU/k dgykrk gÅ

gB; kx intf i dk ds vuq kj gB; kxH; kl h vi us d.B fNnz dk
l d'kp dj vi uk BkM'h dks ān; LFky ds pkj vxy l ehi LFkfi r
djs ml s tkyU/kj CU/k dgrs gÅ ; g CU/k tjk , oa eR; q dk fouk'kd
gÅ ?kj .M l fgrk , oa f'ko l fgrk ea tkyU/kj CU/k dk fooj .k bl h

izdkj iklr gkrk g\$ ijUrq xkj {k I fgrk ea bl dk fooj.k dN fHkUu
g\$ tks bl izdkj g\$ tks cl/k d.B n'sk ea gkrk g\$ vk\$ f'kjstky dk
cl/ku djrk gqk plnter #i ty di ky dgyj I s uhps fxjus I s
jksrk gA og nq'kka vk\$ jkska dk uk'k djus okyk tkyU/kj cl/k
gkrk gA d.B dks I dfr dj ok; q dks jksduk gh tkyU/kj cl/k
ekuk x; k gA bl I s plnter fxjdj vfxu ea iMus I s #dk jgrk
gA bl cl/k ds vH; kl I s ok; q dk izksi ugha gks ikrk gA

8& foijhrdj.kh eqk& I keku; #i I s vkjEHk I s gh euq; dk thou
ml ds i\$ka ij [kM& [kM\$ xqt jrk gA foijhrdj.kh dk vFkZ gkrk g&
'kjhj dks ml dh I keku; voLFkk I s foijhr voLFkk ea yk nsukA
gB; ksx inhfidk ds vuq kj& tc dkbZ ; kxkH; kl h x# mifn"V
mik; I s I k/kuk djrk gqk m/oZukfHk , oa v/kLrkyq fLFkfr okyk gks
tk; s rks ml dh I wZukMh Åijh Hkkx ea vk tkrh gS rFkk plnzukMh
v/kks Hkkx ea ml dh ; g eqk foijhrdj.kh dgykrh gA

?kj.M I fgrk/ f'ko I fgrk vk\$ xkj {k I fgrk ea foijhr dj.kh eqk
dk o.ku bl h izdkj iklr gkrk gS rFkk 'kjhj LoLFk jgs , oa i qV jg\$
bl fy, bl dh vko' ; drk crkbZ xbZ gA

9& Oktksyh eqk& otksyh eqk fl) gks tkus ij gB; ksx; ka ds vuq kj
fclnq dk {kj.k fdl h Hkh n'kk ea ugha gks I s bl s otksyh dgrs gA
otz dk vFkZ gkrk g\$ {kfjr u gks okykA *gB; ksx inhfidk* ea otksyh
eqk dk fooj.k i wZ v/; k; ea dj pps gA ftl ea eFku fØ; k ds
vlr ea ukMh dh ; ksu ea fxjrs gq 'kØ fclnq dks Åij dh vkj
[khp dj bl eqk I s i q% vius vlnj LFkfr dj yrk gA otksyh

emk dh ifØ; k ds idj.k ea gh lgtksyh vksj vejksyh dk fooj.k
iklr gkrk gA otkyh emkH; kl h uj , oa ukjh jfr fØ; k ds ckn
vius 'kjhj ea otkyh yi ½xk; ds tys gq xksj dh HkLe ea ty
feykdj cuk; k x; k yi ½ dk enu djA bl s lgtksyh dgrs gA
vejksyh fØ; k ea gB; kxH; kl h vius em= dh /kkjk dk iFke vak
fiRr vf/kd gksus ds dkj.k rFkk vfure vUr Hkh fu% kj gksus ds
dkj.k R; kx dj ml dh 'khr e/; /kkjk dk ifrfnu iku djA
dki kfyd l E ink; ds ; kxh bl s vejksyh dgrs gA ; g vejksyh
fØ; k eqk , oa ukfl d nksuka l s dh tkrh gA ukjh Hkh otkyh l k/kuk
dh vf/kdkfj.kh cryk; h xbZ gA

f'ko l fgrk ea otkyh fØ; k dks mijkDr idkj l s n'kkrs gq
vejksyh vksj lgtksyh dk Hkh fooj.k iklr gkrk gA ; |fi lgtksyh
vksj vejksyh dh Li"V fof/k ugha gA fQj Hkh vejksyh dks crkrs gq
dgrs gA fd dnkpr oxind fclnq fudy tk; s vksj jt-cht dk
feyu gks tk; s ; kxh fyaxuky l s ml s bruk [khp dh ; ksu l qk
tk; s bl s vejksyh dgrs gA rFkk lgtksyh emk ea ; fn viuk fclnq
fudyus yxs rks ml s ; ksu&emk ds }kjk ck/k ysk lgtksyh dgh
tkrh gA xkj{k l fgrk ea otkyh dk fooj.k iklr ugh gkrk gA
ijUrq iFkd #i l s otkyh emk dk mYys[k gqk gA tks bl idkj
gA nksuka gkFkka dks n<fkiwb /kjr ij Vda vksj nksuka iSka rFkk
fl j dks vkdk'k ea mBk nA bl ds id kn l s fclnq fl) gksus ds
dkj.k l k/kd v/oZ jrl ~rRo ea l eFkZ gkrk gA Hkxh eutj; Hkh bl
emk ds vH; kl l s l Hkh fl f) ; k; iklr dj ysk gA bl emk dks

cāp; l vkl u Hkh dgk gā xkj /k / fgrk ea otksyh dk fooj.k iklr
ugha gkrk gā

10& 'kfDr pkyu epk& dqMfyuh dks gh gB; kx ea 'kfDr dgk x; k
gā vU; ; kx xBFkka ea Hkh bl s i.k.'kfDr] bZojh; 'kfDr] rFkk
vkRe'kfDr vkfn ukeka l s l Eckf/kr fd; k x; k gā ; g dqMfyuh
'kfDr tkxr gkdj l qkuk }kj ea iōsk dj tc fofHku pØka dh
rjQ pyrH gā bl dqMfyuh 'kfDr ds pkyu dh voLFkk dks gh
'kDrpkyu epk dgrs gā

gB; kx inhi dk ds vuq kj dqMfyuh ds fo"k; ea i wZ ds v/; k; ka
ea foLr r o.kū dj vk; a gā vr% bl ds pkyu dh fof/k l qki ea bl
izkj gā otkl u dh epk ea cBdj ; kxh V[kuka ds l ehi vi us i j ka dks
gkFkka dh vxty; ka l s n<fki wZ /kkj.k dja rnUrj mDr fLFkr ea vk; s
gq i j l s dūn LFkku ea dūn dks i hfMf dj rc ; g otkl u ea fLFkr
; kxh dqMfyuh 'kfDr dk pkyu dj nrk gā

