

ANNEXURE

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CASE PROFORMA

BHARATI VIDYAPEETH UNIVERSITY COLLEGE OF AYURVED PUNE.

DEPT. OF P.G. STUDIES IN SWASTHVRITTA

“Evaluation of the Rasāyana effect of Kruṣṇa Tila (*semen sesami nigrum*) – A Clinical Study”

PhD scholar:- Dr Arora Manish

Guide: - Dr. R. P. Patwardhan

Rugna Patrakam (Case Paper)

Rugna Nama :
(Name of the Patient)

Rugna Patraka Kr. :
(Case Paper No.)

Vayah :
(Age)

Linga :
(Gender)

Jati :
(Religion / Caste)

Nivasa Sthana :
(Address)

Vyavasaya :
(Occupation)

Vedana Vishesha :
(Chief complaint with duration)

Varthamana Vyadhi Vruttha:
(History of present illness)

Purva Uthpanna Vyadhi Vruttha:

(History of previous illness)

Kula Vruttha :
(Family History)

Ashtavidha Pareekshanani (Yogaratnakar)
(Eight methods of examination)

Nadi
(Pulse)

Shabda
(Sound)

Mutra
(Urine)

Sparsha
(Touch)

Mala
(Excretory Products)

Drik
(Sight)

Jihwa
(Tongue)

Akruti
(Appearance)

Prakruti Pareekshanam
(Determination of Body Constitution)

Pramanata Pareekshanam (Quantitative Examination) :

Aharata (Diet) :

Viharata (Activities) :

Vyasanam (Addictions) :

Asatmyam (Incompatible /Hypersensitivity):

Urah Pareekshan
(Examination of Thorax)

Udara Pareekshan
(Examination of Abdomen)

Vikruta Srotasam Nirdesha Thatha Pareekshanam
(Examination of vitiated Srotas)

Srotas

Lakshana

Pareekshan

Hetu:
(Causative Factor)

Dosha

Dushya

Vyadhimarga
(Disease Pathway)

Upashaya - Anupashaya

Sambhava Vyadhi
(Probable Diagnosis)

Vyadhi Vinischaya
(Diagnosis)

Vyadhi Avastha
(Disease Stage)

Sadhyasadhyatva
(Prognosis)

Prayogshaleeya Pareekshan Thatha Anya Pareekshan
(Pathological Investigations if any)

Follow up:-

Assesment Criteria	1 ST Follow up	2 nd Follow up	3 rd Follow up	4 th Follow up
Height				
Weight				
Quetelet's Index / BMI				
Muscle Index				
Lorenz's Constitutional Index				
Abhyavaharan shakti				
Jarana shati				
Nidra				
Twak parushata				
Slatha asthi				
Slatha sandhi				
Khalitya				

Signature of scholar

Signature of Guide