

LIST OF ABBREVIATIONS

ABBREVIATIONS	DESCRIPTION
GPV	Good personal values
APV	Average personal values
PPV	Poor personal values
HWPE	High work place exploitation
AWPE	Average work place exploitation
LWPE	Low work place exploitation
GWLB	Good work life balance
AWLB	Average work life balance
PWLB	Poor work life balance
ILO	International Labour Organisation
WIPL	Work interference in personal life
PLIW	Personal life interference in work
WPLE	Work or personal life enhancement
UNESCO	United Nations Educational, Scientific and Cultural Organization
SPSS	Statistical Package for Social Sciences
PTSD	Psychiatric Distress and Posttraumatic Stress
PGIMER	Post Graduate Institution of Medical Education and Research
ICICI	Industrial Credit and Investment Corporation of India
FIR	First Information Report

LIST OF APPENDICES

- APPENDIX A:** Personal Values Questionnaire
- APPENDIX B:** Scale on Work Life Balance
- APPENDIX C:** Scale on Work Place Exploitation