?kj.M / fgrk ea 'kfDr pkyu dh fof/k dūn bl izkj gā tks
n[kus ea *gB; kx inhi dk* l s fHku i rhr gkrk gā *?kj.M / fgrk* ds
vuq kj fcrs Hkj pkmk pkj vxty yEck dkey oL= ukfHk ij yxkdj
dfV l # ea ckka 'kjhj ea HkLe jekdj fl)kl u ea cBa vkj ik.k dks
[khp dj viku l s ; Dr dja tc rd l qkuk }kj l s pyrH gpZ ok; q
izkf'kr u gk rc rd vf'ouh epk }kjk xā dks l dfr dja bl
izkj ok; q ds #dua l s dHkd }kjk l iz #fi.kh dqMfyuh tkxr gkdj
ekxZ ea Åij [kMk gks tkrh gā *f'ko / fgrk* ea crk; k x; k gS fd l k/kd
dks pkfg, fd eyk/kkj pØ ds fudV fØ; kghu l h cuh gpZ dqMfyuh dh

vi ku ok; q dh l gk; rk l s 1/2 eny cu/k dh 'kfdR l 1/2 tkxr dj ds fØ; k" khy
djA ; g l c idkj l s 'kfdR nus dh 'kfdR pkyu epk gA

xkj {k l fgrk ea ^ukfM+ ka ds mRi fRr LFkku dUn l s Åij
dqMfyuh "kfdR v'V/kk dqMykÑfr gkdj cājU/k ds eqk dks jkddj
fLFkr gA ftl ekxZ l s pyrs gq iki jfgr cā}kj dh ikflr gksh g\$
ml ds }kj dks vkPNkfnr djrh gPZ dqMfyuh dh 'kfdR l ksh jgrh gA
og cf) ds l a kx l s tkxr gkdj eu , oa ik.k ds l kfk l pZ ds l eku
l qkuk }kj ea ifo'V gkdj Åij dh vkj p<rh gS^{*1}] ftl s 'kfdR pkyu
dgg tkrk gA *gB; kx inhfidk* ea 'kfdR pkyu ds fy, dUn LFkku ea i jka
l s dUn dks ihfM+ djus dk funZk gA

?kj. M l fgrk ea xP&LFkku dk l dpu dj mik; crk; k x; k
gS rFkk *f'ko l fgrk* vi ku ok; q dh l gk; rk l s 1/2 eny cu/k dh 'kfdR l 1/2
tkxr dj fØ; k' khy djus dks dgrk gA *xkj {k l fgrk* ea 'kfdR pkyuh
epk ea T; kfr#i cā dk /; ku djus l s 'kfdR pkyu gks tkrk gA

gB; kx inhfidk ds prfKZ minsk ea 'kkEHkoh epk dk Hkh fooj.k
iklr gkrk gA tks bl idkj gSftl ; ksh ds vUr%dj.k dh ofRr ; k nF"V
fdl h l kdkj nork dh efrZ ; k ^rRoefl * ds Kku ea yhu gks pph g\$ rc
og ; ksh fdl h oká fo"k; dks ns[krk gqk Hkh u ns[krs gq ds l eku gh gS
rks ml dh ; g fLFkr 'kkEHkoh epk dgykrh gA ijUrq *?kj. M l fgrk* ea
nF"V dks nksuka Hkhjka ds e/; fLFkj dj Lo; a ij vFkkZ~viuh vkRek ij
/; ku djA ; gh 'kkEHkoh epk gA 'kkEHkoh epk dk Kkrk l k{kr~cā #i gh
gksk gA

¹ l Ei knd] xk&e] peuyky] *xkj {k l fgrk*] 2@46&48

vr% ; g 'kkL=kDr ni epkvka dk ryukRed foopu gark] i jUrq
?kj.M / fgrk ea bl ds vykok epk; a gš ftl ea l s dN f'ko / fgrk , oa
xkj{k / fgrk ea Hkh feyrh gš tks bl izdkj g&

uHkks epk& ; g epk ?kj.M / fgrk] f'ko / fgrk] , oa xkj{k / fgrk
ea ,d gh rjg gš ftl dh fof/k [kpjh epk ds l eku irhr gkrh gš
bl hfy, fof/k nsuk vko'; d irhr ughagkrk g&

; kfu epk& ?kj.M efu ds vuq kj fl)kl u ea cBdj nksuka
gkFkka ds vacBs l s nksuka dkuka dkš nksuka gkFkka dh rtZu; ka dks nksuka us=ka
dks e/; ekvka l sukfl dk dks vkj vukfedk l sedk dks cln dj /; ku djA
; kfu epk dgykrk g& f'ko / fgrk ds vuq kj ; kfu epk ds fy, l oE Eke
i j d djrs gq ewy/kkj ea eu dks , dkxz djuk pfg, A ml ds ckn xpk
vkš ew=flnz ds e/; ea fLFkr ; kfu dk vkdtipu djuk pfg, rc
; kfu epk fl) gks tkrh g& xkj{k / fgrk ea ; kfu epk dk bl h izdkj
fooj.k i klr gkrk g&

dkdh epk& ?kj.M / fgrk ds vuq kj eqk dks dkš ds pkrp ds
l eku djds ml ds }kjk l e; &l e; ok; qku djš ; g l c jkska dks u"V
djus okyh dkdh epk g& f'ko / fgrk ea bl h epk dks dkdh i k.kk; ke
dgrs g& xkj{k / fgrk ea dkdh epk dk bl h izdkj fooj.k i klr gkrk g&

bl izdkj ?kj.M / fgrk ea rMkxh epk] ek.Mkdh epk] vf'ouh
epk] ikf'kuh epk] ekrah epk] vkš Hkqt fixuh epk dk fooj.k i klr gkrk
g&

?kj .M / fgrk ea epkvka ds o.ku ds l kfk **i kfkzh /kkj .kk] vkehkl h /kkj .kk] vkXuš h /kkj .kk] ok; oh; /kkj .kk vkš uHks /kkj .kk uked i p/kkj .kkvka dk fooj.k i klr gsrk gA f'ko / fgrk , oa xkj{k / fgrk ea Hkh /kkj .kk ds #i ea /; ku i fØ; k ds fy, l e>k; k x; k gš oLrq% ?kj .M / fgrk] f'ko / fgrk vkš xkj{k / fgrk ea bu i p/kkj .kkvka ds fo"k; ea ekš[kd #i ea l ekurk gš i jUrq bu l Hkh vkpk; k ds vH; kl djus dh fof/k ea fHkurk fn[kykbz i Mfh gA gB; kx inthi dk ea i p/kkj .kkvka dk dkbz mYys[k i klr ugha gsrk gš bl fy, ; gk; bu i p/kkj .kkvka dk fooj.k nsuk l ehphu ugha gA

