

TABLE OF CONTENTS

DECLARATION	i
CERTIFICATE	ii
ACKNOWLEDGEMENT	iii-iv
ABSTRACT	v-viii
TABLE OF CONTENTS	ix-xiv
LIST OF TABLES	xv-xxi
LIST OF FIGURES	xxii
LIST OF GRAPHS	xxiii-xxiv
LIST OF ABBREVIATIONS	xxv
LIST OF APPENDICES	xxvi

CHAPTER NO.	DESCRIPTION	PAGE NO
CHAPTER 1	INTRODUCTION	1-23
1.1	Theoretical Orientation of the Problem	1
1.1.1	Status of Women in Modern Era in India	2
1.1.2	Work Place Exploitation and Women Professionals	4
1.1.3	Work Life Balance and Women Professionals	10
1.1.4	Values and Women Professionals	13
1.2	Significance of the Problem	17
1.3	Statement of the Problem	20
1.4	Operational Definitions of the Terms Used	20
1.5	Objectives	23

1.6	Hypotheses	23
1.7	Delimitations	23
CHAPTER 2	METHOD AND PROCEDURE	24-34
2.1	Quantitative Approach to the Present Study	24
2.11	Sampling Procedure	24
2.11.1	Sampling Technique	24
2.11.2	Sampling Frame	24
2.12	Tools	26
2.2	Administration of the Tools	33
2.3	Data Collection	34
2.4	Statistical Techniques	34
CHAPTER 3	ANALYSIS AND INTERPRETATION	35-159
3.1	Personal Values of Women Professionals of Northern India	38
3.1.1	Personal Values of Women Professionals of Northern India belonging to three States and two Union Territories	44
3.11.1	Religious Values of Women Professionals of Northern India belonging to three States and two Union Territories	44
3.11.2	Social Values of Women Professionals of Northern India belonging to three States and two Union Territories	48
3.11.3	Democratic Values of Women Professionals of Northern India belonging to three States and two Union Territories	52

3.11.4	Aesthetic Values of Women Professionals of Northern India belonging to three States and two Union Territories	57
3.11.5	Economic Values of Women Professionals of Northern India belonging to three States and two Union Territories	61
3.11.6	Knowledge Values of Women Professionals of Northern India belonging to three States and two Union Territories	65
3.11.7	Hedonistic Values of Women Professionals of Northern India belonging to three States and two Union Territories	69
3.11.8	Power Values of Women Professionals of Northern India belonging to three States and two Union Territories	72
3.11.9	Family Prestige Values of Women Professionals of Northern India belonging to three States and two Union Territories	76
3.11.10	Health Values of Women Professionals of Northern India belonging to three States and two Union Territories	80
3.12	Personal Values of Women Professionals of Northern India belonging to Teaching, Engineering, Medical and Legal Professions	84
3.12.1	Religious Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	84
3.12.2	Social Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	87
3.12.3	Democratic Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	89

3.12.4	Aesthetic Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	92
3.12.5	Economic Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	94
3.12.6	Knowledge Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	98
3.12.7	Hedonistic Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	100
3.12.8	Power Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	103
3.12.9	Family Prestige Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	105
3.12.10	Health Values of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	109
3.2	Work Place Exploitation of Women Professionals of Northern India	112
3.2.1	Work Place Exploitation of Women Professionals of Northern India belonging to three States and two Union Territories	114
3.2.2	Work Place Exploitation of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	118
3.3	Work Life Balance of Women Professionals of Northern India	122
3.3.1	Work Life Balance of Women Professionals of Northern India belonging to three States and two Union Territories	124

3.3.2	Work Life Balance of Women Professionals belonging to Teaching, Engineering, Medical and Legal Professions	128
3.4	Association of Personal Values with Work Life Balance of Women Professionals of Northern India	132
3.4.1	Association of Personal Values with Work Life Balance of Women Professionals of Delhi	136
3.4.2	Association of Personal Values with Work Life Balance of Women Professionals of Haryana	138
3.4.3	Association of Personal Values with Work Life Balance of Women Professionals of Himachal Pradesh	141
3.4.4	Association of Personal Values with Work Life Balance of Women Professionals of Punjab	142
3.4.5	Association of Personal Values with Work Life Balance of Women Professionals of Chandigarh	144
3.4.6	Association of Personal Values with Work Life Balance of Women Teachers	146
3.4.7	Association of Personal Values with Work Life Balance of Women Lawyers	147
3.4.8	Association of Personal Values with Work Life Balance of Women Engineers	148
3.4.9	Association of Personal Values with Work Life Balance of Women Doctors	150
3.5	Association of Work Place Exploitation with Work Life Balance of Women Professionals of Northern India	151
3.5.1	Association of Work Place Exploitation with Work Life Balance of Women Professionals of Northern India belonging to three States and two Union Territories	152

3.5.2	Association of Work Place Exploitation with Work Life Balance of Women Professionals belonging to Teachers, Lawyers, Engineers and Doctors	154
3.6	Remedial Measures to Minimize Work Place Exploitation and Maintain Personal Values and Work Life Balance of Women Professionals	155
3.6.1	Measures to Maintain Personal Values of Women Professionals	155
3.6.2	Measures to Minimize Work Place Exploitation of Women Professionals	156
3.6.3	Measures to Maintain Work Life Balance of Women Professionals	158
CHAPTER IV	CONCLUSIONS, RECOMMENDATIONS AND SUGGESTIONS	160-172
4.1	Conclusions	160
4.2	Educational Implications	166
4.3	Limitations and Recommendations	169
4.4	Suggestions for Further Studies	171
<i>SUMMARY</i>		<i>173-215</i>
<i>BILIOGRAPHY</i>		<i>216-237</i>
<i>APPENDICES</i>		