AIMS AND OBJECTIVES

- To study the efficacy of conventional medical therapy in the treatment of migraine and related stress disorders.
- To study the efficacy of Homeopathy in the treatment of migraine and related stress disorders.
- To study the efficacy of Yoga in the treatment of migraine and related stress disorders.
- To study the efficacy of combined conventional medical therapy and yoga in the treatment of migraine and related stress disorders.
- To study the efficacy of combined therapy of homeopathy and yoga in the treatment of migraine and related stress disorders.
- Comparisons among conventional medical therapy, homeopathy and yoga as well as combined conventional medical therapy plus yoga and homeopathy plus yoga in the treatment of migraine and related stress disorders.

Conventional medical therapies are effective in migraine pain but have shown different adverse effects. Efficacy of homeopathy in migraine is controversial, only few research literatures are available and effects of yoga therapy in migraine are effective, surprisingly research articles are less.
No significant statistical records are published on comparisons among these three different popular therapies or combined with yoga therapy in the treatment of migraine and commonly related stress disorders.

With this background, the present assignment is undertaken to achieve the following aims and objectives.