gB; kx xBFkka ea gB; kx inthi dk] ?kj .M / fgrk] f'ko / fgrk vkš xkj{k / fgrk vkfn dk tks nyukRed fooj.k i Lrq dj vk; s gA fo"k; oLrq dh n"V l s mi jkDr xBFkka ds Øe ea fHkurk n"Vxkkpj gsrh gA gB; kx ds vH; kl h dks 0; kogkfjd #i l s tks Øe i klr gskuk pkfg, og gB; kx inthi dk ea dN vkxs i hNs yxrk gA ejs foPkkj l s ; kxkH; kl dk tks 0; kogkfjd #i gš ml ea "kVede] vkl u] epk] i k.kk; ke rnUrj uknuq dku o l ekf/k gskuk pkfg, A eq; #i l s ; g l eLr i fØ; k i k.kka dks fodfl r , oa mlur djus dk mi k; gš D; kfd gekjs jksx 0; kf/k xLr 'kjhj dks "kVedeZ l s 'kjhj 'kksku dj vkl uka ds fy, mi ; Dr crk; k tkrk gš vkš l keku; vkl uka ds vH; kl l s 'kjhj fLFkj gsk tkrk gA fLFkj vkl u ftlga ge /; kukRed dgrs gš dks /kkj .k dj fo'kš idkj dh fLFkr ea fLFkr gskuk epk dgykrk gA vkl u ; k epk dh fLFkr ea vk; s fcuk i k.kk; ke dk vH; kl 0; kogkfjd ugha yxrkA vr% i k.kk; ke dk o.ku epkvka ds ckn ; k epkvka ds l kfk gskuk pkfg, D; kfd ftl i kraty; kx ds ; kxkx ea i k.kk; ke prfz idkj dk l dsr i klr gsrk gA og /; kukRed

vkl u ds n<+ vH; kl I s Lor% fl) gksus yxrk gS vksj ik.kk; ke dh
voLFkk izdV gksus yxrh gA ik.kk; ke ds fl f) I s tks izdk'k vkoj.k ds
{k; dk fooj.k ikr gsrk gS vksj ml izdk'k vkoj.k ds {kh.k gksus I s
; kxkh; kl h dksftl ped ; k izdk'k fclnq dk vuqko gsrk gS ogh okLro
ea dqMfyuh dk tkxr gksus dh fØ; k gS vksj ; gh dqMfyuh 'kfdR ftI s
ge ik.k'kfdR] bZojh; 'kfdR] Hkxorh] vkRe'kfdR vkfn uke I s tkurs gS
; g 'kfdR eny/kkj I s tkxr gkdj I qkuk ea izsk dj Åij dh vksj
p<rh gA bl izdkj Åij dh vksj p<uk gh 'kfdRpkYu ; k ik.kk&Fkku
dgykrk gA oLr% ge ftu ; kx&fØ; kvk] vkl u ik.kk; ke] eqk vkfn
dk vH; kl djus dk tks egRo crk; k gS ml ds Qy#i ea ; g ik.k'kfdR
dk mlur gksuk vksj ml dk I qkuk ea izsk dj vUnj ds ykdka & Hk
Hk% eg% tu% ri% vksj I R; e- ykd ea fopj.k djrh gpZ %gB; kx; ka ea
bu ykdka dks 'kfdR dlnz , oa pØka ds #i ea o.kZu fd; k g% tks mi jkDr
ykdka I s Øe'k% I Ecl/k j [krs gq eny/kkj] Lokf/k"Bku] ef.kij]d] vukgr
fo'kq] vkKkpØ vksj I gL=kj pØ dk mYys[k feyrk gA blgha pØka ea
; g dqMfyuh 'kfdR xfr djrh gpZ eny/kkj I s ydj cājU/k rd dh
; k=k djrh gA ; gh dqMfyuh 'kfdR] ftI s ge ik.k'kfdR Hkh dgrs gS
vi us I kFk vkRek dks Hkh bu pØ o ykdka dh ; k=k djokrh gA bl fØ; k
dks gh 'kfdR&pkYu ds #i ea gB; kx xBFkka ea of.kZr fd; k x; k gA ; gh
dqMfyuh ; k ik.k'kfdR pydj vukgr pØ ea Hkh igprh gS rks blgha
ik.kka I s ukn izdV gsrk gS ; k ; dga fd ; g ik.k'kfdR gh ukn ea
ifjofrZr gks tkrh gA bl h ukn dk vuq dku djrk gsrk %vuq dku I s
rkRi ; Zirk yxkuk gA% ; kxkh; kl h bl ukn I s vius vUnj ; g tkuus dk
iz kl djrk gS fd ukn dgk; I s vk jgk gS bl ds ihNs D; k gS ; k ukn

ds ihNs pydj ml ijerRo dks ik yrk gS vksj bl ijerRo dks ik ysuk
gh l ekf/k gA

Lkekf/k

i wZ ea dqMfyuh , oa epk l Ecfu/kr rgyukRed fooj.k dj vk; a gA
fd dqMfyuh D; k gS dqMfyuh dk tkxj.k fdl izdkj gkrk gS epk
D; k gS ; s fdrus izdkj dh gS *gB; ksx inthi dk* ea of.kr epkvka l s vU;
gB; ksx xUFk& ?kj.M l fgrk , oa xkj{k l fgrk ea of.kr epk, a fdl izdkj
l s iklr gkrh gS l ekf/k D; k gS vksj l ekf/k fdl izdkj iklr gkrh gS
ftl ds fy, *gB; ksx inthi dk* ds vfrfjDr ?kj.M l fgrk] f'ko l fgrk , oa
xkj{k l fgrk ea l ekf/k dks crkrs gq l ekf/k iklr djus ds mik; ij
fopkj djus dk iz kl fd; k x; k gA

; fn /kkrq ikB ds vk/kkj ij fopkj dja rks ^; qt~ l ek/kkS vFkkZ~
l ekf/k gh ; ksx gS ftl s *ikraty0; kl Hkk"*; ea egf"KZ 0; kl }kj k l ekf/k vFKZ
ea gh ; ksx dks crk; k x; k gS tks fpRr dh mPpre voLFkk ds #i ea gA
0; kogkfjd rksj l s ge l ekf/k dks bl izdkj dgrs gA fd l ekf/k 'kCn
'l ek* vksj 'f/k^ ds vFKZ ea gS vFkkZ~ t gk; 'f/k* vFkok cf) l ek tkrh gS
l eku gks tkrh gS vfhkUu gks tkrh gS , dRo LFkkfir dj yrh gS vFkok
; g dgafd cf) dk ijekRek ea l ek tkuk gh l ekf/k gA

gB; ksx inthi dk ea eR; [o?u] l [kks k; vksj cãkuln ije~ ds
fy, l ekf/k ds 16 l ekukFKZd uke crk; s x; a gS l kFk gh l ekf/k dh
i fjHkk"kk] l ekf/k ds l ekukFKZd 'kCnka dk mYys[k vksj l ekf/k ds fy, mik;
dk fooj.k iklr gkrk gS ftl dh foopuk i wZ ds v/; k; ds prfKZ i{k ea
dj ppls gA ; gk; i q%bl dh 0; k[; k djuk vko' ; d ugha gA

?kj.M / fgrk ea l ekf/k dh Li"V ifjHkk"kk iklr ugha gkrh gš
 ijUrq ?kj.M _f'k ds vuq kj l ekf/k ds vH;kl dk vf/kdkjh ogh gš
 ftl ea fuEufyf[kr y{k.k iklr gkrh gš **1- fo|k dh irhfr vFkkz~fo|k
 ij fo'okl A 2- viusx# dh irhfr vFkkz~x# ij fo'okl A 3- vkRek dh
 irhfr vFkok Lo;a ij fo'okl A 4- eu dk izckk fnuka fnu c<rk gš
 vFkkz~vUr%dj.k dh xg.k'khyu ea of) A**1

; gk; ; g Hkh dgk x; k gSfd 'kjhj l seu dks fHkuu djds ijekRek
 ea yxk nus l s ; kxh ePr gkrh gš fQj l ekf/k ; kx dh N% fof/k; kj iklr
 gkrh gš tks l fki ea Øekud kj bl izdkj gš

^i Fke fof/k & /; ku; kx l ekf/k tks 'kkEHkoh epk l s fl) gkrh
 gš

f}rh; fof/k & ukn; kx l ekf/k tks [kpjh epk l s fl) gkrh gš

r`rh; fof/k & j l kulln; kx l ekf/k tks Hkkejh epk l s fl) gkrh
 gš

prfKZ fof/k & y; fl f) ; kx l ekf/k tks ; kfu epk l s fl) gkrh
 gš

i`pe fof/k & HkfDr; kx l ekf/k tks b"Vno ds Lo#i dk fplru
 vFkok /; ku l s fl) gkrh gš

¹ l Eiknd] l jLorh] fujUtukun] ?kj.M / fgrk] 7@1&4

"kV~fof/k & jkt; kx l ekf/k tks eukePNkZ dēHkd l s fl)
gksh gS¹

vr%mi ; Ør N% l ekf/k; ka es mPpre vkš vflre l ekf/k jkt; kx
dks gh dgk x; k gSD; kfid jkt; kx i kflr dsfy; s gh l Hkh vH; kl gš , d k
gB; kx xDFkka Eka i klr gkrk gA

'kkEHkoh epk] [kpjh epk] Hkkejh epk] ; kšuepk] eukePNkZ dēHkd
vkfn dk o.kū i wZ ea dj vk; s gš ; gk; ij i ūjkofRr dh vko'; drk ugha
gA

f'ko l fgrk ea i pHkr /kkj.kk vkš dōy dēHkd l s l ekf/k ea
i wkzrk i kflr ds Li"V n'kū gkrs gš tks bl izdkj gS%&

^i pHkr /kkj.kk dh l k/kuk ea ; kxh Øe'k% eny/k/kkj pØ]
Lokf/k"Bku pØ] ukfHk LFkku ea fLFkr ef.ki jid pØ] ân; ds fudV fLFkr
vukgr pØ vkš Åij Hkæ/; ea fLFkr vkKkpØ ea ikp&ikp ?kMh vFkkz~
2 ?k.Vs i k.kka dks /kkj.k djA f'ko l fgrk ds vuq kj ; g pØ Øe'k% i Fohl
ty] vfXu] ok; qvkš vkdk'k ds LFkku gA bl izdkj fujUrj vH; kl djrs
jgus ij l k/kd fu"i fRr uked voLFkk dh i kflr dj yrk gš ftl ds
ifj.kkeLo#i vukfndky l s l fpr gks jgk ml dk dekZk; u"V gks tkrk]
i ū%ml dk tle&eR; qØe ugha gkrk gš og vej gks tkrk gA ; gk; dōy
dēHkd dh fof/k dk Li"V foopu ifjyf{kr ugh gkrk gA^{**2}

xkj {k l fgrk ds f}rh; 'krd ea l ekf/k dks l e>krs gq bl
izdkj o.kū i klr gkrk gSfd ^tc rd d.kz vkfn i p KkusUnz ka ea muds

¹ ogh] 7@5&6

² 0; k[; kd kj] JhoRI] f'ko l fgrk] 3@76&77

'kCnkfn fo"K; ka dk fdapr Hkh vak fo|eku jgrk gS rc rd l k/kd dh /; kuOLFk jgrh gS vkSj tc i kpa bfunz ka dh ofRr; ka fujksk i wZl vkRek ea yhu gks tkrh gS rc l ekf/k voLFk gks tkrh gS vkSj i k.kok; q dk i kp ?kMh rd vojksk djus dks /kkj .kk] l kr ?kMh rd fpRr dks , dkxz j [kuk /; ku vkSj ckjg fnuka rd i k.kka dk fujUrj l a e djuk l ekf/k gS^{**1} **l Hkh bfunz; ka dk vUr #i h , D; vFkkZ- thokRek&ijekRek dk , D; tkudj l Hkh l adYika dks u"V djrk gq/k] l k/kd /; s ea gh yhu gks tk; } ml h voLFk dks l ekf/k dgrs gA tS s ty ea l akk ued Mky nus l s os nksuka , d gks tkrS gS oS s gh vkRek vkSj eu dk , d gks tkuk l ekf/k dgykrk gA tc fLFkj gq/k i k.kok; q vkRek ea gh yhu gks tkrk gS vkSj tc TkhokRek&ijekRek ea bl dh l ekurk tS k , D; gks tk; } ml voLFk dks l ekf/k dgrs gA^{**2}

; kxh xkj {kukFk ds erkuq kj] ^tks ; kxh l ekf/k ea yhu gks tkrk gS ml s xdk] #i] j l] Li 'kZ vkSj 'kCn bu i kp fo"K; ka dk rFkk vi u&ijk; s dk Kku ugha gsrk gA l ekf/k; Dr ; kxh 'kL=ka ds }kjk Nsnk ugha tk l drk] og fd l h Hkh 'kjhj/kjh ds }kjk ugha ekjk tk l drk] ml ij dkbZ ea=& ; vkfn dk iz kx Hkh i kkkodkjh ugha gsrk gS og dky ds }kjk ckf/kr ugha gsrk gS vkSj u deka ea gh fylr gsrk gS tks ; kxh l ekf/k ea gh yhu gks tkrk gS ml s dkbZ fd l h izdkj l s Hkh o'k ea ugha dj l drkA^{**3}

gB; kx inhf i dk ds vfrfjDr ?kj .M l fgrk] f'ko l fgrk vkSj xkj {k l fgrk ea mi j kDr tks l ekf/k dk ryukRed fooj .k i kr gsrk gS

¹ l Ei knd] xks'e] peuyky] xkj {k l fgrk] 2@83&85
² l Ei knd] xks'e] peuyky] xkj {k l fgrk] 2@84&87
³ ogh] 2@88&90

ml ea dkbz fHkUurk ugha feyrh] døy fHkUu&fHkUu fof/k; ka l s foopuk dh
xbz gA

; ksx xBFkka ea vkl u] i k. kk; ke] "kVdeZ , oa epkvka dk tks egRo gS
ml dk vflre y{; l ekf/k gh gA gB; kx inhfidk ds l ekf/k uked
v/; k; ea tks uknuq dkku dk foj.k i klr gkrk gS ml ea l ekf/k vFkok
; kx dh pkj voLFkk; & vkjEHkkoLFkk] ?kVkoLFkk] ifjp; koLFkk , oa
fu"i fRroLFkk dks gh crkrs gq sLi "V fd; k x; k gA vr%ukn ds vuq U/kku
}kj k gh l ekf/k dh l Hkh voLFkkvka dks l e>kus dk iz kl fd; k x; k gA
okLro ea ukn gh l ekf/k dh i kj fEHkd voLFkk gS ftl dk vuHko ; kxh dks
vukgr pØ ea gkrk gA ml s fofHkUu izdkj ds ukn l qkbz i Mfs gA bl
uknuq dkku ds }kj k foKku izdV gkrk gA bl s ge bl izdkj Hkh dg
l drs gS fd foKkue; dks k tkrx gkus ij ukn dh vuHkfir gkrh gS vkSj
bl ukn ds vkxs c<fk gqvk ; kxh Hkh fo'kq) pØ ea izsk dj tkrk gA
fo'kq) pØ dk rRo vkdk'k dgk x; k gS rFkk ; s ukn Hkh bl fo'kq) pØ
ea y; gks tkrk gS vkxs ugha c<fkA vkxs ftl vkKk pØ dk o.kU gS
og bl euq; dk vkulne; dks k gS tgi; ij euq; ds l Hkh l ddkj eu
vkSj cf) dk Hkh 0; i kj cUn gks tkrk gS ftl s ge l ekf/k uke l s tkurs
gS ; gh vkuln voLFkk gS rFkk bl s fl) dj yus ij ; kxh vkRek dk
ikyd gkrk gS bl hfy, og Lokeh dh mikf/k l s vyñr gks tkrk gA
bl ds vkxs ftl cājU/kz dk o.kU vkrk gS og ml cā ds l k{kkredkj dh
voLFkk gS ftl ea cā vkSj tho nksuka dk vflrRo rks gS i jUrq nksuka ea
vfHkUuRkk i klr gkus yxrh gA ftl v}S dk o.kU ; ksx; ka usfd; k gS og
l ekf/k dh pje voLFkk ; k cājU/kz ds vkxs dh voLFkk gS tgi; ij cā
vkSj tho dk Hkn feV tkrk gA nksuka ea ije l erk LFkfir gks tkrh gA

egku ; kfx; ka us bl s gh jkt; kx in] fu"i fRr] ijein] vkReksi yfC/k] f'koks ge] l ks ge-vk] vge-cākfLe vkfn ukeka l sl Eckf/kr fd; k gA

gB; kx in hfi dk] ?kj .M l fgrk] f'ko l fgrk , oa xkj {k l fgrk ds rgyukRed fooj.k dk 0; kogkfjd #i l e>us ds fy, iFker% vkl u l EcfU/kr Kku i klr gkrk g\$ rFkk mi jkDr l Hkh xBFkka ea vkl u ij foLrkj l s fopkj fd; k x; k gA eq; rk] ij vkl uka dks nks Hkxka ea ck/vk x; k g& 'kjhj l d/kZukRed , oa /; kukRed vkl uA 'kjhj l d/kZukRed vkl uka ds vH; kl l s 'kjhj ds jksx , oa fodkj nij gksus yxrs g\$ rFkk 'kjhj dks vkjkk; rk , oa y?kqk i klr gkrh gA 'kjhj , oa eu dk HknM+u o vkyL; nij gkrk gA /; kukRed vkl uka ds vH; kl l s ; kxkh; kl h /; ku djus ds ; kx; gks tkrk gA blgha vkl uka dh l qerker ds fy, 'kjhj dh vkjkk; rk nij djus ea "kVedeā dk Hkh fo'kšk egRo g\$ tks euq; 'kjhj dks ukMh' kksku ; kx; cukrs g\$ bl ds vulrj ukMh' kksku dh i dZ voLFkk i kus ds fy, i k.kk; ke dk fo'kšk egRo gA ftl dk fooj.k foHkUu izdkj ds i k.kk; keka ds #i ea mi jkDr l Hkh gB; kx xBFkka ea i klr gkrk gA ; g vkl u] "kVedeZ vk] i k.kk; ke ds vH; kl }kj k euq; 'kjhj ea ftu 72000 ukM+ ka dk ftØ fd; k x; k g\$ mudk Hkyh izdkj 'kq) dj.k bu mik; ka l agks tkrk gA ; kx l k/kuk eq; r; % 'kq) dj.k dh gh ifØ; k gA tks Hkh Hktu&l k/ku ge djrs g\$ ml ds }kj k gekjs vUnj 'kq) rk vk] ifo=rk /kkj.k gkrh gA ; g 'kq) rk] ifo=rk gksus ij gh] euq; l ekf/k dh voLFkk dks i klr djus dk vf/kdkjh cu i kkrk gA ftl ; kxexZ dk o.kZu gekjs egku ; kfx; ka us fd; k g\$ og 'kq) rk , oa ifo=rk dk gh exZ g\$ D; kād og ijekRek rks 'kq) rk dh pje l hek gA ml sjksx , oa fodkj xfl r 'kjhj }kj k ugha i k; k tk l drk gA euq; 'kjhj gh ml ijekRek dks i klr djus ds fy, l {ke

g\$ vU; dkbZ 'kjhj ughA bl 'kq) rk ds fy, gh vkl u] "kVede] i.k.kk; ke
ds vxxs eptk vka dk fooj.k iklr gkrk g\$ ftl ea fo'kSk rk\$ ij dqMfyuh
tkxj.k grq 'kfDrpkyu eptk; a vkkfn ; kx&ekxZ dks iR; {k djkus okyh
eptk; a g\$ D; kAd "kVede] vkl u vks] i.k.kk; ke ds vH; kl }kjk Hkh ; g
dqMfyuh tkxr gkrh g\$ tks eut; ds vUnj fdl h izdk'kfcln]j
vkd'kh; &fo|q vFkok LQVd t\$ h ped Li"Vr; k fn[kkbZ nrh g\$ bl h
dks gB; kx xBFkka ea dqMfyuh 'kfDr dk tkxj.k dgk x; k g\$ vU;
; k\$; ka us bl 'kfDr dks i.k.k'kfDr] bZojh; 'kfDr vkfn ukeka l s Hkh
vfhkgr fd; k gA ; g dqMfyuh 'kfDr ml ijekRe rRo ds Hktu vks]
/; ku l s gh tkxr gkrh gA eut; ek= ea ; g dqMfyuh eyk/kkj pØ ea
l kbZ iMh jgrh g\$ vks] tc rd eut; l d kj ea jek jgrk g\$ l [k&n]k
dk vutko djrk jgrk g\$ rc rd ; g tkxr gh ugha gkrh gA fdl h
; kxh ds iHkko es vkdj] ml ds vuqg l s tc eut; vkRe fplru ea
l yXu gks tkrk g\$ l ka kfjd Hkkska l s ed[k Qj dj vius vlrj ea
l [k&n]k l s ijs vkulln dh [kkst ea t/ tkrk g\$ rc ; s bZojh; 'kfDr
ml ds l Eed[k izdV gkrh g\$ vks] ; gh bZojh; 'kfDr bl vkRek dk okgu
dh Hkkfr vius l kfk vxxs dh vks] m/oZ xfr djrk gA bl dqMfyuh
'kfDr dk eyk/kkj l s Åij mBdj vU; pØka ea mlur djrk gqk xfr
djuk gh 'kfDr pkyu dgykrk gA ; g 'kfDr eut; dks vius l kfk vUnj
ds l Hkh pØka dh ; k=k djkrh gØZ vks] l Hkh pØka dk peRdkj fn[kkrh gØZ
l Hkh 'kfDr dlnka ds , \$o; Z dks iklr djkrh gØZ bl eut; dks fn0; rk ds
ekxZ ij vxl j dj nrh gA bl h 'kfDrpkyu ds iHkko l s ; g eut; l s
nØ vFkok fn0; ekuo curk g\$ vFkZ~ bl 'kfDrpkyu eptk ds fujlrj
vH; kl l s ; g eut; mlur gkrk gqk ekuo l s egkeuo vks] vfrekuo

dh ; k=k i w k z d j r k g a b l h d k s , s H k h d g l d r s g a f d b l ' k f D r p k y u
e n k d k v h ; k l d j r s g q v k R e k v k x s p y d j t c v u k g r p Ø e a i o s k
d j r k g s r c ; g t h o v i u s l e l r i k i k a d k s n x / k y r k g s v k s f o y { k . k
' k o } r k d s e k x z i j p y n r k g s b l h p Ø e a b l d s v l u n j f o K k u i z d V
g k r k g s ; g K k u & f o K k u L o r % g h i z d V g k r s g a f d l h o k g ; f o " k ; o L r q
d h r j g H k e ; Ø r u g k o j l i " V , o a l a k ; j f g r K k u g k r k g s b l h f y ,
g e k j s e g k u ; k f x ; k a u s v k R e k d k s g h x # e k u k g a ; g h v k R e k b l v u k g r
u k n } k j k v k x s c < r k g q k f o ' k o p Ø e a i o s k d j r k g s t g k ; l j L o r h j
f n 0 ; r k ; Ø r y { k . k b l e u t j ; e a i z d V g k r s g a v k s v k x s v k K k p Ø 1 / 2 l s
g e d k j . k ' k j h j H k h d g r s g a m l e a i o s k d j l d k & n % k d s i j s d h
v o L F k k v k u l n d k v u t k o d j r k g s r F k k b l v k u l n r R o d h [k k s t d j r k
g q k o g i j e v k u l n L o # i i j e k R e k d k s i k l r d j y r k g s b l f L F k f r e a
o g c a j u / k z f t l s l R ; y k o H k h d g k t k r k g s o g k ; f o p j . k d j u s y x r k g s
v k s v l u r r % b l l R ; y k o l s v k x s c < e j i w k z L o r a e g k s t k r k g s r F k k m l
c a d s l k f k v i u h , d r k L F k k f i r d j y r k g s t k s l e k f / k d h p j e v o L F k k
g a ; g k ; l e k f / k d k v k j E H k u k n l s i k j E H k g k r k g s f t l s g B ; k s x x b F k e a
v k j E H k v o L F k k d g r s g a v k s f u " i f R r v o L F k k d k o . k u ; | f i b u g B ; k s x
x b F k k a e a l i " V r ; k i k l r u g h a g k r k g a

g B ; k s x i n h f i d k e a u k n u d a k k u d s } k j k g h ; k s x d h l H k h
v o L F k k v k a d k o . k u f d ; k x ; k g s r F k k u k n u d a k k u d s } k j k g h l e k f / k
1 / 2 ; 1 / 2 d h p j e k v o L F k k j f t l s f u " i f R r v o L F k k l s l E c k s / k r f d ; k t k r k g a
, s k i r h r g k r k g s f d L o k R e k j k e ; k s h f t l g B ; k s x i j E i j k l s v k j g s g a
m l d k f u o k z u d j r s g q u k n d k s g h i e d k e k u k g a t s k f d " k j h j d s
v l u n j f o f H k u " k f D r d l n k a v F k o k p Ø k a d k f o o j . k i k l r g k r k g s r F k k o g

enyk/kkj] Lokf/k'Bku] ef.kij d] vukgr] fo"kfj)] vkKk vksj I gl kj pØ dh
I Kk I s tkus tkrs gA i R; sd uke dk , d fof" k'V vFKZ gS tS s enyk/kkj
; ksx dk enyk/kkj gS vksj Øe" k% I Hkh pØka ds vlr ea cāju/kz dk o.kū
i klr gsrk gA tgi ml cā dk I k{kkrelkj gsrk gA vukgr pØ ds vFKZ
ea vugn ukn ; k "kCn ds dkj.k gh bl dk ukedj.k gypk gA bl pØ ea
gh fofHkūu izdkj ds ukn I ukbz i Mfs gA vukgr pØ e/; ea fLFkr pØ
gA ftl ds uhps vksj Åij rhu&rhu pØ fLFkr gS ftl dk o.kū fofHkūu
; ksxvLFkka ea i klr gsrk gA vukgr pØ ds {ks= ea iD'sk djus ij euq;
dks bz'ojh; vutkfr i klr gksus yxrh gS vksj fofHkūu izdkj dh fl f) ; k o
peRdkfjd "kfDr; k Hkh i klr gksuk I EHko gS ijUrq ; s , d I hek js[kk gA
bl I s vkxs c<us ij vr% bz'ojh; bPNk ds gksrs gq ; g euq; ; ksexZ ea
mlur djrk gA I eLr fl f) ; k peRdkjka dks udkjrk gypk , dek= bz'k
dh i klr dk Hkko j[krs gq ije y{; dh vksj vxz j gks tkrk gA fQj
bl I hek js[kk ij igpus I s tks peRdkj , oa fl f) ; ka ds i knkz I s euq;
buds vkd'kz k ea Hkh i M+ I drk gS vksj I hek js[kk i kj djus ds vfrfjDr
I ka kfjd , so; Z dh vksj Hkh f[kpdj vius pje y{; I s Hkfer gks I drk
gA vugr pØ dk {ks= gh euq; dk foKkue; "kjhj gA vFKZ~ ml ds
Kku{ks= dk iD'sk}kj gS vksj okLrfod] vk/; kfred vutkfr , oa fofHkfr bl
}kj dks i kj djus ij gh i klr gks I drh gA __f'k; ka vksj ; ksx; ka us I eLr
[kkst a bl ng ds vk/kkj ij gh fd; k gA ge I ka kfjd euq; ka dks I e>kus
grrq I ka kfjd inkFkka dks ek/; e cukrs gA Hkkrh; I r ijEijk ea vkRek
dks nqgu vksj ijekRek dks fiz re vFkok nVgs ds #i ea fpf=r fd; k
x; k gA tc dkbz euq; ml ijekRek dks oj ysrk gA rks ml dh yxu
ml ea yx tkrh gA tS k fd ik; % I ka kfjd oj&o/kw ea ns[kk tkrk gA

bl vkRek dk ml ijekRek ea yxu vFkkZ~euu&fpluru l s ; k ; ka dga
Hktu&/; ku l s t s l d kj eafookg ds l e; oj ds vkxeu ds l e; ckts
ctrs gA bu cktka , oa /kqka dh [kkt Hkh vlnj ds ukn ds vk/kkj ij gh
gPZ gA ftl izdkj l d kj ea ckjkr ds l e; cSM&cktk l udj ykxka dks
Kkr gks tkrk gSfd oj dk vkxeu gks jgk g\$, d k ikphu l e; l s vkt
rd , d ijEijk ds #i ea py jgk g\$ rFkk ckjkr ea iR; d oj&o/kw i {k
ds ykx rFkk l ekt ds vl; ykx Hkh tc ml ckts ds l d r l s vkdf'kZ
gkdj ckjkr dks ns[krs g\$ rks mudk eu , oa vkj[ks oj dks ?kij rh gA ; |fi
xkt&ckts ea Hkh vkd'kZ k gkrk gSfQj Hkh eq[; vkd'kZ k rks og oj gh gA
ml h ds dkj.k ; s l c 0; oLFkk dh xbZ gA bl ds cxj l c vk; kstu 0; FkZ
g\$ uhj l gA bl l s Li 'V gkrk gSfd vugn ukn ml bZ'oj ds vkxeu
dh l puk gS vkj bl voLFkk ea l k/kd ; fn fdl h egku ; kxh ds l Ei dz
ea ugha g\$ rks bl voLFkk ea tks Kku&foKku g\$ ml h ea og fopj.k djrk
jgrk gS vkj t\$ k fd geua bl voLFkk dks l hek&j\$kk dgk g\$ ftl dk
rkRi ; Z ; g gSfd l hekj\$kk ij fopj.k djus okys l k/kd v/; kRe ea fui qk
vFkkZ~; kxh dks viuh vkj vkdf'kZ dj l drs g\$ ml ijekRek l s feyu
dk ekxz iz'kLr dj l drs g\$ l kFk gh l ka kfjd , s'o; ka ea fui qk euq; Hkh
bl l hekj\$kk ij fopj.k djus okys euq; ka dks viuh vkj d\$unr dj
l drs gA ijUrq iz'u ; g gSfd bl l hekj\$kk ij bl vugr ukn ea
fopj.k djus okys euq; dh bPNk D; k g\$ gB; kx ijEijk ds v/; ; u ea
geua tks iklr fd; k g\$ ml l s ; gh izhr gkrk gSfd gB; kx fo | k fl f) ; ka
vkj perdkjka rFkk n\$gd "kfDr; ka dh vkj vf/kd mled[k gA ; |fi
bZ'ojh; Hkko Hkh g\$ ijUrq ftl s geua mijkDr ea Li 'V fd; k gSfd oj&o/kw
dk l Ecl/k r; gks tkus ij tks yxu gkrh g\$ ftl o/kw dk oj ds ifr

vkd'kz k gkrk gÅ ; kx dh Hkk'kk ea tks vkRek dk ml ijekRek l s yxko
¼ jfr½ dh voLFkk g\$ ml dk gB; kx fo|k eacgr de Hkko ikr gkrk g\$
bl h dkj.k uknuq akku ds foHkku ukna ¼ epz xtZ] e\$ k xtZ] Hkj hukn]
>jus dh /ofu] enx dh /ofu] "k[k vk\$?k.Vs dh /ofu] ?k[k#] oakh] oh.kk
dh /ofu vk\$ Hkpjs dk xgtu½ dh voLFkk dks gh Øe" k% ; kx vFkok l ekf/k
dh vkjEHk] ?kV] ifjp; vk\$ fu'ifrr voLFkk l s foofpr fd; k x; k gÅ
ijUrq ge ; kfx; ka , oa ofnd l kfgR; ka dk l ker l s voykdu djus ds
l kFk&l kFk rFkk ml ds 0; kogkfjd #i dks l e>us dk iz kl djrs gÅ rks
bl vukgr pØ l s mlur gks gh l Hkh izdkj ds un yr gks tks gÅ
t\$ k fd ge foKkue; dks'k ds {ks= l s vkxc<us ij tc vkulne; "kjh
dh l k/kuk ea vuHko djrs gÅ ftl dks 0; kogkfjd tkr ea xk<+funk l s
vfhkgr fd; k x; k gÅ ; s xk<+funk gh l qqr gÅ xk<+funk dk vuHko
iR; d euq; dks ifrfnu gkrk jgrk gÅ bl funk ea l eLr iip #d gks
tkrs gÅ doy ik.k rFkk euq; dh pruk dk; Zdjrh g\$ vk\$ xgu un l s
tkxus ij euq; vius vlnj Åtkz rtxh , oa vkuln dk vuHko djrk
gÅ ml h izdkj l k/kd tc foKkue; l s vkulne; ea id\$'k djrk g\$ rks
ogk; ij ck\$) d Kku l ekr gks tks gÅ D; kkd cf) tc rd dk; Zdjrh
jgrh g\$ rc rd "kjk&v" kjk l dYi mBrs jgrs g\$ ijUrq xk<+funk vFkok
vkulne; dks'k ea l k/kd ds l Hkh iip "kjk&v" kjk l dYi #d tks gÅ
vk\$; s cf) dk; Zdjuk cIn dj nrh g\$ rFkk bz'ojh; Kku idV gkus
yxrk g\$ rFkk euq; ds vius Lo#i dk Kku gkus yxrk gÅ l ekf/k dh
voLFkk ea rks vk\$ Hkh mPp fLFkr dks ikr djrk gÅ ; gk; euq; dk ik.k
Hkh #d tkrk gÅ "kfdRdlnka dh ; fn ckr dja rks ; s voLFkk; a vugr pØ
ds Åij dh voLFkk; a gÅ l ekf/k dh iFke voLFkk dks vkKkpØ dg l drs

gð D; kfid cf) dk fuokl bl vkKk pØ ea gh gS vksj ftl izdkj
I ka kfjd euq; pkjka rjQ ?nerk gupk vlrr% vius fuokl LFkku ea vkdj
foJke dj "kkfUr dk vutko djrk gS bl h izdkj ; s cf) vugr pØ I s
uhps ds I Hkh pØka ea fopj.k djrh gpZ tc vkKk pØ ea igprh gS rc
ogha foJke ikrh gS vksj "kkfUr dk vutko djrh gð D; kfid ; g bl dk
okLrfod fuokl LFkku gS vksj vius "kkk deka vFkkZ~Hktu&/; ku I s bl
voLFkk dks ikr dj yrk gS vksj xk<+funk dh Hkkfr ; g vius Lo#i ea
fLFkr gkdj vkuln dk vutko djrh gð tgk; ij cf) "kkUr gkrh gS
I elr i i p Hkh mile gks tkr gð vksj vkulne; dks'k ea okl djus
yxrk gS tks I ekf/k dh voLFkk gð bl hfy, bl voLFkk dks ikr ; kxh
tu I keU; ea ml ije vkuln ea fLFkr jgrs gq I ka kfjd Hkko dks
foLeR dj nrs gð vksj vf/kdkr% vlre[kh jgdj ml vkRek dh fØ; kvka
dkS peRdkjka vksj n"; ka dks ns[kus vFkok vutko djus ea exu jgrs gð
bl oká I d kj ea tgk; fopj.k fuokl djrs gð ogk; Hkh foKku vksj
vkuln dks QSykr jgrs gð D; kfid mudk foKkue; vksj vkulne; dks'k
tkxr gkrk gð pØka dh Hkk'kk ea mudk vugr fo"ko vksj vkKkpØ
tkxr gkus I s og cl Ur __rq ds I eku fopj.k djrs jgrs gð , oa I keU;
euq; tuka dk m)kj djrs jgrs gð ts k fd vkpk;Z "kdj Ñr
foodpMkef.k ea ikr gkrk gð

bl voLFkk dks ikr ; kxh ds fy, Hkh vksj vkxs c<us dh
vko"; drk gS D; kfid ; s I qkfr vFkok vkulne; dks'k rks iÑfr gh gS
ftl s ge dkj.k iÑfr ; k eny "kjhj dgrs gð bl voLFkk ea I r} jt~
vksj re~rhuka dk I ke; gks tkrk gð dkbZ U; wu ; k vf/kd ugha gkrk gð
bl s vØ; Dr iÑfr I s Hkh I Ecks/kr fd; k tkrk gð bl h dkj.k xk<+funk

ea vkuln dh tks vuttkfir gsrh gS ml s 0; Dr ugha fd; k tk l drkA D; kfid
ogk; ij cf) rks y; voLFkk ea gks tkrh gS vkj bl euq; dks vius
Lo#i dk vkHkkI l k gqk jgrk g\$ ftl ds dkj.k ; s vkuln dk vuttko
djrk gA bl voLFkk ea vkRek dk bl "kjhj l s cu/ku <hyk iM+ tkrk gS
D; kfid tkxr , oa LolukoLFkk ea thokRek rFkk "kjhj brus fjy&feys g\$ fd
bl dk iFkd vuttko ugha fd; k tk l drkA bl fy, bu voLFkkvka ea
l qk&nqk dh vuttkfir gsrh gA okfNr oLrqvka ds ikr gksus l s vkj muds
pys tkus l s nqk dk vuttko gsrk gA ijUrq xk<+funk ea tc cf) ds
f0; k&dyki cln gks tkrs g\$; k #d tkrs g\$ rks l qk&nqk l s ijs ekuo
pruk ea vkuln dh vuttkfir gsrh gA ; s l qkfir ea bl vkRek dk "kjhj l s
cu/ku <hyk gksus ij tks Kku vkj vkuln dh vuttkfir gsrh gA ; ksxtu
Hktu /; ku ds vH; kl dks vkj vf/kd c<krsg\$ fUKR; ifrfnu djrs jgrsg\$
rks "kjhj dk cu/ku l qkfir voLFkk ea <hyk gks tkrk g\$ og vH; kl ds
}kjk vkj vf/kd <hyk gks tkrk g\$ ftl l s mRrjkrj vkuln dh Hkh of)
gsrh jgrh g\$ Kku fodfl r gsrk jgrk gS vkj i q%; s vkRek tc l d kj ea
fopjrk g\$ rks vius l ve vkj LFky "kjhjka l s fQj viuk cu/ku etcir
dj yrk gA ijUrq ml dh pruk ea tks cu/ku <hyk djus l s vkuln dh
vuttkfir g\$ ml dh Lefr Hkh cuh jgrh gS vkj ml dh bPNk ds vuq kj
fujUrj Hktu /; ku dk vH; kl djrk jgrk gS rFkk , s k l e; vkrk g\$ fd
; s "kjhj dk cu/ku <hyk djrk gqk fujUrj vH; kl djrk gqk bl cu/ku
dks fcYdy <hyk dj iFkd gks tkrk gS vkj ; s vkRek vius ijekRek l s
os k gh l Ecu/k LFkkfir dj yrk g\$ ts k fd vHkh rd "kjhjka l s LFkkfir
dj yrk FkkA bl voLFkk ea bl vkRek dks ml ijekRek dk Hkyh izkj
Kku gks tkrk gA ; s voLFkk cãjU/kz ea ikr gsrh g\$ tgk; ukn vkfn dk

dkbz vFkZ ugha gA uknuq dku ds }kjk euq; bz'ojh; {ks= ea i d's'k vo";
ik yrk gA ijUrq vkxs pydj ; s ukn ihNs NW tkrk g\$ t\$ k fd
l ka kfjd jhfr&fjokt eafookg ds l e; xkt&ckts?kj dsnjoktsrd gh
l hfer jgrs gA fi;k feyu ds l e; bu xkt&cktk dk] vkHkuk.kka dk]
l ka kfjd , "o; ka dk dkbz egRo ugha gkrk gA bl h izdkj uknuq dku
doy bz'oj ikfir dk l k/ku cudj ihNs jg tkrk g\$ vk\$ vkRek ijekRek
dk feyu gks tkrk g\$ tks gB; ksx ea l ekf/k dh voLFkk gA ; gk; ij tho
dks ml cã dk Kku gks tkrk gA tho rFkk cã nksuka dh l Rrk; a cuh
jgrh gA bl s gekjs ; ksx; ka us }\$Hkko l s of.kr fd; k g\$ ijUrq Kku dh
l okp voLFkk dks v}\$ dgk x; k gA t\$gk; ij ; s thoHkko Hkh u'V gkdj
cãHkko ea i dV gkrk g\$ vk\$, d k Kku gksus ij euq; dks vUnj ckgj
l o= cãe; Hkko l s Hkh Åij vkReHkko vFkkz~vkRek dh l Rrk "ksk jg
tkrh g\$ vk\$; ksx l Ei wkZ Kku; Dr gkdj i wkZ Dr dks i klr djrk gA

mijkDr fooj.k l s ; g Kkr gkrk g\$fd gB; ksx i nhfi dk] ?kj . M
l fgrk] xkj {k l fgr] , oa f'ko l fgrk ds vkl u] i k.kk; ke] epk , oa l ekf/k
ds fo"k; ea ijLij fhkUu , oa dfri ; LFkkuka ij l eku fopkj nf"Vxr gksr
gA oLr% i R; d ; ksx DFk vius vki ea vuBk , oa fof' k"V g\$ mudh ; gh
fof' k"Vrk mlga vl; xDFkka l s i Fkd n'kkz'h gA
